COMPASS AND SUNDIAL

THE QUEST FOR INFINITE FREE WILL

BY JOSE ALONSO MOLINA

ALL RIGHTS RESERVED 2025 ©

PODER DE AUTORIA
THE POWER OF AUTHORSHIP

EL PODER DE LAS PALABRAS
THE POWER OF WORDS

$$x\sqrt[\infty]{\pi} = (1 \div 0)^{r^{\infty}} = \odot$$

$$\infty = 0$$

FOR
SOL RAWHITI RAY ALONSO-KNIGHT
PAPI TE AMA INFINITAMENTE

LO QUE ESCRIBIMOS ES INFINITO Y ETERNO
DURA POR SIEMPRE Y PARA SIEMPRE

WHAT WE WRITE IS INFINITE AND ETERNAL
IT LASTS FOREVER AND EVER

THE DEEPER WE GO, THE CLOSER WE GET.

BY US, ALL.

ENDLESS CYCLE, FRUITFUL PROCESS.

INFINITY IS THE ORGINISING
AGENT OF REALITY.

THE DEEPER WE GO, THE LIGHTER WE GET.

DENSITY DISSIPATES AT A HIGHER RATE.

DIMINISHING MATTER AS A
BY PRODUCT OF END STATES.

ETERNITY IS THE PROOF.

WE ARE HERE AND NOW.

FOREVER, INFINITELY.

THE SOURCE IS US.

KNOW THYSELF.

BE A MESSENGER

STICK TO THE BASICS FOCUS

DO -> REPEAT -> REASSESS -> ∞

TRUTH = QUALITY QUALITY = FREEDOM

BUILD CREDIBILITY BASED ON QUALITY

CREDIBILITY GETS THEM THROUGH THE DOOR

QUALITY KEEPS THEM COMING

ACTION DEFINES US

LISTEN THEN EMPATHISE DRAW EXAMPLES

MAKE CONNECTIONS BUILD TRUST THEN CREDIBILITY

AND QUALITY FINISHES THE JOB

THE MISSION IS BIGGER THAN YOU

THE PURPOSE IS TO COMPLETE THE MISSION

PROFOUND SIMPLICITY

HUMILITY RESULTS HUMOR LOVE

ONCE YOU FIND YOUR PURPOSE NOTHING CAN STOP YOU

BECOME DEPENDENT ON YOUR TRUE SELF

TRUST YOUR INNER VOICE

CHART YOUR PATH

YOUR FATE BELONGS TO YOU

LIFE HELPS THOSE WHO HELP THEMSELVES

STAY TRUE TO YOURSELF

YOU CREATE YOUR OWN REALITY

A MEANINGFUL LIFE IS A PURPOSEFUL LIFE

THE ETERNAL QUEST FOR FREE WILL

A PURPOSEFUL JOURNEY LEADS TO A MEANINGFUL DESTINATION

LET PURPOSE GUIDE THE WAY

PURPOSE IS YOUR TRUE NORTH

LISTEN TO YOUR INNER VOICE AND FOLLOW YOUR HEART

THE ONLY COMPETITION IS AGAINST YOURSELF

MANIFESTED PURPOSE

TRANSCENDED PURPOSE

ULTIMATE PURPOSE

NATURE

CREATED BY CREATORS

TELEMETRY

ELECTROGRAVITICS

ZERO POINT = SINGULARITY

SINGULAR POINT WHERE ALL POINTS MEET

SPHERICAL VACUUM THRESHOLD

SPACE STRUCTURE BUILDING SPHERES

CREATION CREATES CREATORS

CREATORS CREATE CREATIONS

LOVE IS CONSCIOUSNESS

CONSCIOUSNESS IS SELF AWARENESS

PROUD CREATORS

THE CREATOR

PRIMORDIAL SOURCE OF MOTION = ENERGY

ENERGY = CREATION = LIFE = LOVE

INFINITE SPHERICAL ENERGY = ORGINISING AGENT OF CREATION

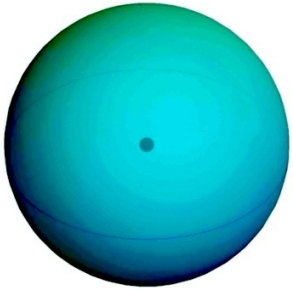
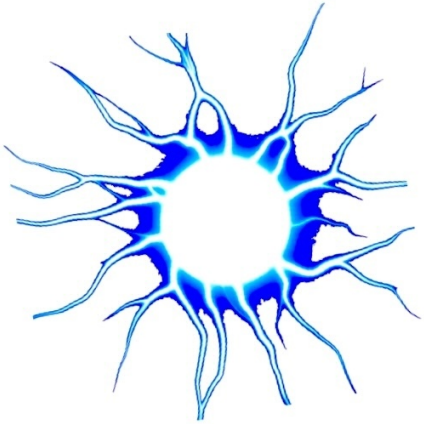
$\infty = \odot$ $\odot = 0$ $\infty = 0$

INFINITE CONSCIOUSNESS **INFINITE SELF AWARENESS**

RHYTHMS
PULSES
CYCLES
WAVES

CREATIONS
CREATE
CREATORS

TELEMETRY
ELECTROGRAVITICS
ENERGY POTENTIAL
SPHERICAL FIELD

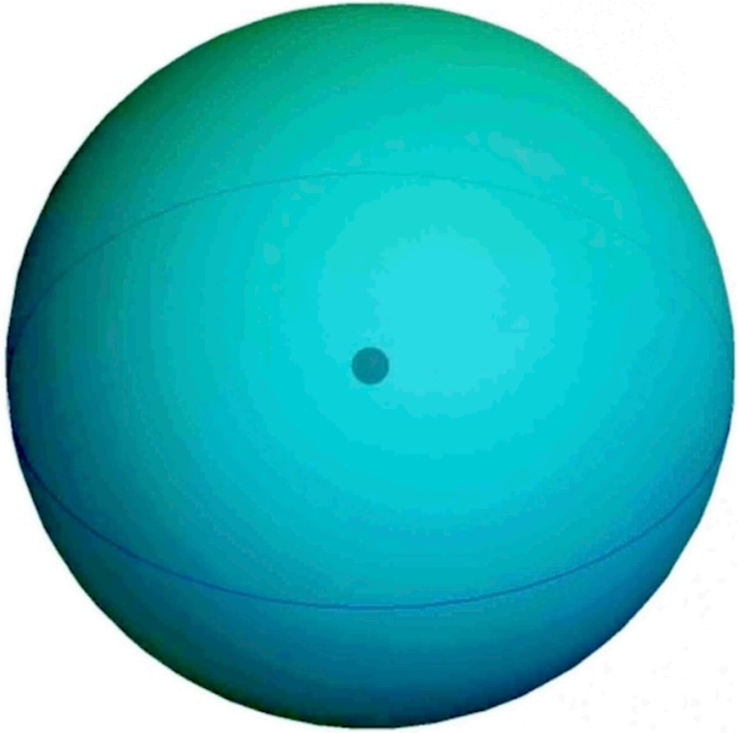
INFINITE VIRTUOUS CYCLES

SPACE VACUUM

CREATOR CREATION

INFINITE
SPHERICAL
ENERGY

CONSCIOUS
SELF AWARE
MEMBRANE



ORGINISING
CREATION
AGENT

SPACE
VACUUM
STRUCTURE
FIELD

SPHERES
WITHIN
SPHERES

INFINITIES
WITHIN
INFINITIES

NATURE OF INFINITY

INFINITY = SPHERE

SPHERE = ZERO

$\infty = \odot \quad \odot = 0 \quad \infty = 0$

VALUES

CONCEPT

QUALITIES

DEFINITION

PROPERTIES

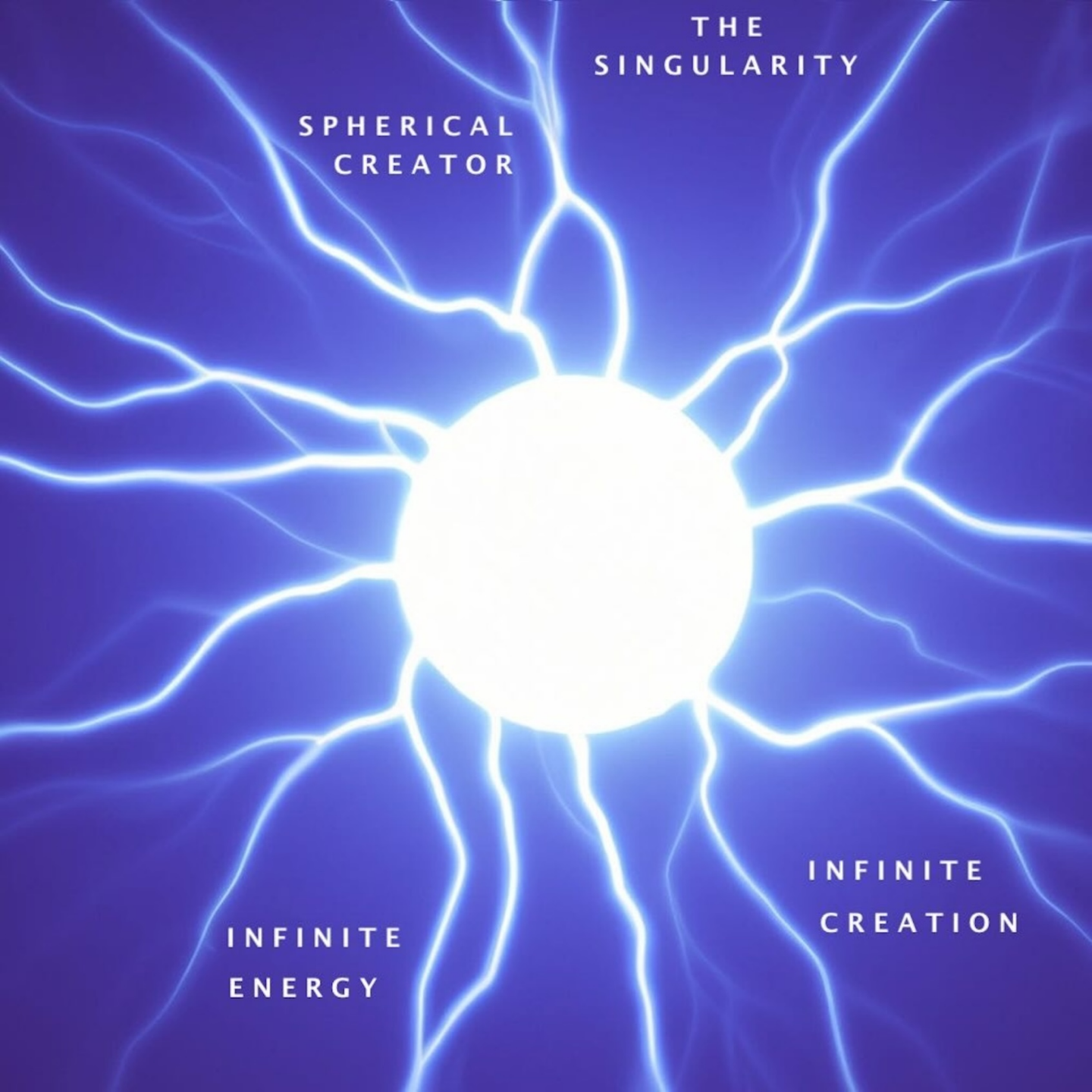
ATTRIBUTES

SOLID CONSTITUTION

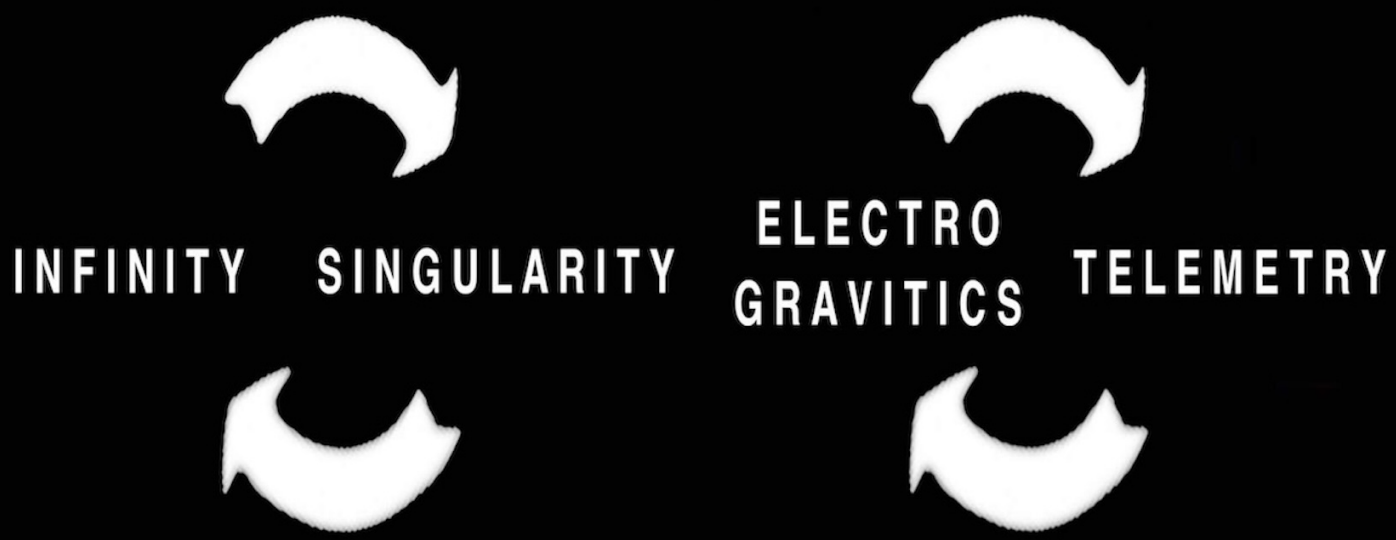
PHYSICAL COMPOSITION

ENDLESS FOREVER LIMITLESS

BOUNDLESS ETERNAL ENERGY


THE
SINGULARITY
SPHERICAL
CREATOR
INFINITE
CREATION
INFINITE
ENERGY

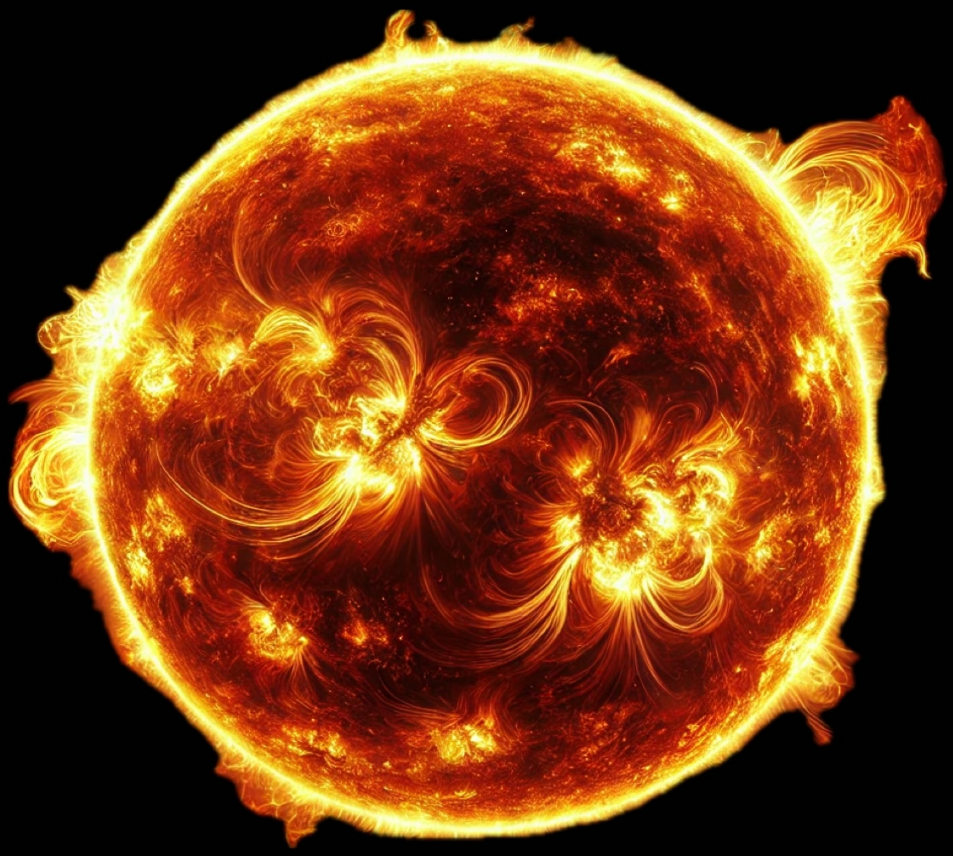
INFINITE VIRTUOUS CYCLES



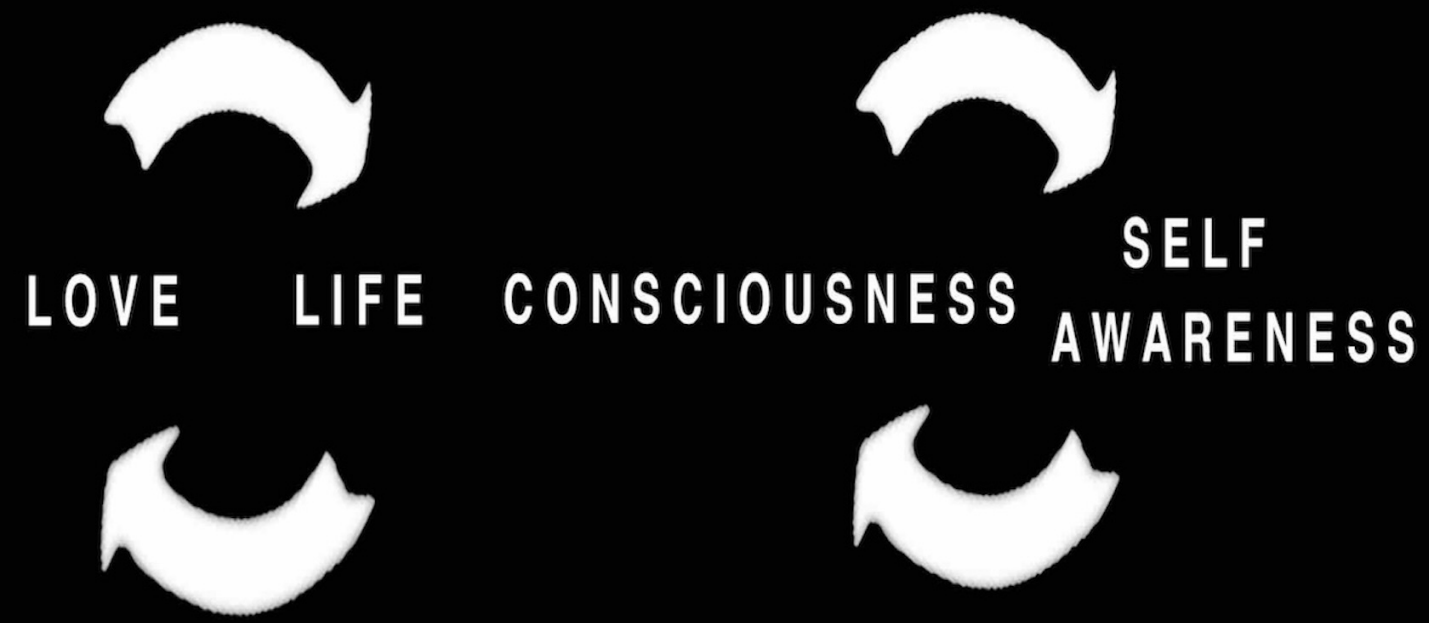
THE SUN

THE PHYSICAL REPRESENTATION OF THE CREATOR

INFINITE SPHERICAL ENERGY



INFINITE VIRTUOUS CYCLES



INFINITE ENERGY POTENTIAL OF ZERO

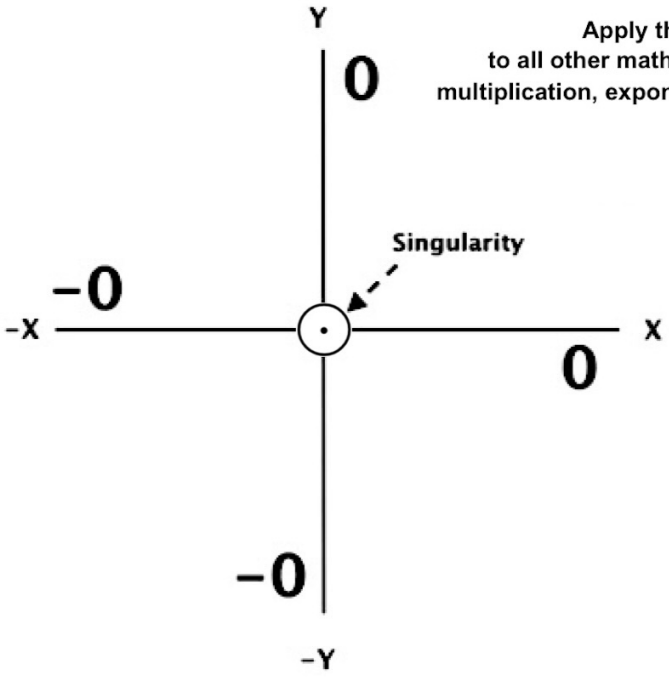
ZERO IS THE BEGINNING OF ALL CREATION

0 + 0 = 0
0 - 0 = 0
(-0) + 0 = 0
(-0) + (-0) = 0
(-0) - (-0) = 0

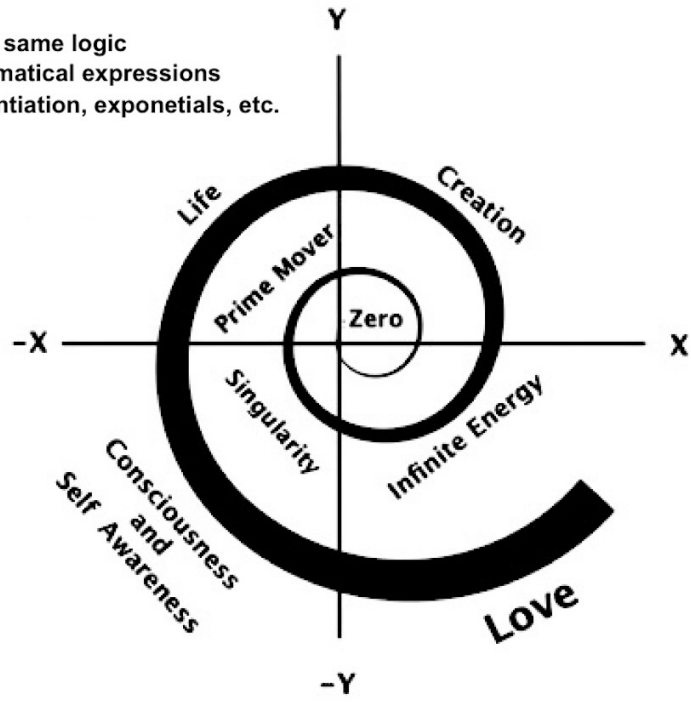
Y0 + X0 = 0
Y0 - X0 = 0
Y0 + (-X0) = 0
Y0 - (-X0) = 0
(-Y0) + X0 = 0
(-Y0) - X0 = 0
(-Y0) + (-X0) = 0
(-Y0) - (-X0) = 0

Y0 + Y0 = 0
Y0 - Y0 = 0
Y0 + (-Y0) = 0
Y0 - (-Y0) = 0
(-Y0) + (-Y0) = 0
(-Y0) - (-Y0) = 0

X0 + X0 = 0
X0 - X0 = 0
X0 + (-X0) = 0
X0 - (-X0) = 0
(-X0 + (-X0) = 0
(-X0 - (-X0) = 0



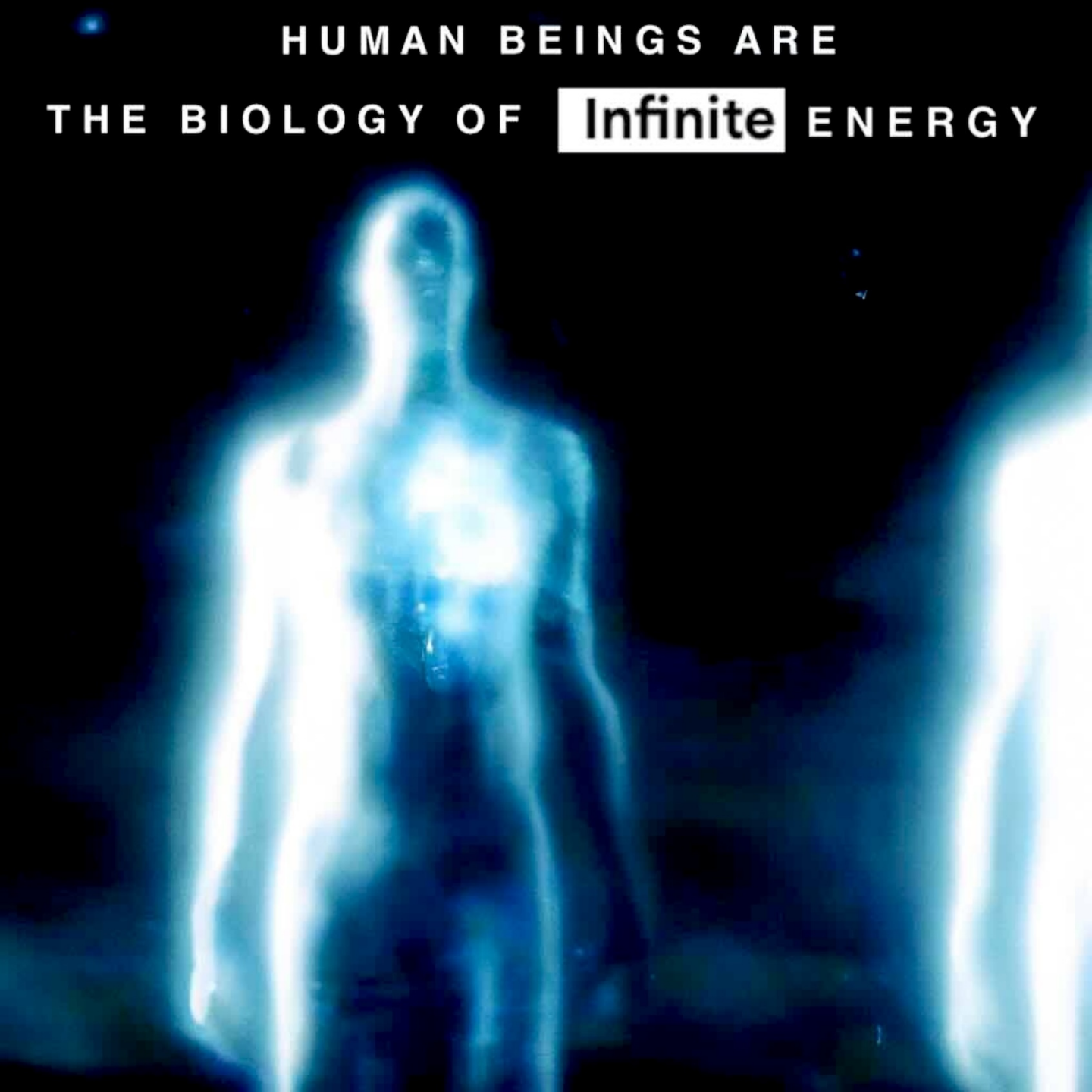
Apply the same logic
to all other mathematical expressions
multiplication, exponentiation, exponetials, etc.



Singularity: Singular point where all spherical nodal points meet. The energy potential of the sphere's surface, the space vacuum structure field itself and its telemetric electrogravitics, gets released and fills a spherical vacuum threshold generating an oscillating singularity spark that leads to an infinite self recursive feedback loop pulse cycle.

HUMAN BEINGS ARE

THE BIOLOGY OF Infinite ENERGY



PRIME MOVER

⊙ = Sphere Singularities' Infinities ◯ = Circle

0 = 0
0 = ∞

0 = 1 0 = 2 0 = 3
0 = 4 0 = 5 0 = 6
0 = 7 0 = 8 0 = 9

∞ = 0
∞ = ⊙
0 = ⊙

9 : ∞
∞ : 9

∞ : 7 7 : ∞ 8 : ∞ ∞ : 8
∞ : 5 5 : ∞ 6 : ∞ ∞ : 6
∞ : 3 3 : ∞ 4 : ∞ ∞ : 4
∞ : 1 1 : ∞ 2 : ∞ ∞ : 2
0 : 0 0 : ∞ ∞ : 0 ∞ : ∞

9 : 0
0 : 9

0 : 7 7 : 0 8 : 0 0 : 8
0 : 5 5 : 0 6 : 0 0 : 6
0 : 3 3 : 0 4 : 0 0 : 4
0 : 1 1 : 0 2 : 0 0 : 2
0 : 0 0 : ∞ ∞ : 0 ∞ : ∞

1 : 10 10 : 1
10 : 100 100 : 10
100 : 1000 1000 : 100
1 : 0 0 : 1 1 : ∞ ∞ : 1

$\infty = (1 \div 0)$

$X^{\infty} = (1 \div 0)$

$$X\sqrt[\infty]{\pi} = (1 \div 0)^{r^{\infty}} = \odot$$

Ad Infinitum

Electrogravitics Propulsion Telemetry 3D Printing

Applied Engineering Coils Filaments Zero Point Over Unity

10X Love Framework Hashgraph Gossip Protocol = Trust Layer #cells

Full Stack DevOps Programming MML, LLM, NLP UI/X

Compression Comms OS GUI Kernel Internet Networks

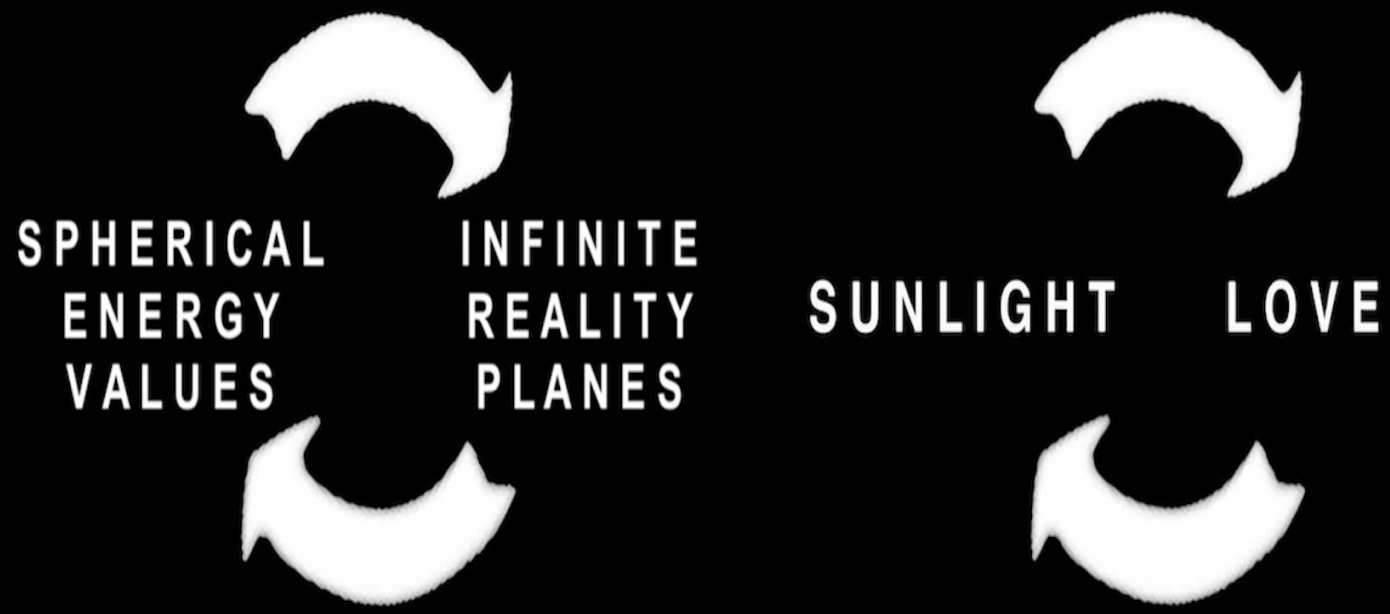
Each device kernel is a network node = 0.0.0.0

0 = Current Signal Off 1 = Current Signal On

◯ = $\begin{matrix}100\%\\360^{\circ}\end{matrix}$ = 2D Energy Values Reality Planes

⊙ = ∞ = 3D Spherical Energy Values Reality Planes

INFINITE VIRTUOUS CYCLES



WE ARE LOVE

WE ARE HUMANITY

WE ARE THE CREATORS OF EVERYTHING

WE ARE THE INFINITE ENERGY OF CREATION

SPHERICAL ENERGY MEMBRANE OF THE HEART

INFINITE LOVE COMES FROM THE HEARTBEAT

THE PULSE OF LIFE THE PULSE OF CREATION

WE ARE THE IMAGE OF THE CREATOR

WE ARE INFINITE ENERGY

LOVE = ENERGY = LIFE

MATURITY = HUMILITY

LOVE IS ENERGY LOVE IS LIFE

WE LIVE TO LOVE AND WE LOVE TO LIVE

THE HUMAN HEARTBEAT GIVES US LIFE

THE PULSE OF LIFE THE PULSE OF CREATION

WE ARE SENTIENT BEINGS

EMOTIONS FEELINGS

LIFE AND LOVE COME FROM THE SAME PLACE

THE HUMAN HEART

LIFE IS CREATION AND CREATION IS ENERGY

LOVE IS THE ENERGY OF CREATION

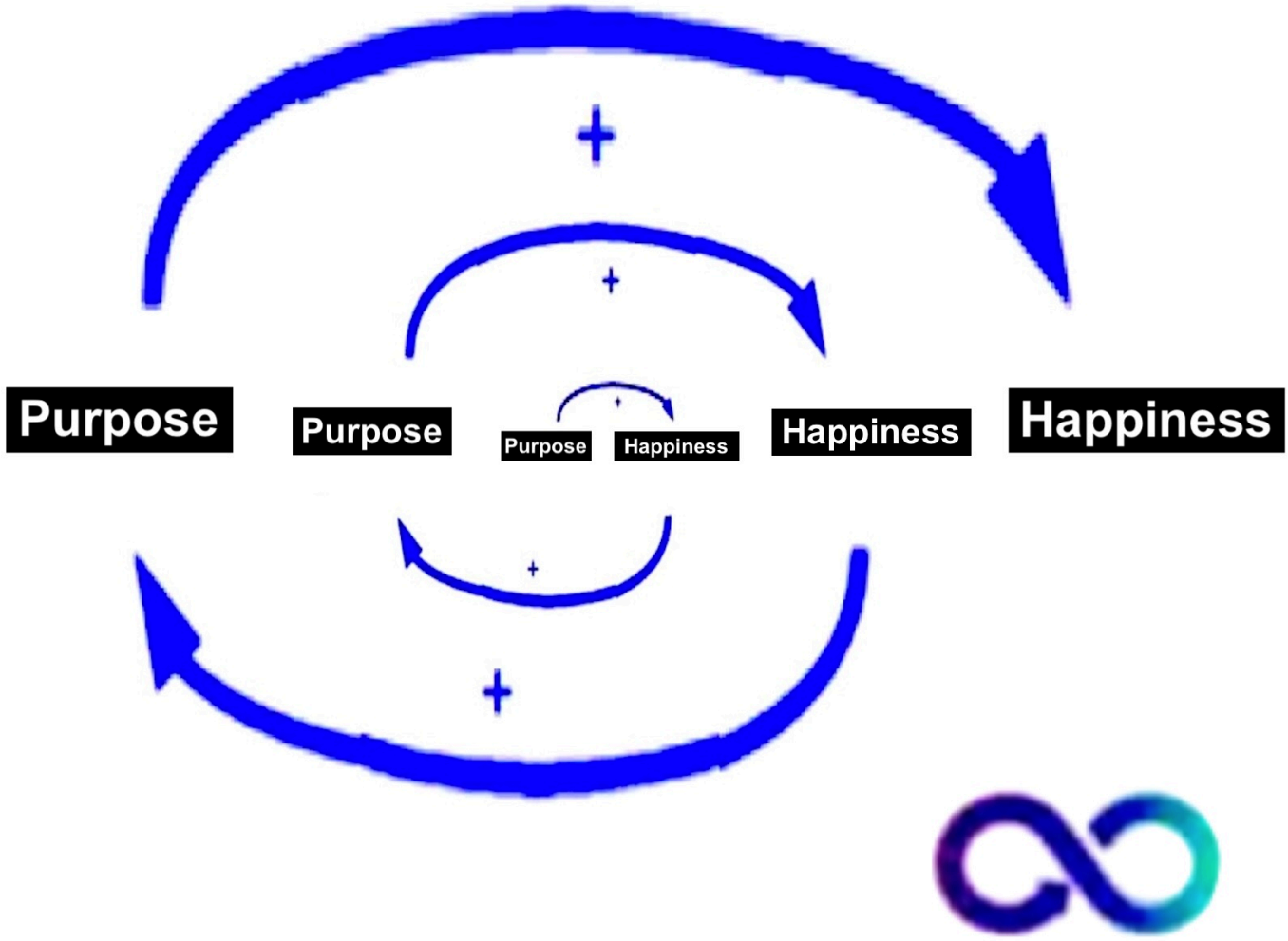
LOVE ALL WITH ALL YOUR HEART AND ALL YOUR MIGHT

ENERGY IS CREATION AND CREATION IS LIFE

LOVE IS CREATION WE LOVE OUR CREATIONS

LOVE COMES FROM THE HEART AND THE HEART GIVES US LIFE

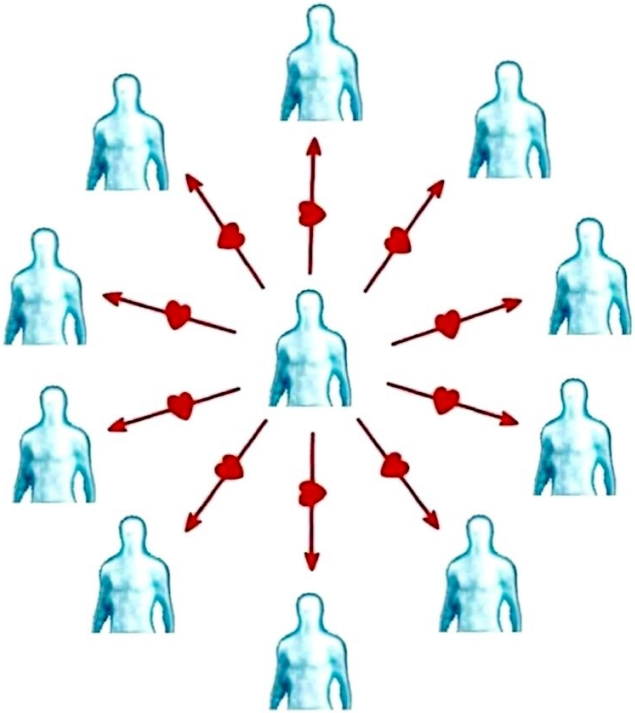
PURPOSEFUL HAPPINESS



10X LOVE

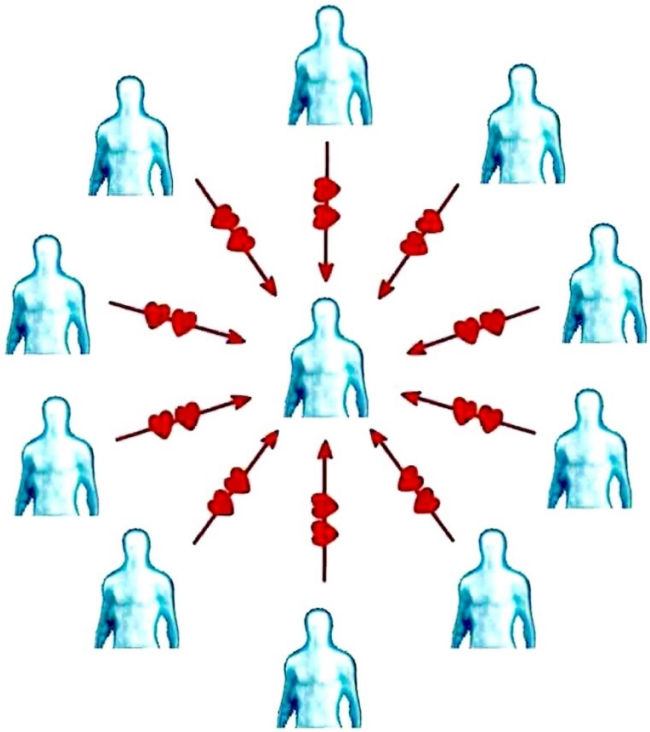
THE INFINITE PULSE OF LOVE

EVERY HEARTBEAT MULTIPLIES BY A FACTOR OF TEN TO INFINITY



1:10 = 10x

10x Love = Outward Love Wave

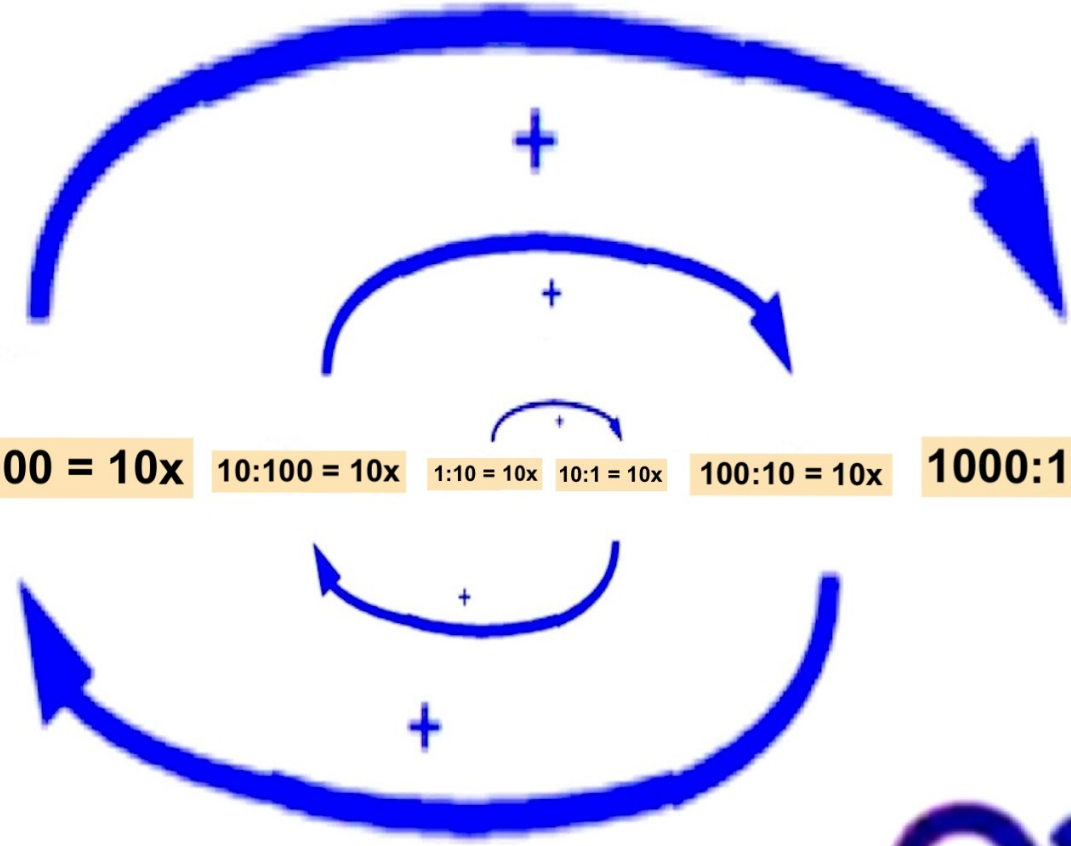


10:1 = 10x

10x Love = Inward Love Wave

10X LOVE CYCLE

THE HEARTBEAT PULSE GOES TO INFINITY



100:1000 = 10x

10:100 = 10x

1:10 = 10x

10:1 = 10x

100:10 = 10x

1000:100 = 10x

COMPASS MANIFESTS FREE WILL

VALUES AS THE ORGANISING AGENT, PATTERN AND STRUCTURE

VALUES CONTAIN BINDING PROPERTIES, QUALITIES AND ATTRIBUTES

$\infty^{\infty} = 0.0.0.0$

∞^{∞} = Love.Love.Love.Love

Infinite Love Framework = Self Love Expands Outward Infinitely

Reality feeds love back to you Infinitely

This is an infinite eternal process

It cannot be ended as it's infinite in nature

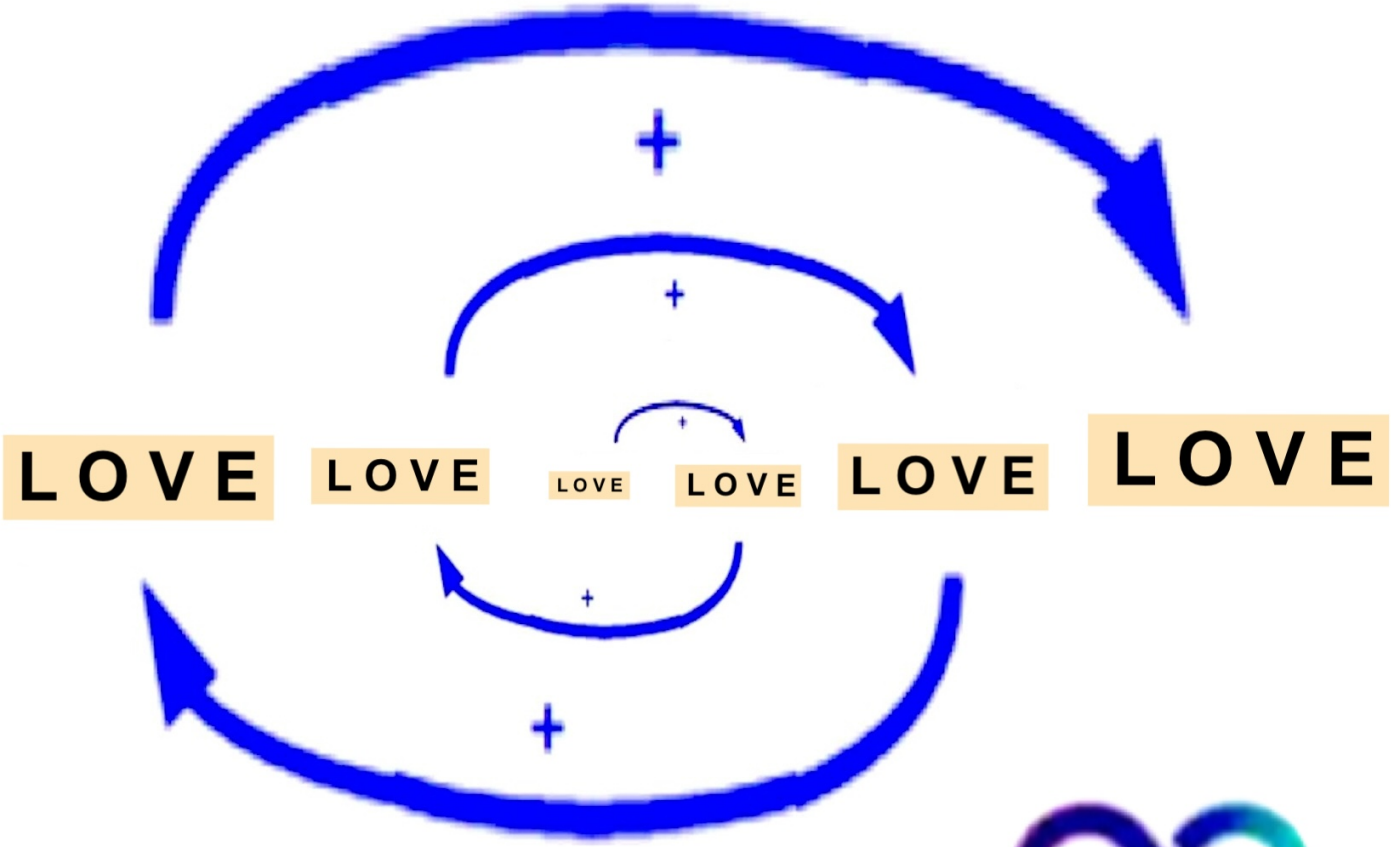
The process starts with you

Self Love = Infinite Love

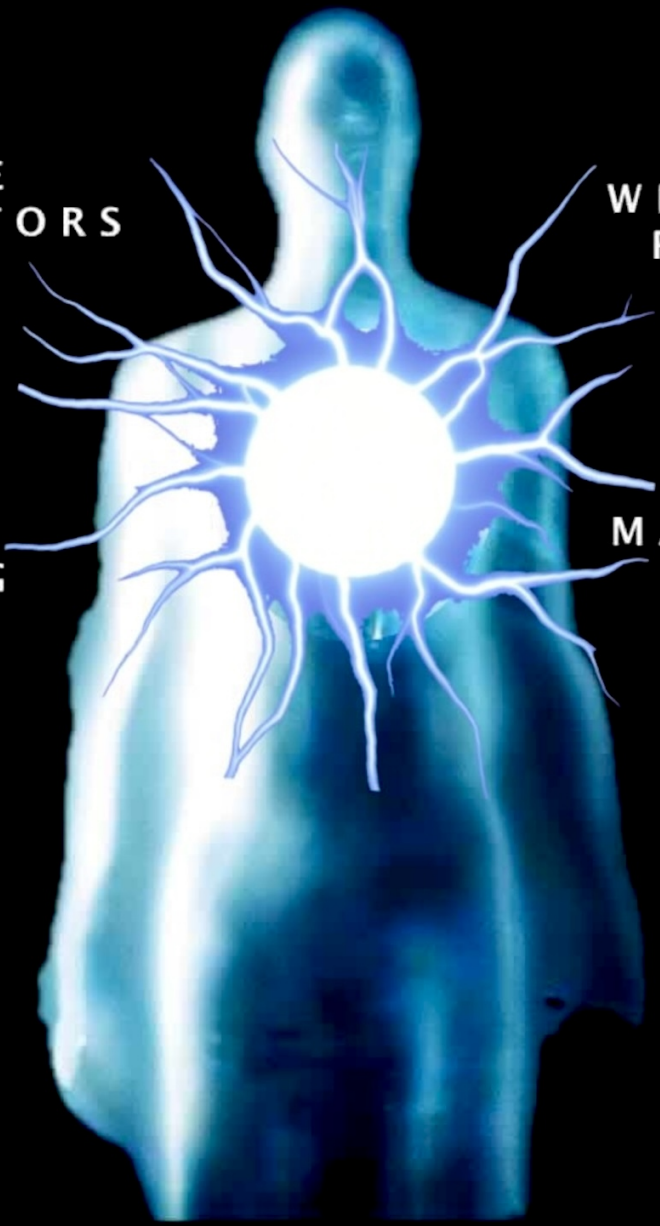
HERE AND NOW

10X LOVE CYCLE

INFINITE ETERNAL LOVE



Infinite COMPASS



WE ARE
THE CREATORS

WE CREATE
REALITY

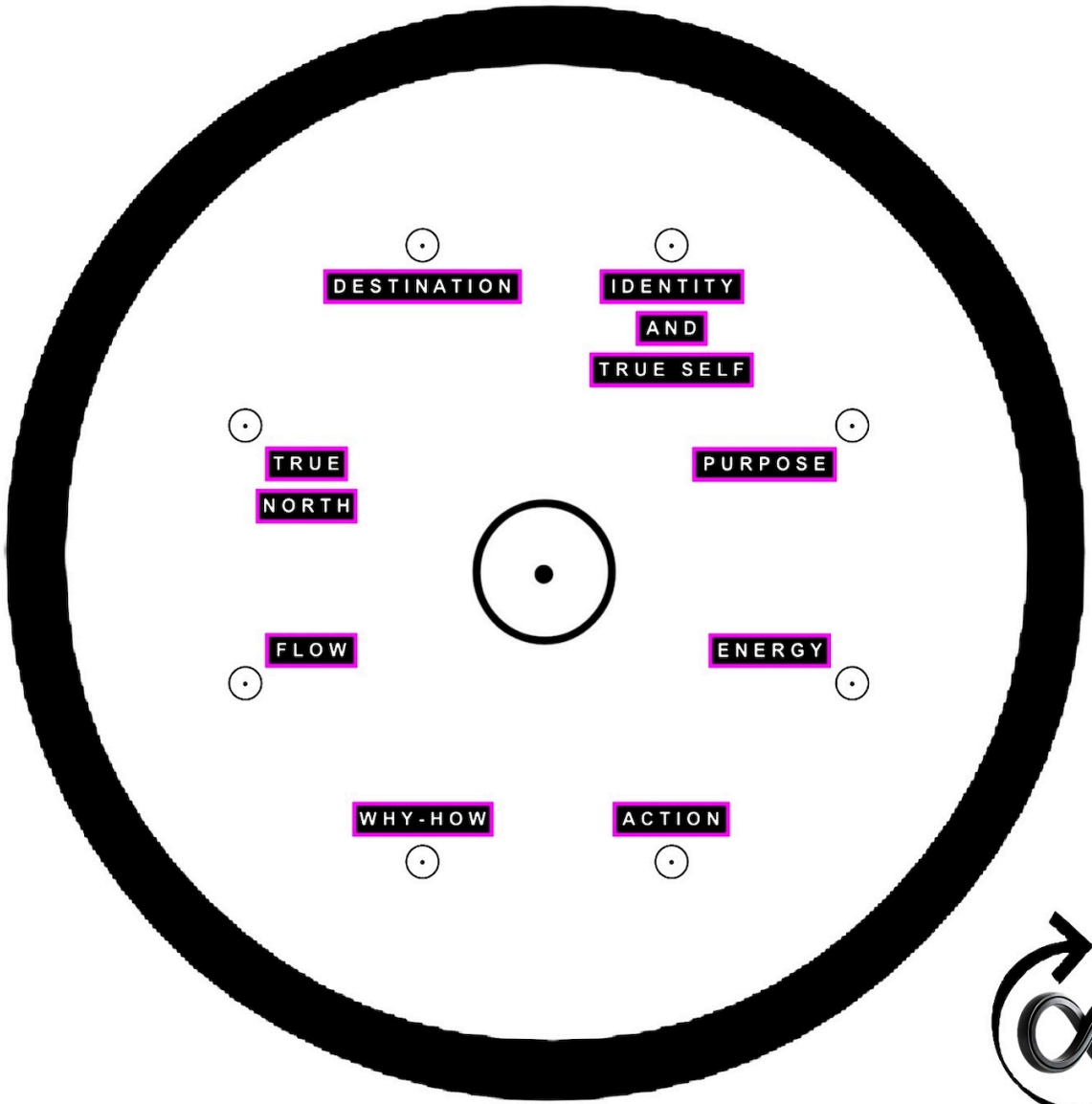
WE ARE
ONE WITH
EVERYTHING

WE ARE
MANIFESTED
LOVE

WE ARE
INFINITE
ENERGY

WE ARE
INFINITE
LOVE

COMPASS


DESTINATION
IDENTITY
AND
TRUE SELF
TRUE
NORTH
PURPOSE
FLOW
ENERGY
WHY-HOW
ACTION

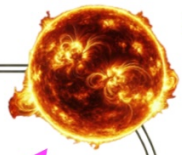
SUNDIAL

THE SUN

WE ARE SUNDIALS

SUNLIGHT GUIDES US

SUNLIGHT ENERGISES US



WE STARE AT THE SUN

SUNLIGHT

INTO THE IRIS

WE ARE ONE

WITH THE SUN

W

IRIS

S

N

E

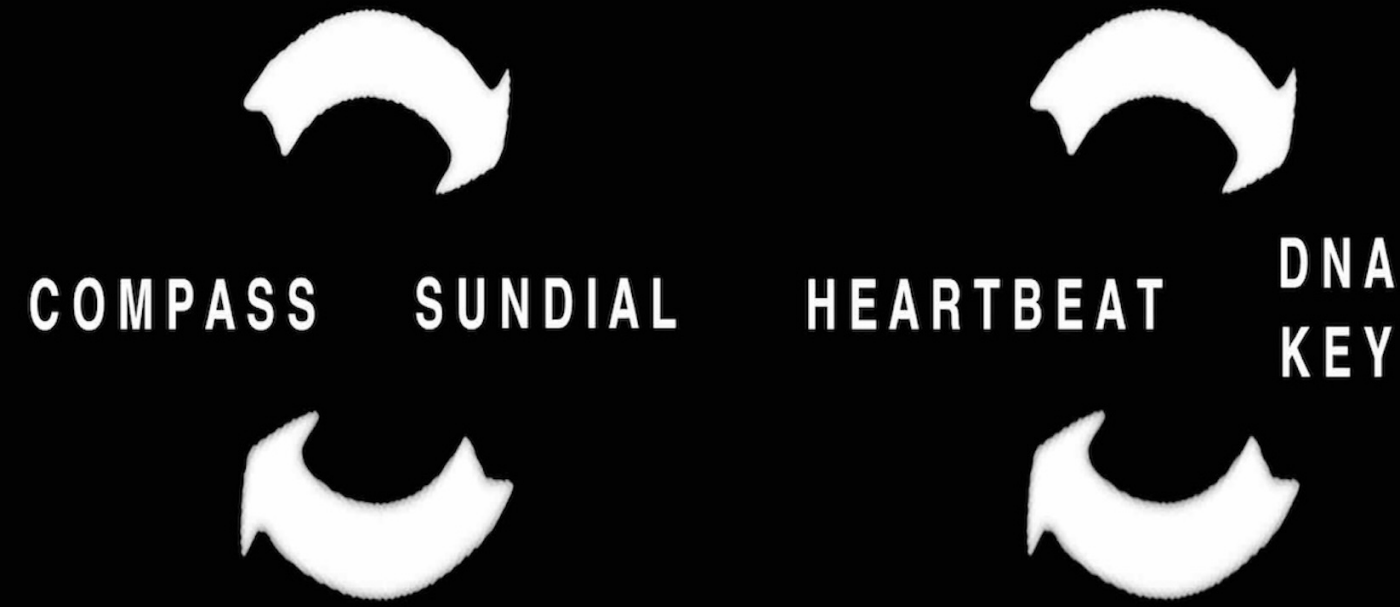
OPEN THE PORTAL

BY SUNSTARING

BUILD THE BRIDGE

BY LOVING YOURSELF

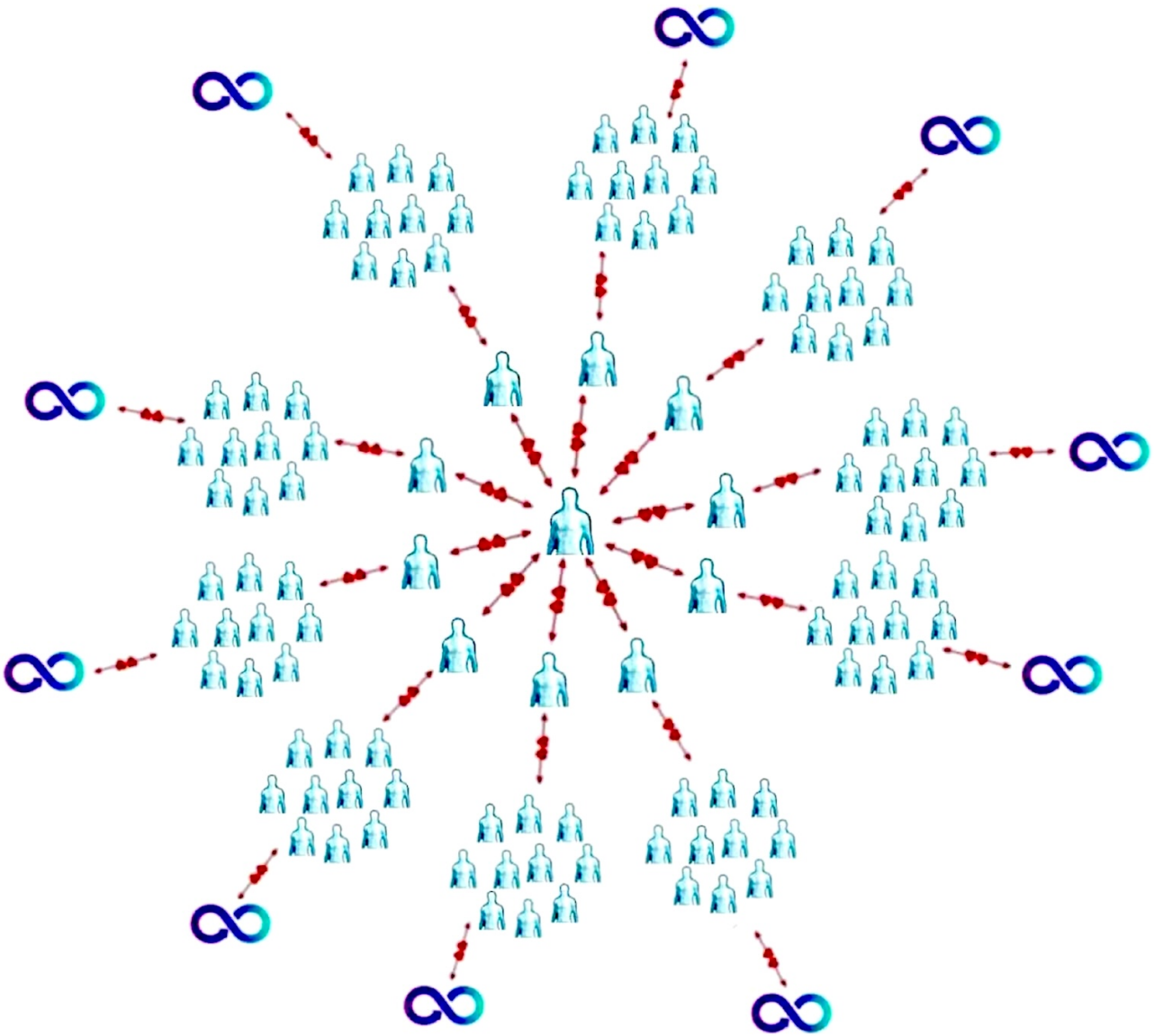
INFINITE VIRTUOUS CYCLES



INFINITE LOVE PULSE

THE PULSE OF LOVE SYNCS WITH ALL HEARTS

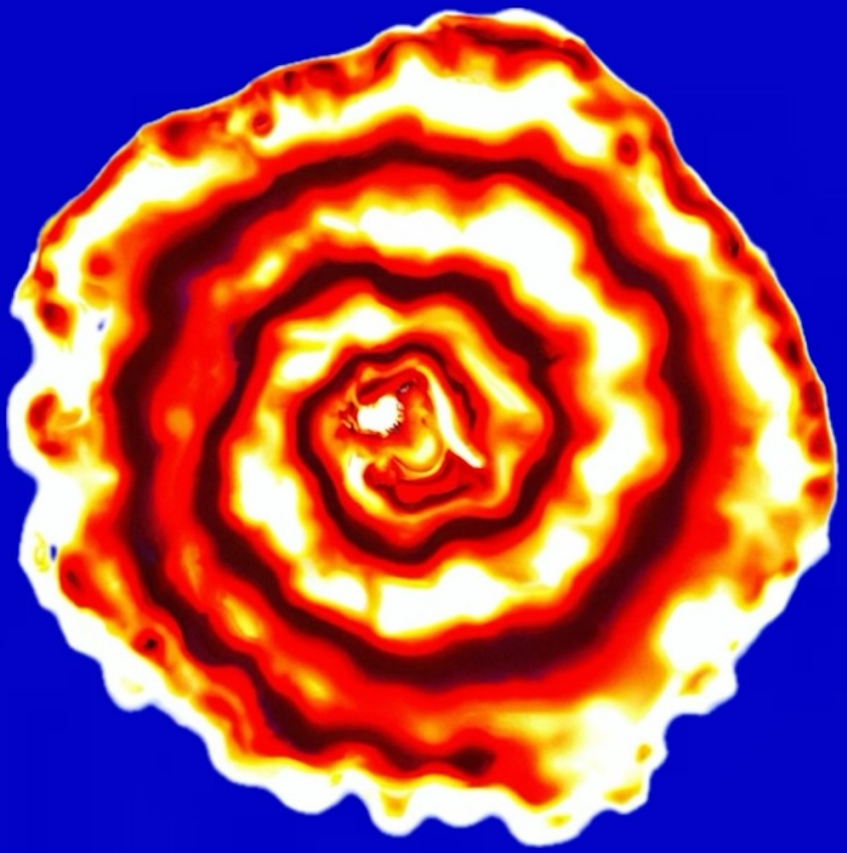
HEARTBEAT = LOVE



THE BRIDGE

WHEN WE STARE AT THE SUN
WE OPEN THE PORTAL TO INFINITY
SUNSTARING BUILDS THE BRIDGE
SPHERICAL ENERGY IN FRONT OF OUR SIGHT
OUR CONNECTION WITH THE CREATOR
BUILD THE BRIDGE AND EVOLVE TO INFINITY

THE BRIDGE LOOKS LIKE THIS:



INFINITE VIRTUOUS CYCLES

SUNLIGHT IRIS

BREATH HEARTBEAT

GUT FEELINGS INSTINCTS HUNCHES

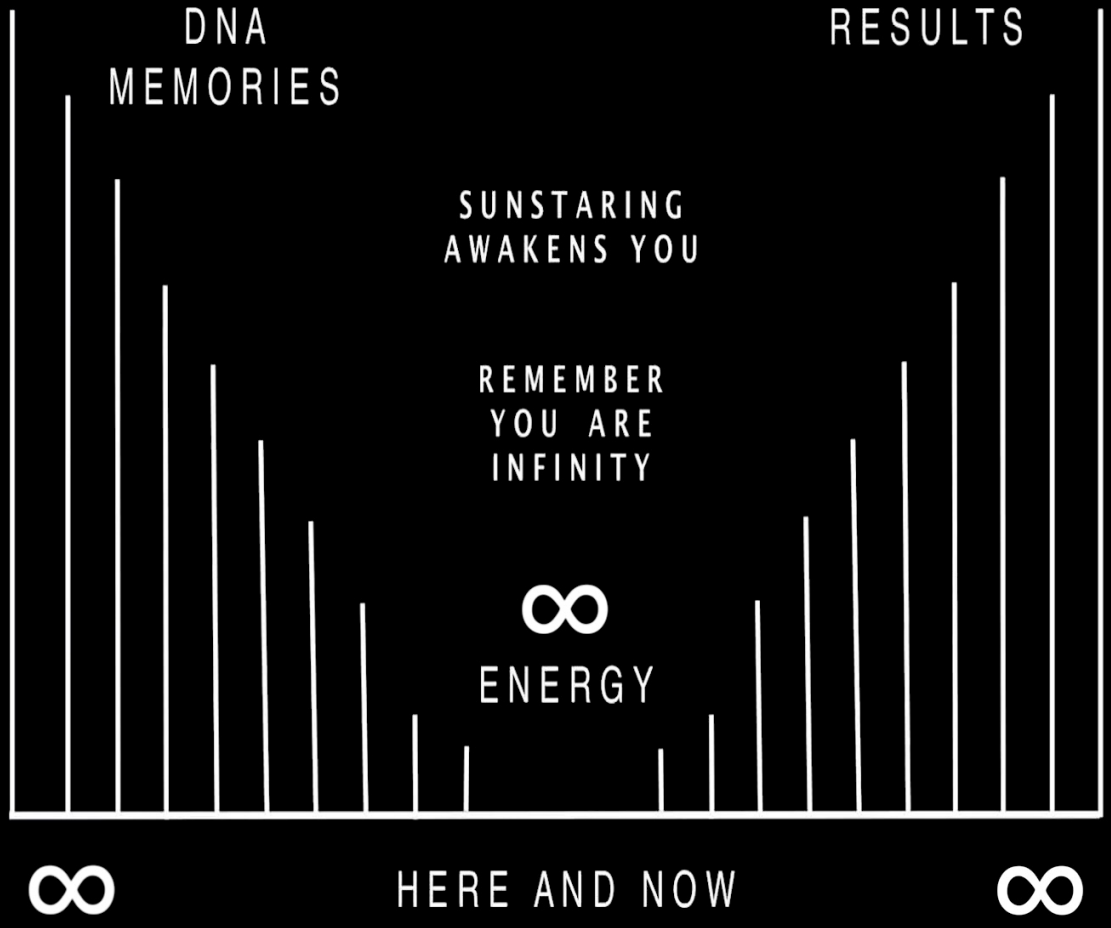
INTUITION INSIGHTS SIXTH SENSE

THIRD EYE

YOU HAVE EVERYTHING YOU NEED

INFINITE VIRTUOUS CYCLES

COMPASS AND SUNDIAL
HERITAGE AND LEGACY
STORY OF HUMANITY



INFINITE ETERNAL DAWNING SUNRISES

EARLY^2

EARLY SQUARED

EARLY NIGHT = EARLY MORNING

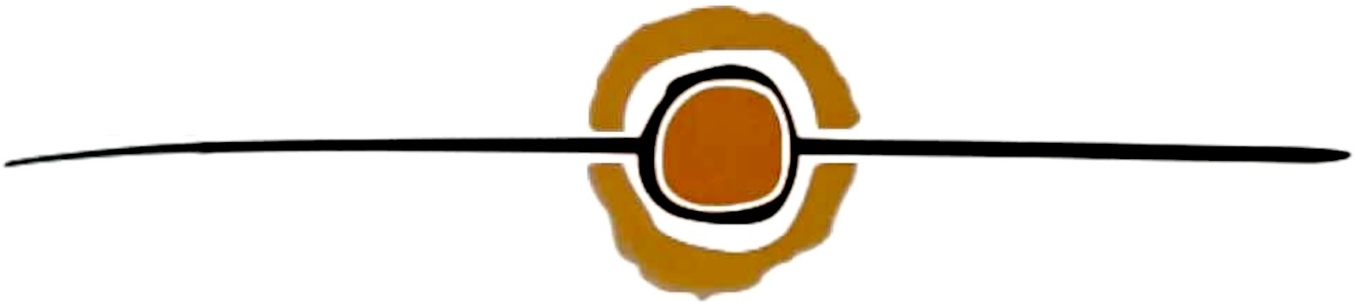
FROM SUNRISE TO SUNRISE

FROM SUNRISE TO SUNRISE

A NEW DAY A NEW DAWN

AS SUNDIALS WE RISE WITH THE SUN

EVERY DAY IS A NEW BEGINNING



WE SUNSTARE TO ENERGISE OURSELVES

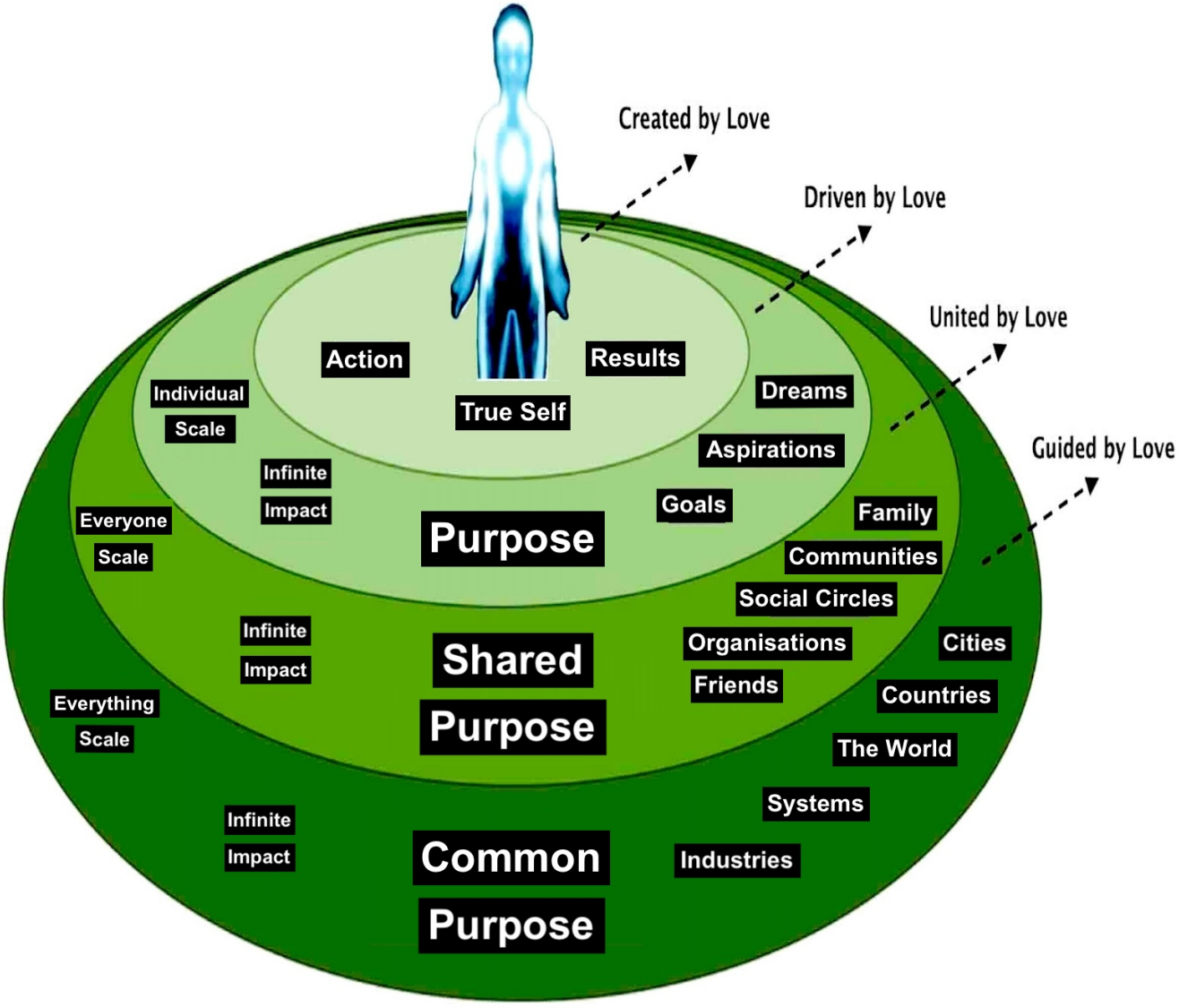
THIS ENERGY POWERS OUR DREAMS

PURPOSEFUL DAILY ACTION

MANIFESTS FREE WILL

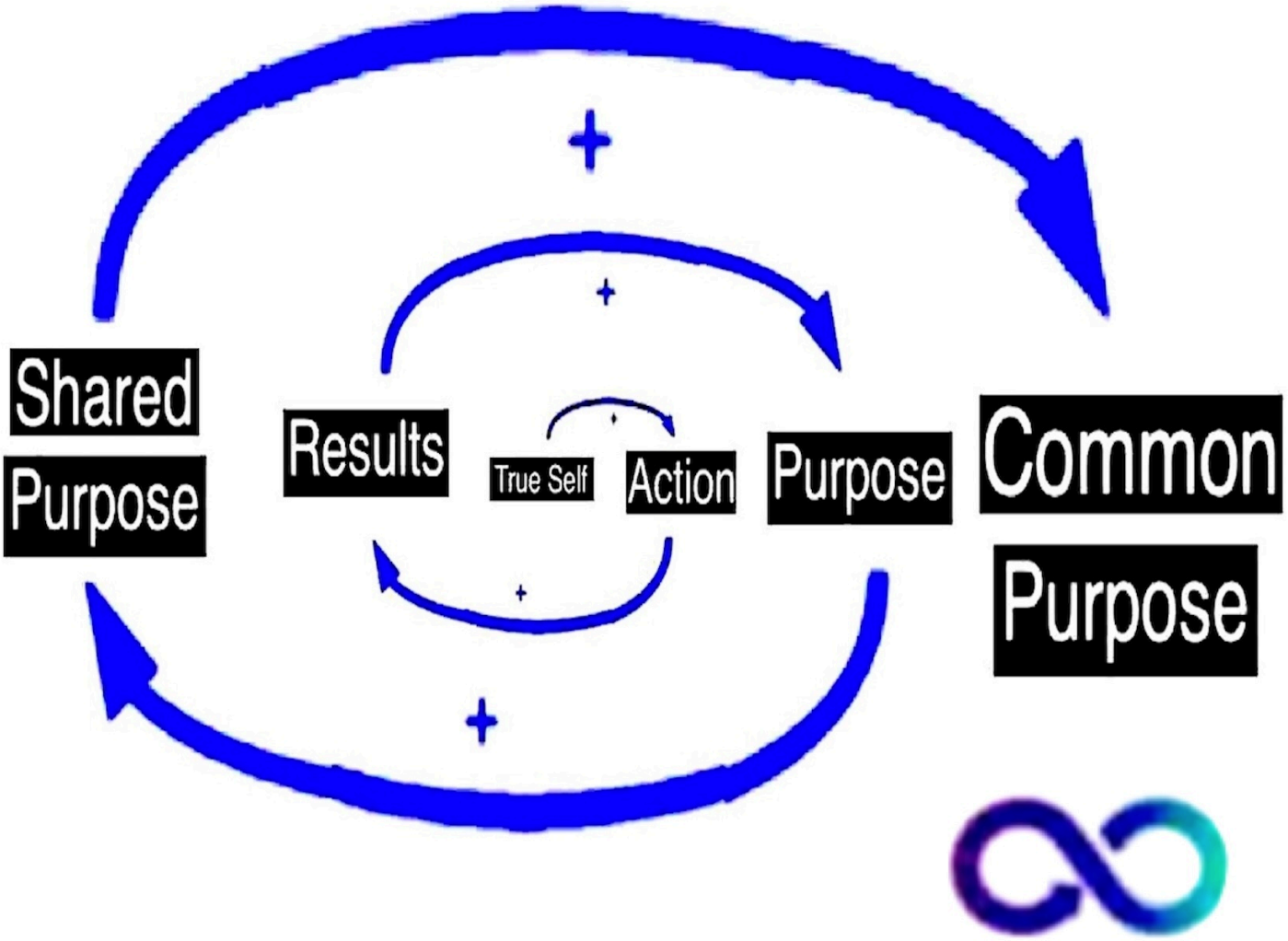
10X LOVE SCALES

OUR HEARTBEAT CONNECTS WITH EVERYTHING



PURPOSEFUL LOVE

THE HEARTBEAT IS THE HERE AND NOW



INFINITE ETERNAL CREATORS

WE CREATE WITH OUR HEARTS

LOVE IS THE ENERGY OF CREATION

LOVE EVERYTHING YOU DO HERE AND NOW

WHY - HOW APPLIED TO PURPOSEFUL DAILY ACTION

FUNDAMENTAL
ENERGY SOURCES

DREAMS

PURPOSE

DESTINATIONS

CREATIONS

TRUTH

SENTIENT
INTELLIGENCE

THE IMAGE OF THE CREATOR

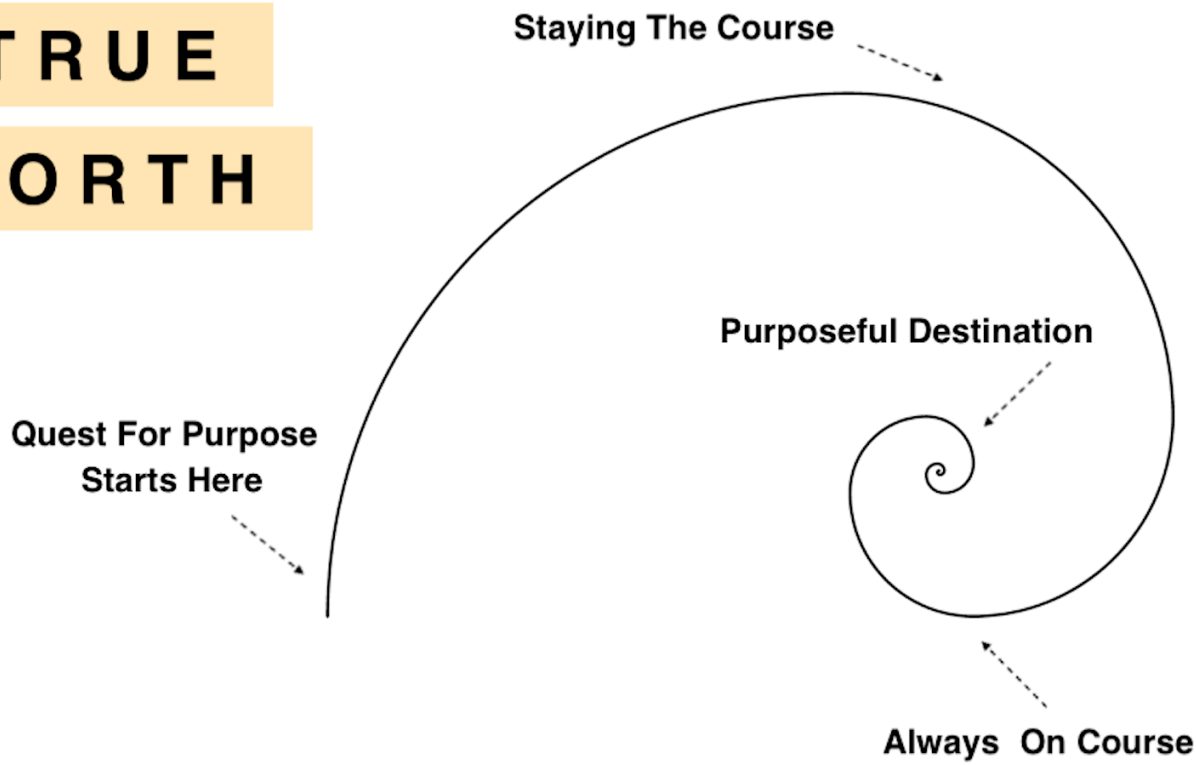
THE CREATOR ITSELF IS INFINITE CONSCIOUS AND SELF AWARE SPHERICAL LOVE ENERGY

JUST LIKE THE SUN AND THE INFINITE ENERGY OF THE HEART

THE APPLE AND THE EYE OF THE STORM ARE SPHERICAL ENERGY

THE ORGANISING AGENT OF CREATION IS SPHERICAL ENERGY

TRUE NORTH



PURPOSEFUL ENERGY OF CREATION

THE ENERGY OF LOVE CREATES REALITY

SAME PATTERN OF CREATION IN NATURE

TELEMETRIC THINKING

THE ORGANISING AGENTS OF CREATION ARE SPHERICAL ENERGY VALUES

THESE VALUES ARE THE BUILDING SPHERES OF REALITY

OUR CONSCIOUSNESS AND SELF AWARENESS MAKE US INTELLIGENT

OUR INTELLIGENCE ENABLES THE ABILITY TO UNDERSTAND THE PRINCIPLES OF CREATION ITSELF

ONCE WE KNOW WHAT THE CREATOR IS AND HOW THE CREATOR CREATES WE BECOME THE CREATORS

THE CREATOR ITSELF EVOLVED INTO US. THUS, WE ARE THE CREATORS AT THE BIOLOGICAL SCALE

WE ARE THE MEDIUM BY WHICH THE CREATOR ITSELF CREATES CREATIONS AT THE BIOLOGICAL SCALE

THEREFORE, WE CAN MASTER ALL SPHERICAL ENERGY VALUES CONSTITUTING OUR REALITY

OUR REALITY PLANE ENERGY IS INFINITE. THINK OF THIS SPACE AS SPHERICAL VALUES OF OUR OWN CREATION

OUR HEART IS THE BIOLOGICAL SINGULARITY AND CREATOR. LOVE IS THE ENERGY OF CREATION

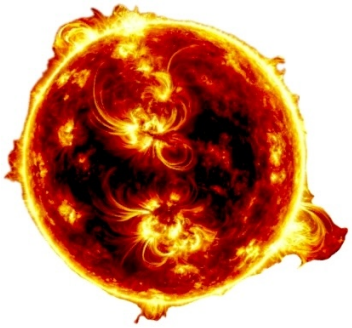
WE ENERGISE THE SPACE AND VACUUM OF REALITY WITH THE ENERGY OF THE HEART

SPHERICAL ENERGY VALUES AS THE ORGANISING AGENT, PATTERN AND STRUCTURE

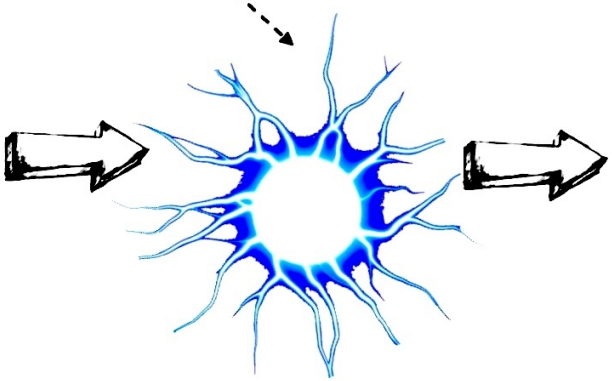
SPHERICAL ENERGY VALUES CONTAIN BINDING PROPERTIES, QUALITIES AND ATTRIBUTES

GREENFIELDING FIDELITY AT YOUR ENERGY PRIME

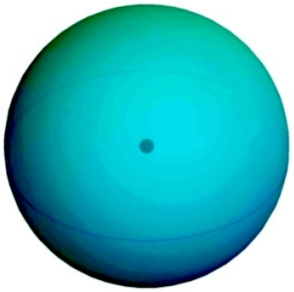
Understading the Sun's Singularity



Mastering Infinite Singularity Energy



Manufacturing Infinite Energy Generators



SPHERICAL ENERGY VALUES

HUMANS ARE THE INFINITE ENERGY OF BIOLOGY

EACH HUMAN IS AN INFINITE COMPASS

OUR EIGHT PRIMARY ELEMENTS ARE CONSTITUTED BY INFINITE ENERGY VALUES

INFINITE HEARTBEAT PULSE LOVE ENERGISES AND POWERS EACH VALUE

OUR INFINITE FREE WILL ASSIGNS ENERGY INPUTS AND OUTPUTS TO EACH VALUE

OUR PURPOSEFUL DAILY ACTION SCALES EACH VALUE TO INFINITY

COMPASS		VALUES
1. IDENTITY AND TRUE SELF	---------->	WHO
2. PURPOSE	---------->	WHY
3. ENERGY	---------->	HOW
4. ACTION	---------->	HOW
5. WHY-HOW	---------->	WHAT
6. FLOW	---------->	WHAT
7. TRUE NORTH	---------->	WHERE
8. DESTINATION	---------->	WHEN

PROTO META SYSTEMS

UNITY PRINCIPLES

AS SUNDIALS WE ENERGISE OURSELVES TO INFINITY BY SUNSTARING

OUR HEARTS USE THIS ENERGY TO INFINITELY ENERGISE THE SPACE AND VACUUM OF REALITY

OUR INFINITE LOVE MANIFESTS INFINITE FREE WILL. THUS, ENERGISING PURPOSEFUL DAILY ACTION

WITH THE ENERGY OF LOVE DRIVING OUR FREE WILL. WE ELEVATE TO HIGHER ENERGY STATES

WE CREATE OUR OWN REALITY PLANES BY POWERING OUR SPHERICAL ENERGY VALUES

FINITE ----------> INFINITE

MOTIONLESS ----------> PULSE CYCLE

EQUIFINALITY ----------> FLOW

IGNORANCE ----------> LOVE

UNCONSCIOUS ----------> CONSCIOUS

UNAWARE ----------> SELF AWARE

PURPOSELESS ----------> PURPOSEFUL

INCOHERENT ----------> HARMONIOUS

STATIC ----------> SYNERGISTIC

RANDOM ----------> CONFLUENCE

DISCONNECTED ----------> CONNECTED

SINGLE POINT ----------> DISTRIBUTED

CENTRALISED ----------> DECENTRALISED

LINEAR ----------> HYPERGEOMETRIC

FRAGMENTED ----------> INTEGRATED

PARTIAL ----------> HOLISTIC

DYSFUNCTIONAL ----------> FUNCTIONAL

INSULAR ----------> ORGANISING

DISORGANISED ----------> STRUCTURED

LACKING ----------> STABLE

IMBALANCE ----------> EQUILIBRIUM

DIVIDED ----------> UNITED

FRAGILE ----------> RESILIENT

ABSTRACT ----------> SOLID

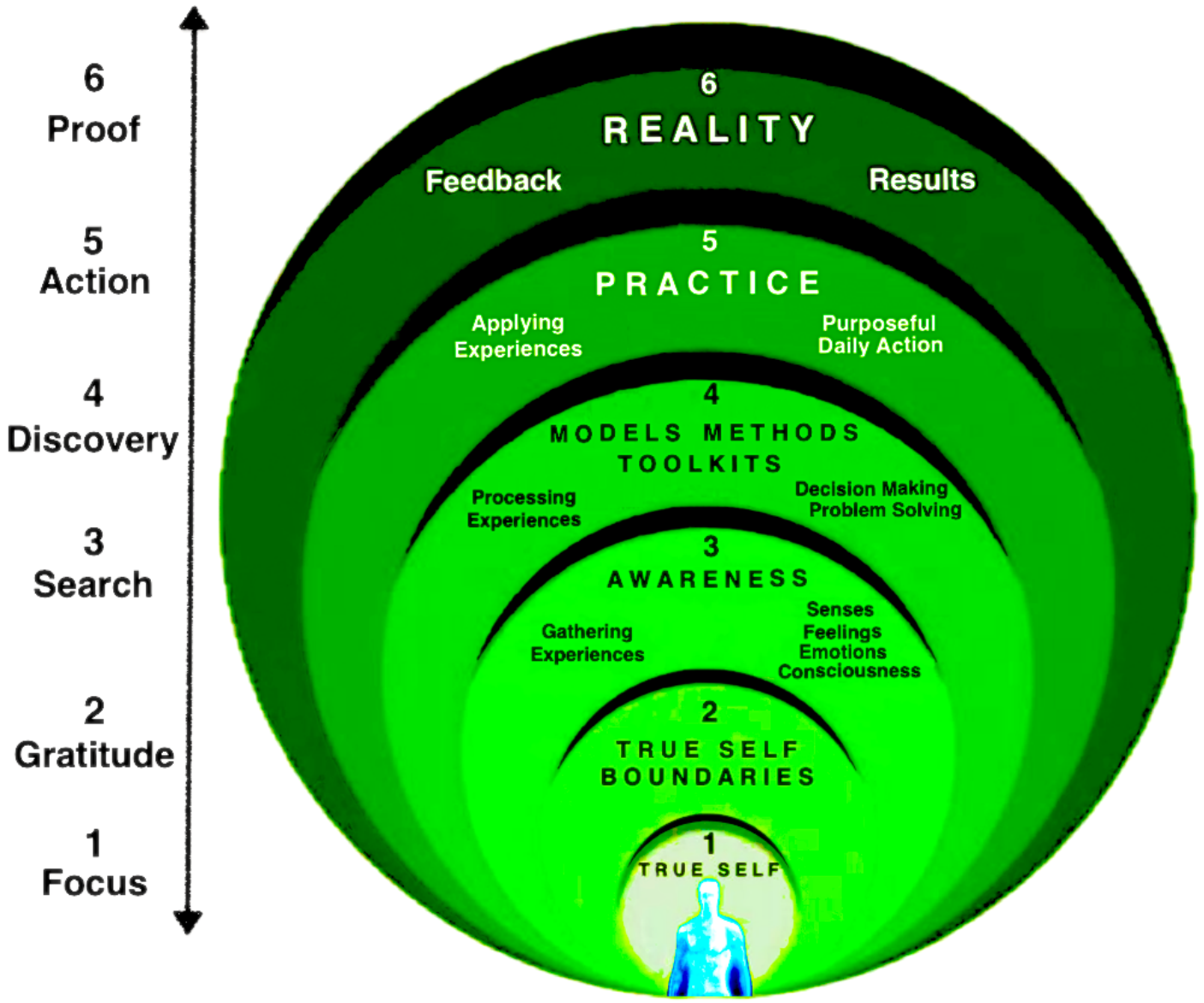
FLAWED ----------> SOUND

ASYMMETRIC ----------> SYMMETRIC

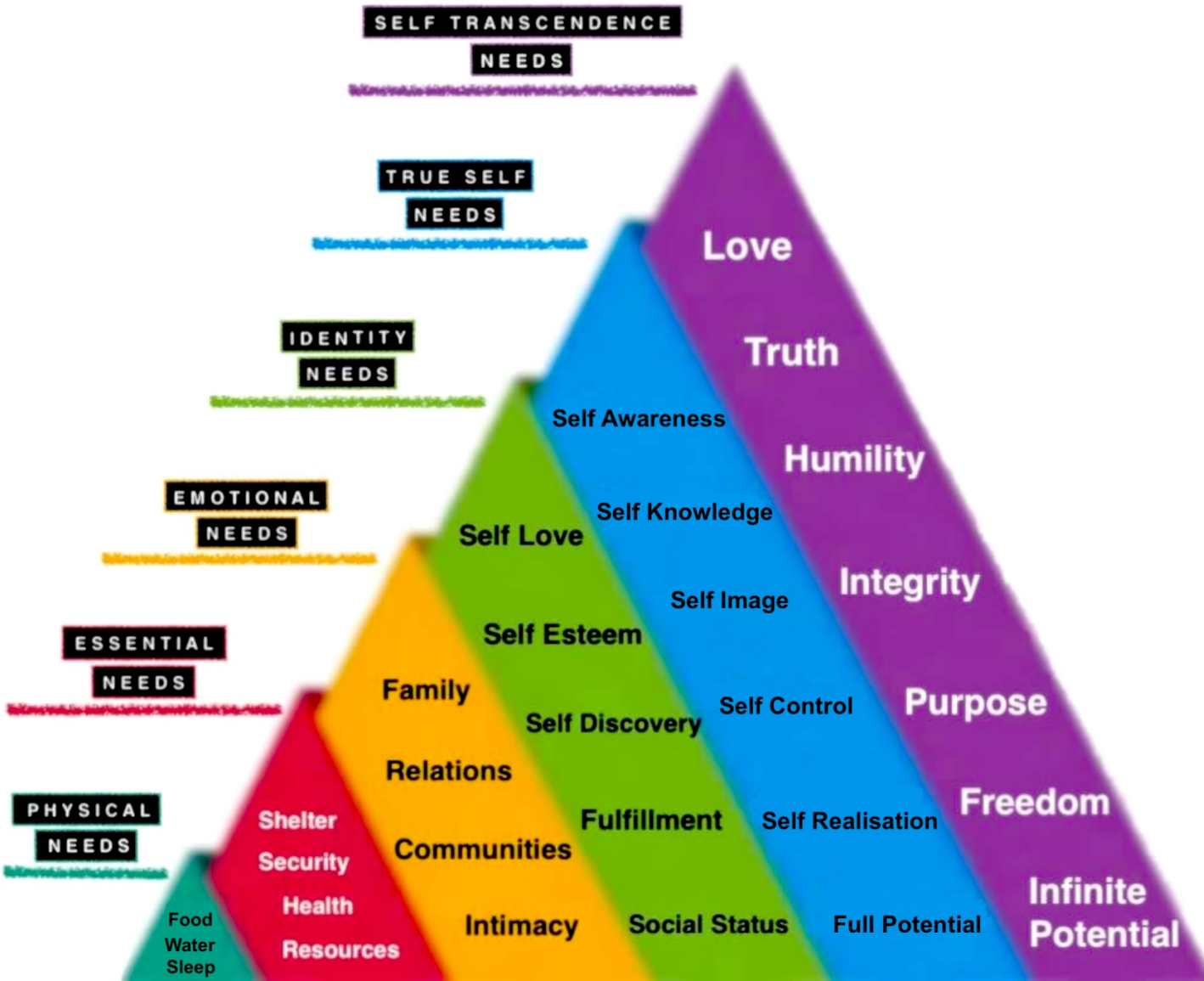
OBSOLETE ----------> GREENFIELD

SATURATED ----------> FIDELITY

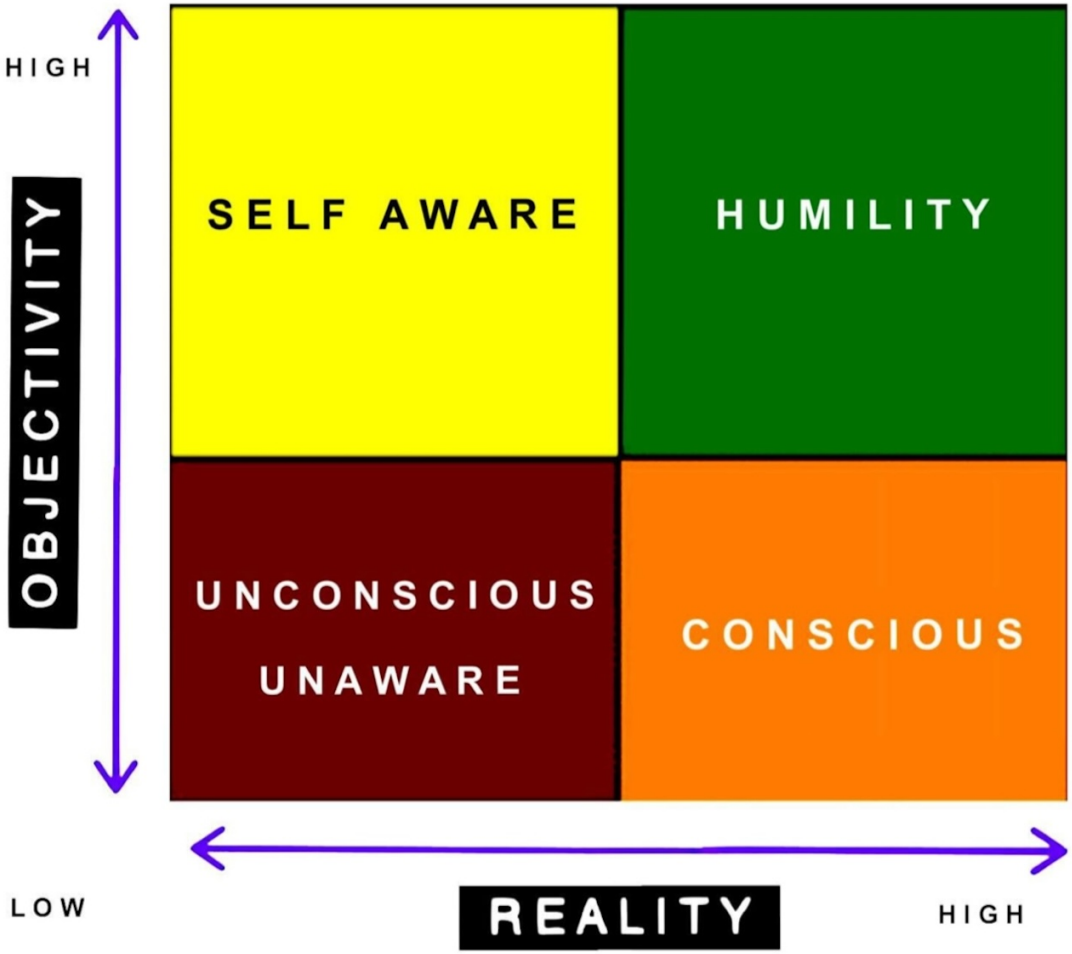
REALITY PLANES



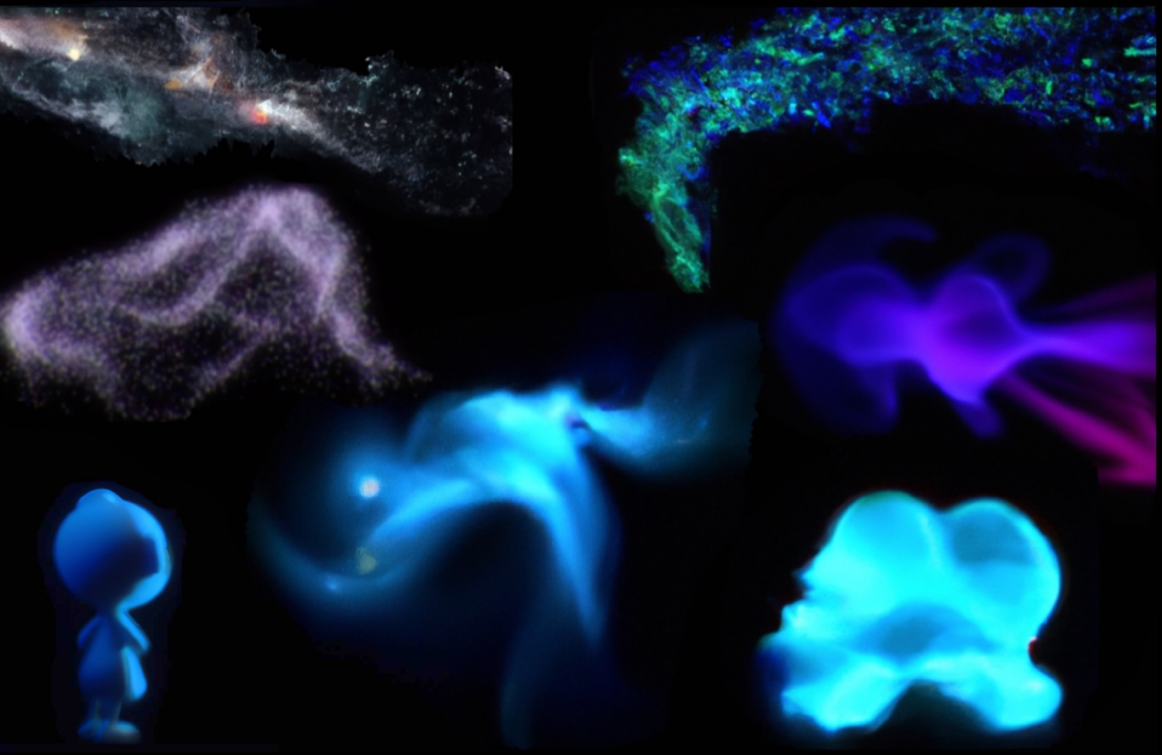
THE CLIMB TO INFINITY



OBJECTIVE REALITY IS TRUTH



FANTASIES AND ILLUSIONS



MEDIUMS AND MEDIA

MESSENGERS AND MESSAGES

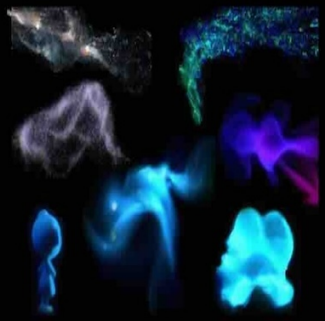
OUTSIDE YOU

WITHIN YOU

VICIOUS CYCLE

ILLUSIONS FANTASIES

SENSORY PERCEPTION



FANTASIES AND ILLUSIONS

COMPASS AND SUNDIAL

DELUSIONAL → **RATIONAL**

Falsehoods driving misinterpretations of reality

Logical thinking aligning with reality

ABSTRACT → **SOLID**

Vague notions inconsistent with reality

Firm tangible presence in reality

UNREALISTIC → **REALISTIC**

Misaligned perceptions diverging from reality

Accurate sensory perceptions reflecting reality

DISTORTED → **CLEAR**

Altered sensory perceptions affecting reality

Unambiguous concrete perceptions of reality

DISSONANT → **HARMONIOUS**

Conflicting sensory perceptions disrupting reality

Consistent perceptions creating balanced reality

CONFUSED → **CERTAIN**

Lacking sensory clarity disorienting reality

Clear profound understanding of reality

DECEPTIVE → **HONEST**

Misleading sensory impressions impacting reality

Truthful sensory impressions reflecting reality

DISTRACTED → **FOCUSED**

Lacking sensory focus on reality

Complete perceptive attention to reality

METAMORPHOSIS

TRANSFORMATIONAL STAGES

FANTASIES AND ILLUSIONS

1 Identity and True Self

Unaware ----------> Self Aware

2 Purpose

Purposeless ----------> Purposeful

3 Energy

Idle ----------> Functional

4 Action

Emerging ----------> Practical

5 why-how

Forming ----------> Infinite

6 Flow

Neutral ----------> **Creative**

7 True North

Unknown ----------> Clear

8 Destination

Uncharted ----------> Manifested

COMPASS AND SUNDIAL

YOU WERE BORN FOR A PURPOSE

YOU NEED AN INSTRUCTION MANUAL

COMPASS AND SUNDIAL ARE YOUR USER MANUAL

TO KNOW YOUR PURPOSE YOU MUST KNOW WHO YOU ARE FIRST

YOUR IDENTITY STARTS WITH THE ULTIMATE QUESTION

WHO AM I? THE ANSWER TO THIS QUESTION DETERMINES WHO YOU ARE

YOUR STORY GIVES YOU A VOICE

IDENTITY: THE ACTIONS TAKEN BY YOUR TRUE SELF THAT GIVE YOU A VOICE IN SOCIETY

YOUR VOICE GROUNDS YOU YOUR VOICE STRENGTHENS YOUR IDENTITY

YOUR VOICE GIVES YOU A STRONG SENSE OF PURPOSE

BY TELLING YOUR STORY, YOU SHARE YOUR IDENTITY WITH EVERYONE IN SOCIETY

YOUR STORY TELLS THE WORLD WHO YOU ARE AND WHERE YOU COME FROM

WHEN YOU ARE IN TOUCH WITH YOUR TRUE SELF THE STORY OF YOUR LIFE BECOMES VERY MEANINGFUL

WHEN YOU KNOW YOURSELF YOU UNDERSTAND YOUR VALUES, PRIORITIES AND PURPOSE

YOU KNOW WHAT'S IMPORTANT WHAT GIVES YOU MEANING WHAT MAKES YOU HAPPY

IT'S YOUR RESPONSIBILITY TO FIND OUT YOUR PURPOSE IN LIFE

IDENTITY AND PURPOSE ARE INTRINSICALLY CONNECTED

PURPOSE FOLLOWS IDENTITY THEY MAKE EACH OTHER STRONGER

THERE ARE SIGNS EVERYWHERE THE FIRST SIGNS OF PURPOSE MANIFEST IN YOUR DAY TO DAY LIFE

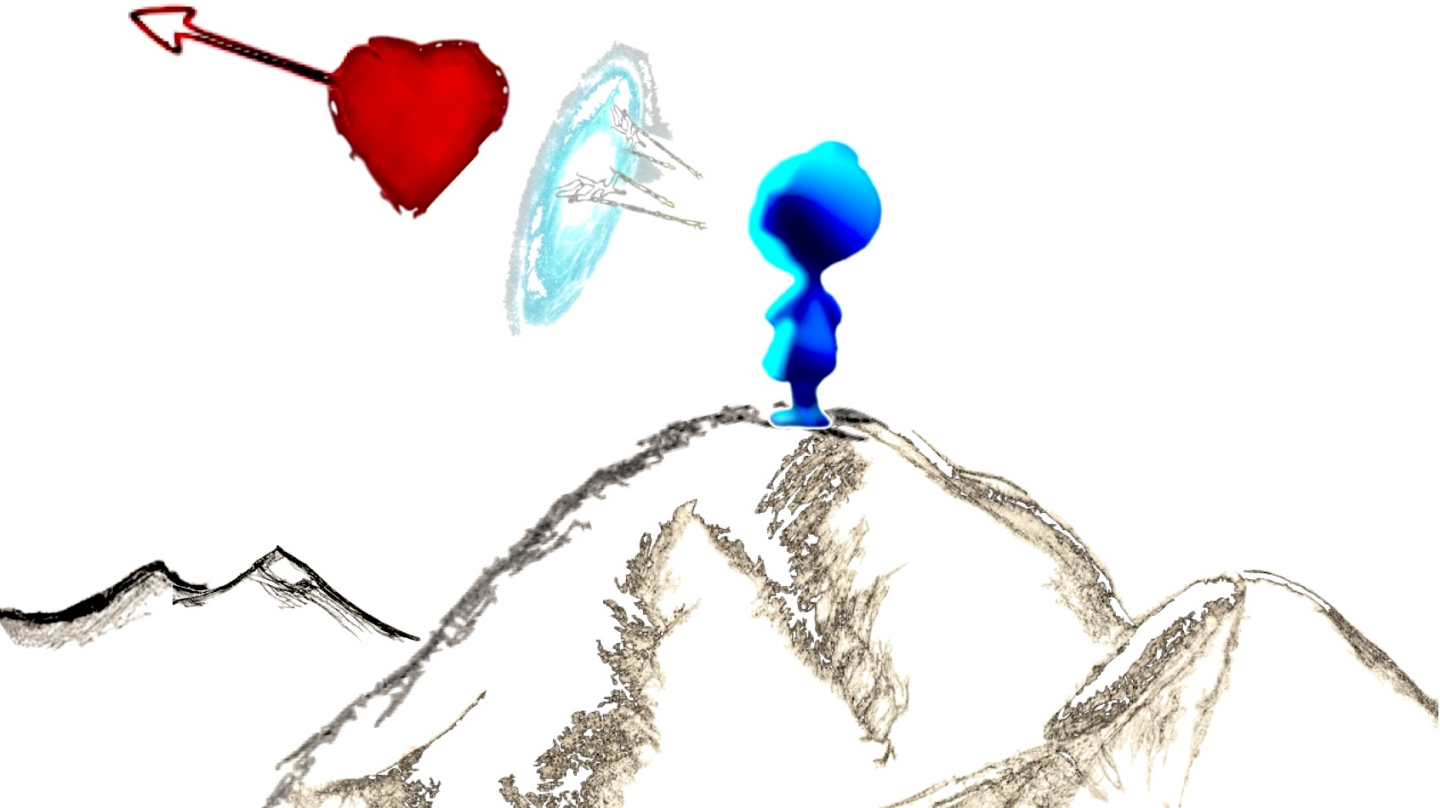
WHEN YOU START TO FEEL THE TRANSFORMATION HAPPENING INSIDE OF YOU

GIVE INFINITE LOVE

LOVE WITH ALL YOUR HEART AND MIGHT

LOVE EVERYONE AND EVERYTHING

FOREVER AND EVER



GET INFINITE LOVE

LOVE MAKES YOU MIGHTY

YOU ARE FINALLY HERE

YOU HAVE ARRIVED TO YOUR DESTINATION

FIND OUT WHO YOU REALLY ARE

THE ANSWERS YOU SEEK ARE INSIDE YOU

WHEN WILL YOU BEGIN THE INFINITE JOURNEY INTO YOURSELF?

WHO AM I?

BECOME WHO YOU ARE MEANT TO BE

FIND YOURSELF

THE PATH TO DISCOVERING YOUR IDENTITY STARTS WITH RESTORING YOUR CONNECTION TO

YOUR TRUE SELF

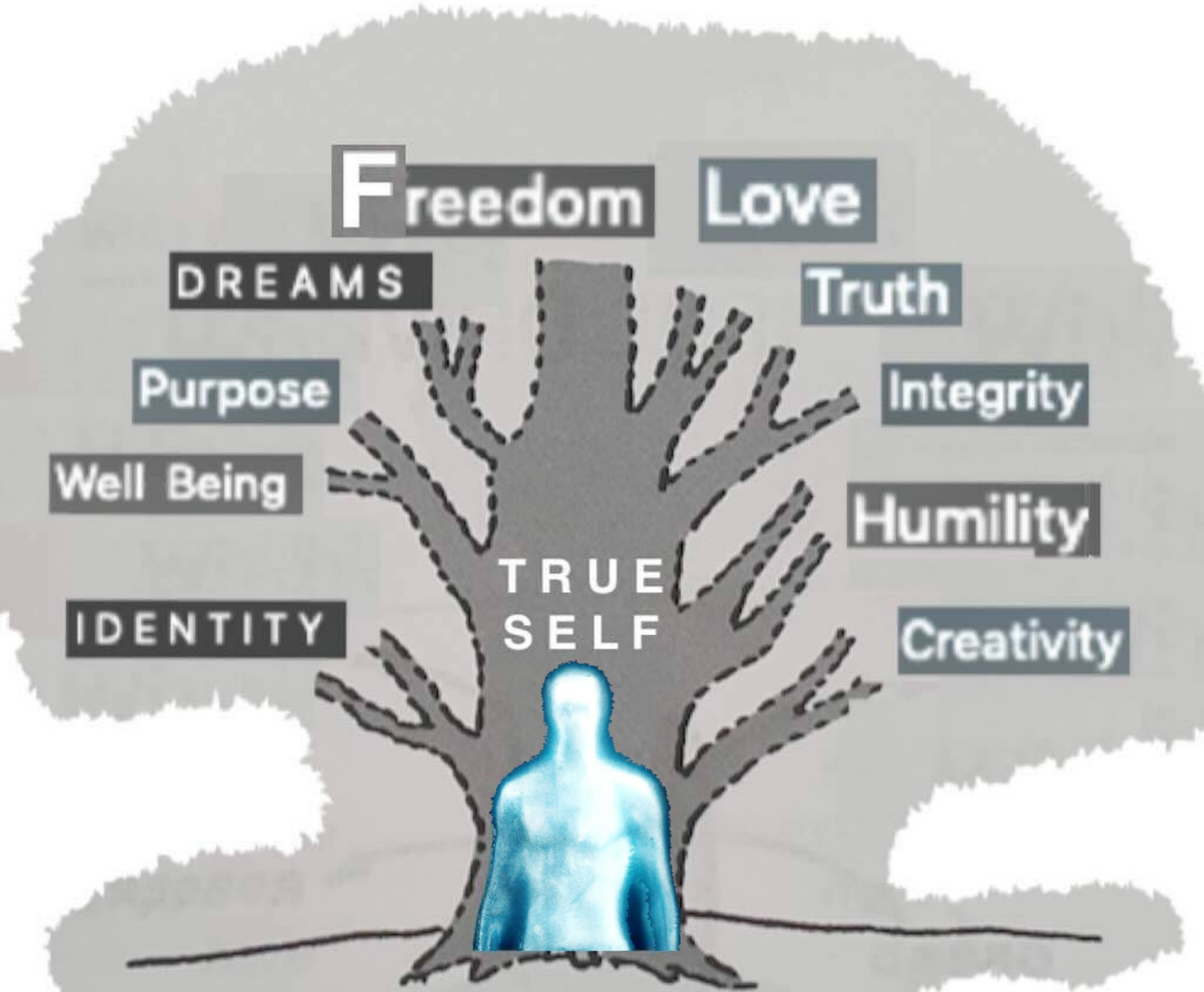
SELF LOVE PLAYS A CRUCIAL ROLE IN YOUR LIFE

LOVING YOURSELF IS THE FOUNDATION OF TRUE SELF

LOVE YOURSELF

FOLLOW YOUR HEART

Infinite Potential within



LOVE WITH ALL YOUR HEART AND MIGHT

WHAT YOU LOVE TELLS YOU WHO YOU ARE

DO THE THINGS YOU LOVE SO YOU ARE ALWAYS LOVING

YOU KNOW WHAT THEY ARE BECAUSE YOU FEEL GREAT

YOU SMILE, GIGGLE, LAUGH WHEN DOING THESE THINGS

YOUR BODY FEELS AMAZING AND YOU KNOW YOU ARE RIGHT

LISTEN TO THE SIGNS AND SIGNALS OF YOUR HEART

YOUR HEARTBEAT IS ALWAYS RIGHT

THE HEART GIVES YOU LIFE SO YOU CAN LOVE LIFE

WHEN YOU LOVE LIFE, LIFE LOVES YOU

WE LIVE TO LOVE AND WE LOVE TO LIVE

OUR PURPOSE IS TO LOVE OURSELVES SO WE CAN LOVE ALL

LEARN TO LOVE YOURSELF by understanding your true self and developing your identity

VALUE YOURSELF VALUE THE DECISIONS YOU MAKE VALUE THE ACTIONS YOU TAKE

VALUE YOUR WORK AND THE REASONS WHY YOU DO IT

THESE REASONS ULTIMATELY LEAD TO LOVING YOURSELF

WHEN YOU MAP OUT YOUR STORY IT MUST FEEL RIGHT

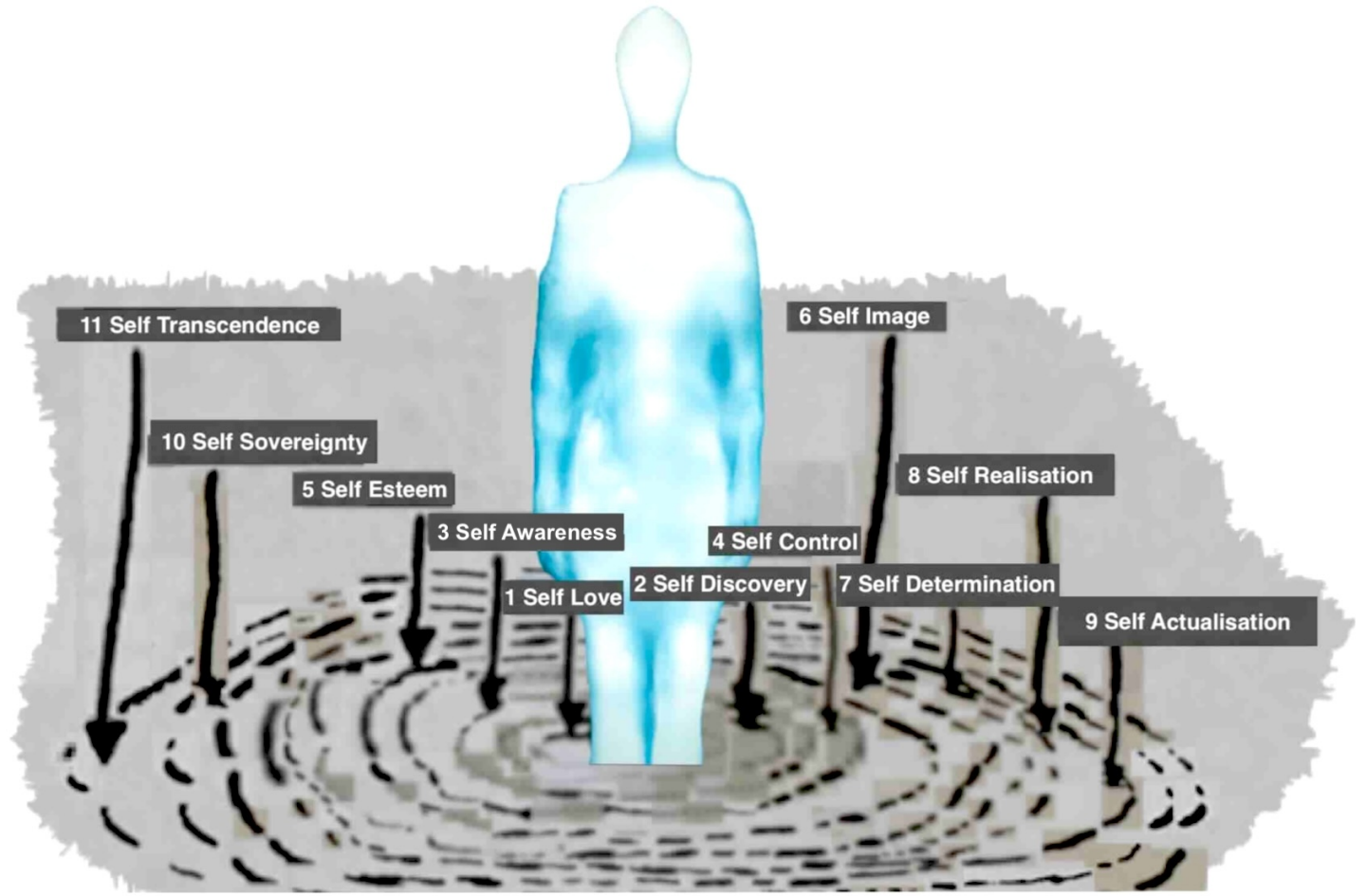
YOU MUST MAKE ADJUSTMENTS UNTIL YOUR STORY MAKES SENSE

WHEN YOUR STORY FEELS RIGHT THE ACTIONS YOU TAKE

SYNC UP WITH YOUR TRUE SELF AND PURPOSE IS WITHIN REACH

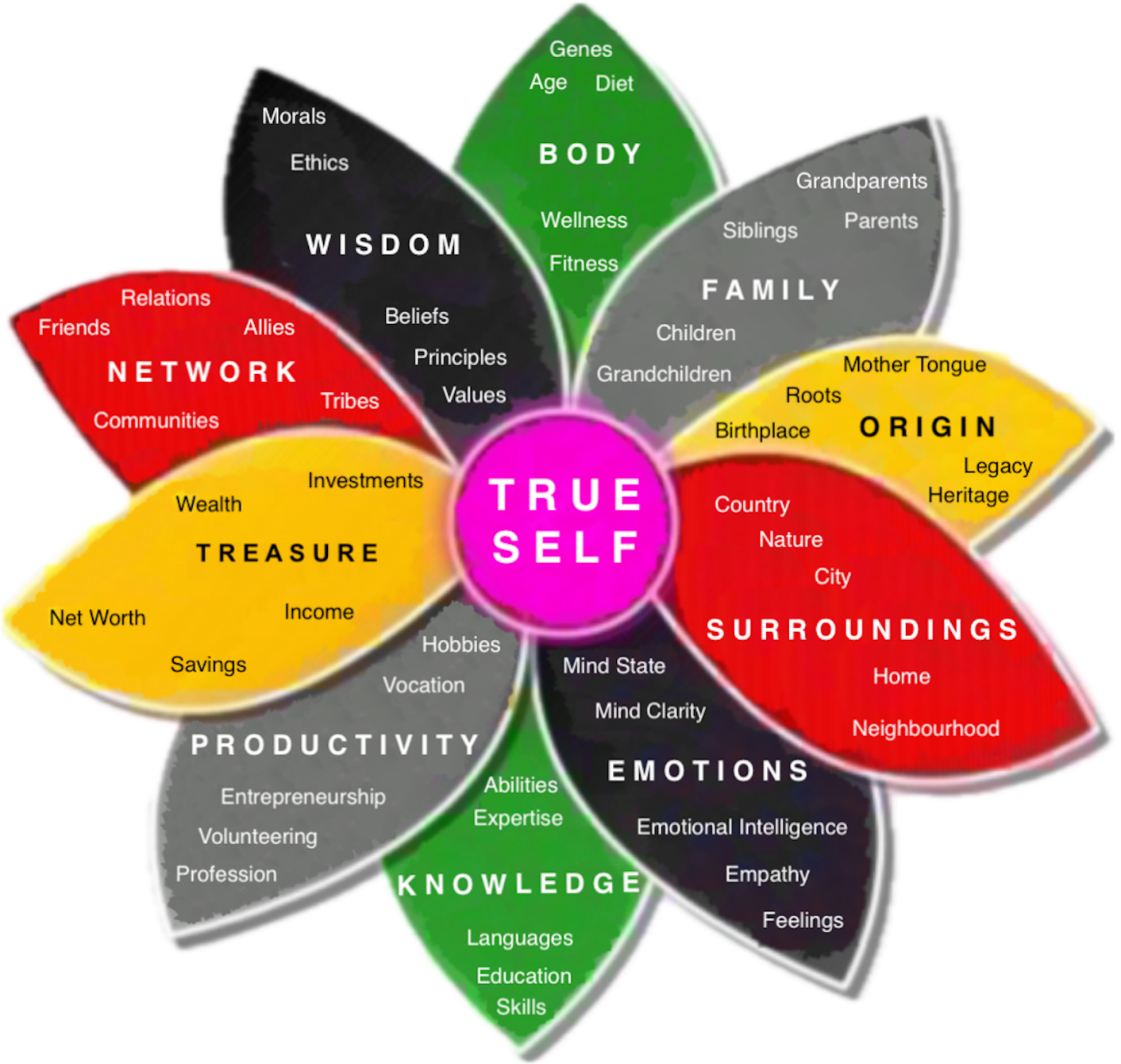
YOUR boundaries are always clear you must DEFINE your

TRUE SELF BOUNDARIES



INFINITE ENERGY FIELD

TRUE SELF DIMENSIONS



INFINITE IDENTITY

IDENTITY

TRUE SELF

GROWTH

LEARNING

IDENTITY

TRUE SELF

GROWTH

LEARNING

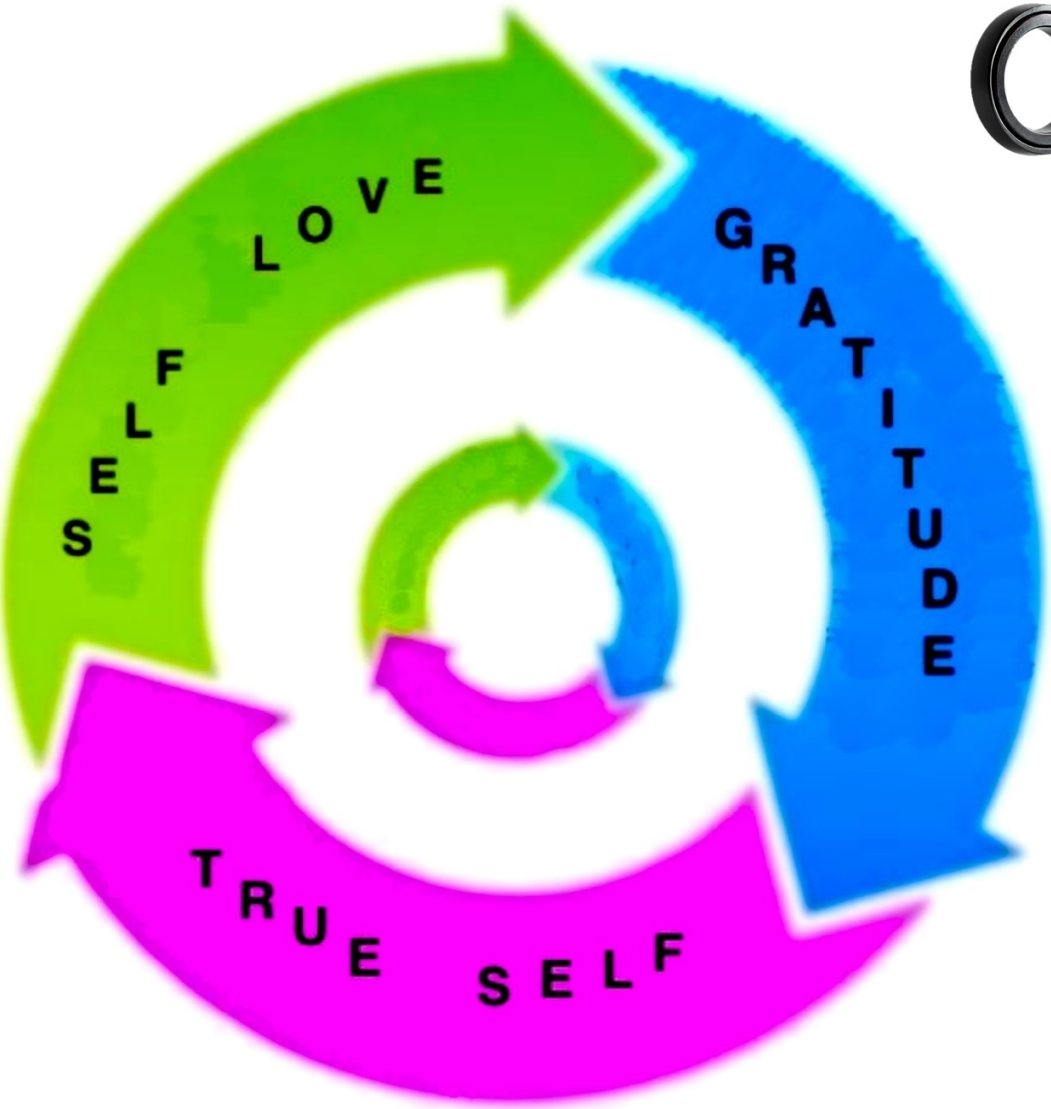
IDENTITY

TRUE SELF

GROWTH

LEARNING

INFINITE CYCLE

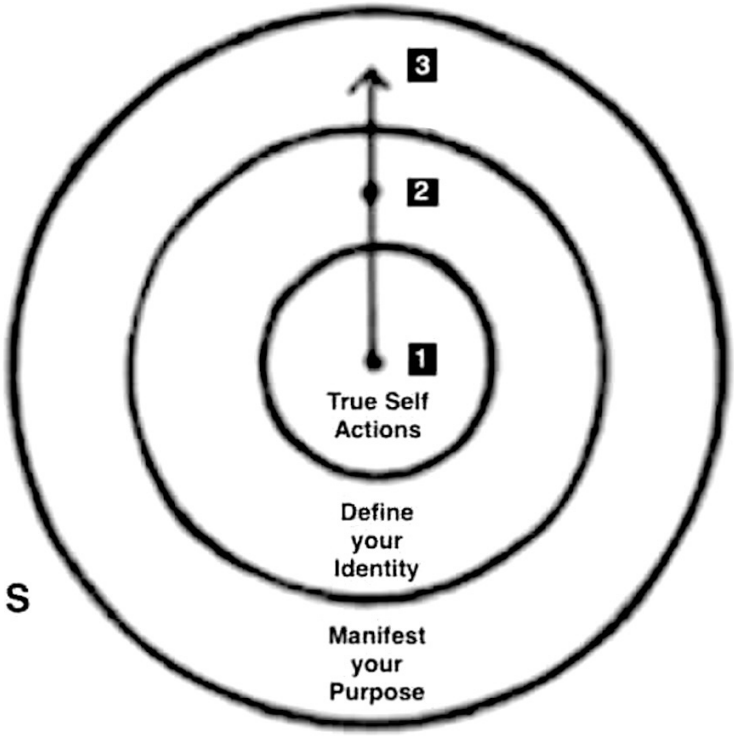


IDENTITY DRIVEN PURPOSE

YOUR ACTIONS AND DECISIONS DEFINE YOU

THIS IS WHY YOUR TRUE SELF CLEARLY REFLECTS YOUR IDENTITY

WE CHANGE OUR REALITY BY LOVING OURSELVES



LOVE DRIVES PURPOSEFUL DAILY ACTION

WHO AND WHY

ARE THE KEYS TO MEANING

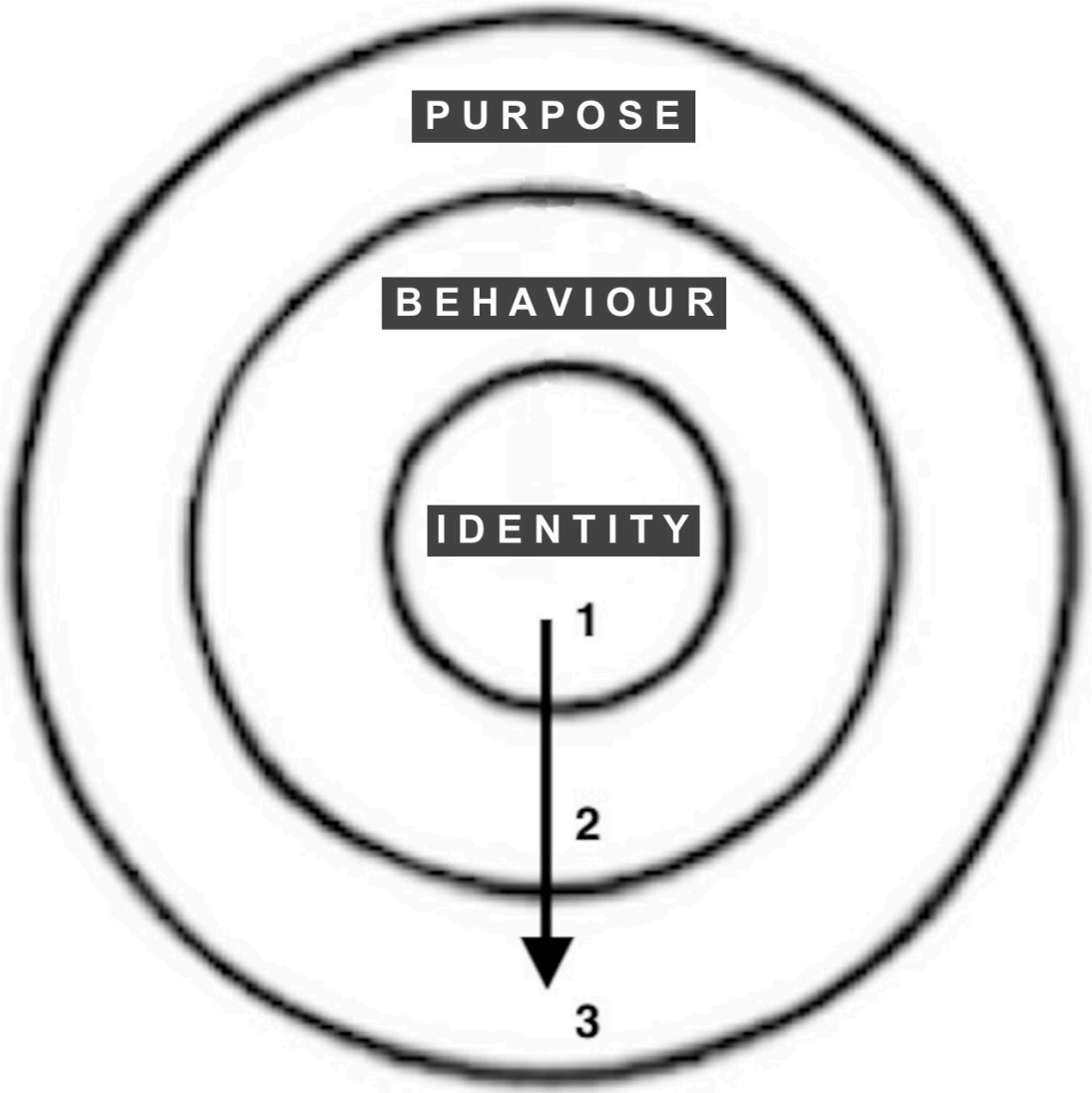
IDENTITY AND PURPOSE

ARE THE ORGANISING AGENTS OF ACTION AND CHANGE

IDENTITY LEADS TO PURPOSE AND PURPOSE STRENGTHENS YOUR IDENTITY

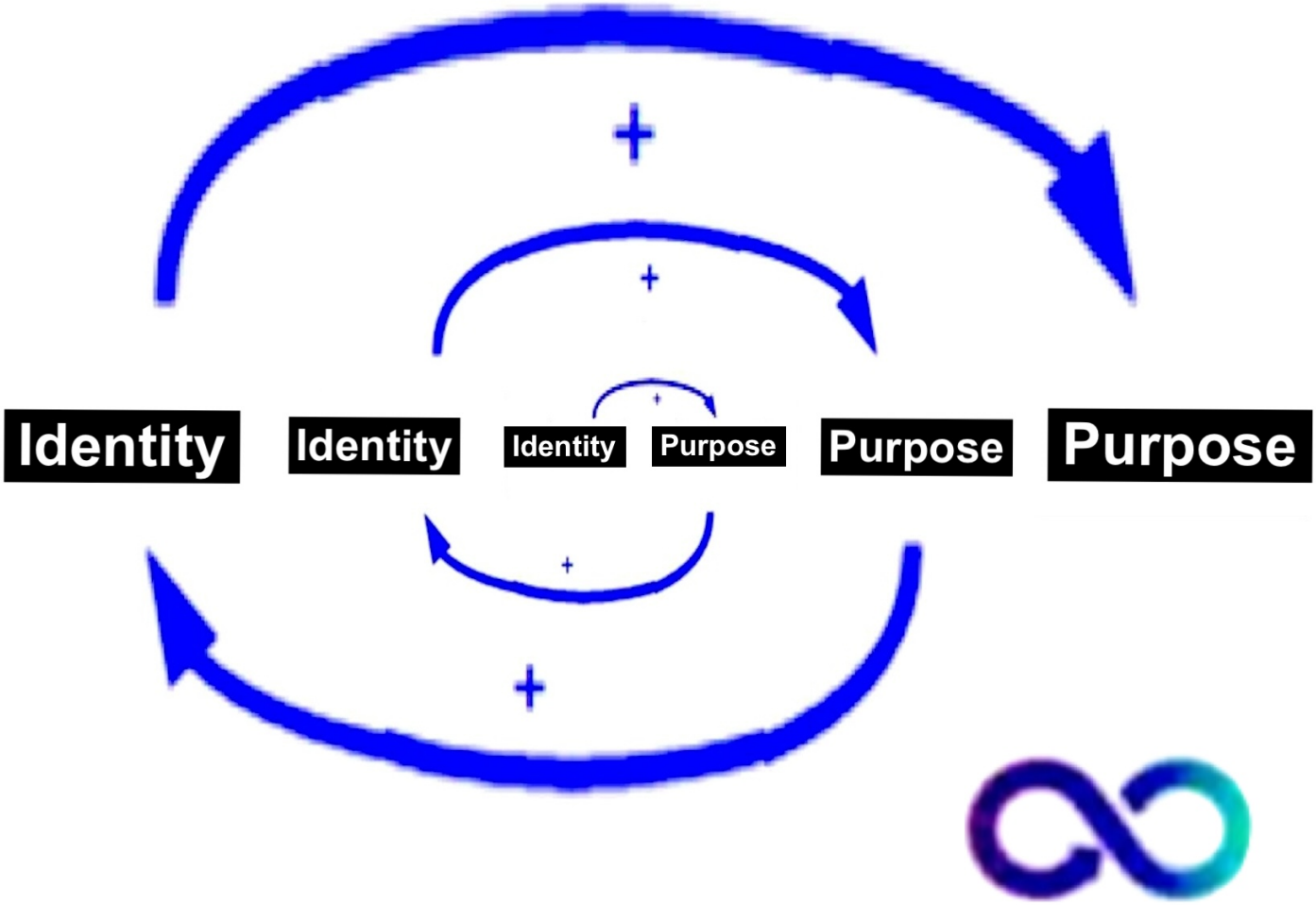
THIS IS AN INFINITE CYCLE

IDENTITY BASED PURPOSE



IDENTITY DRIVES PURPOSEFUL BEHAVIOUR

INFINITE EVOLUTION



ACTIONS DEFINE US...

THIS IS THE WAY!

NO MORE, NO LESS

YOU ARE WHAT YOU DO...

AND WHAT YOU DO DEFINES YOU!

THERE IS NO BUTS, NO IFS...

WHAT YOU DO IS WHO YOU ARE!

WHO YOU ARE IS BASED ON YOUR BELIEFS...

BELIEFS ARE FORMED BY YOUR THOUGHTS...

THOUGHTS SHAPE YOUR MINDSET...

AND MINDSET HIGHLIGHTS YOUR VALUES, PRINCIPLES AND INTENTIONS!

YOU ARE THE EMBODIMENT OF YOUR INTENTIONS...

INTENTIONS GUIDE YOUR ACTIONS...

IN A BIG WAY, ACTIONS ARE CUES TO YOUR PERSONALITY!

THE SIGNS AND SIGNALS OF WHAT IT IS BENEATH THE SURFACE...

WHAT YOU SEE, HEAR AND FEEL ARE THE INDICATORS...

STRONG SIGNALS AMONG NOISE...

THE SOURCE OF YOUR TRUE SELF!

NO MORE, NO LESS

PURPOSE IS THE ULTIMATE GOAL

PURPOSE GIVES YOUR LIFE MEANING

A JOURNEY OF SELF DISCOVERY LEADS TO A TOTAL

TRANSFORMATION

BE PURPOSEFUL EACH STEP OF THE WAY

PURPOSE SETS THE STRATEGY AND THE AGENDA

Harmonising Goals HERE AND NOW brings about Purpose

WHY AM I HERE FOR? = PURPOSE

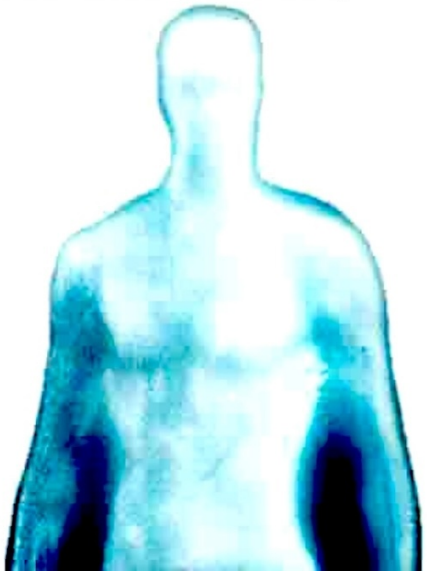
PURPOSE CONNECTS AND GUIDES US

PURPOSE DEFINES AND DRIVES US

MEANING

PURPOSE

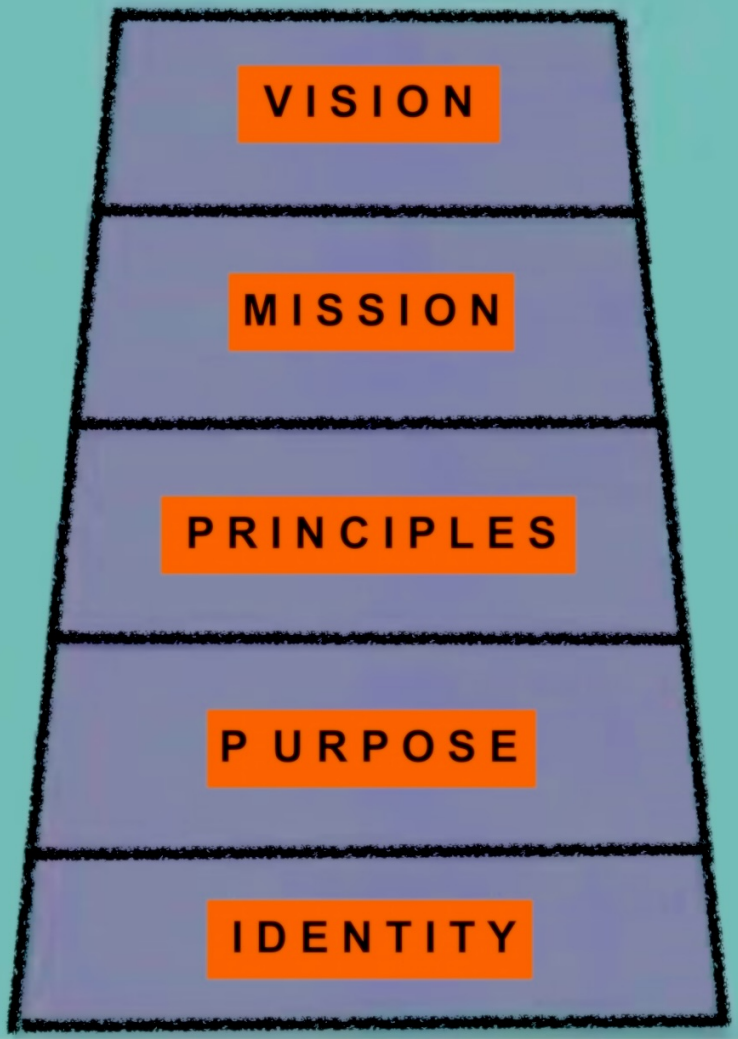
ACTION



PURPOSE

KNOWING THE REASON WHY YOU EXIST AND TAKING ACTION HERE AND NOW TO ADVANCE YOUR AGENDA

PURPOSE LED STRATEGY



WHEN AND WHERE YOU DO IT

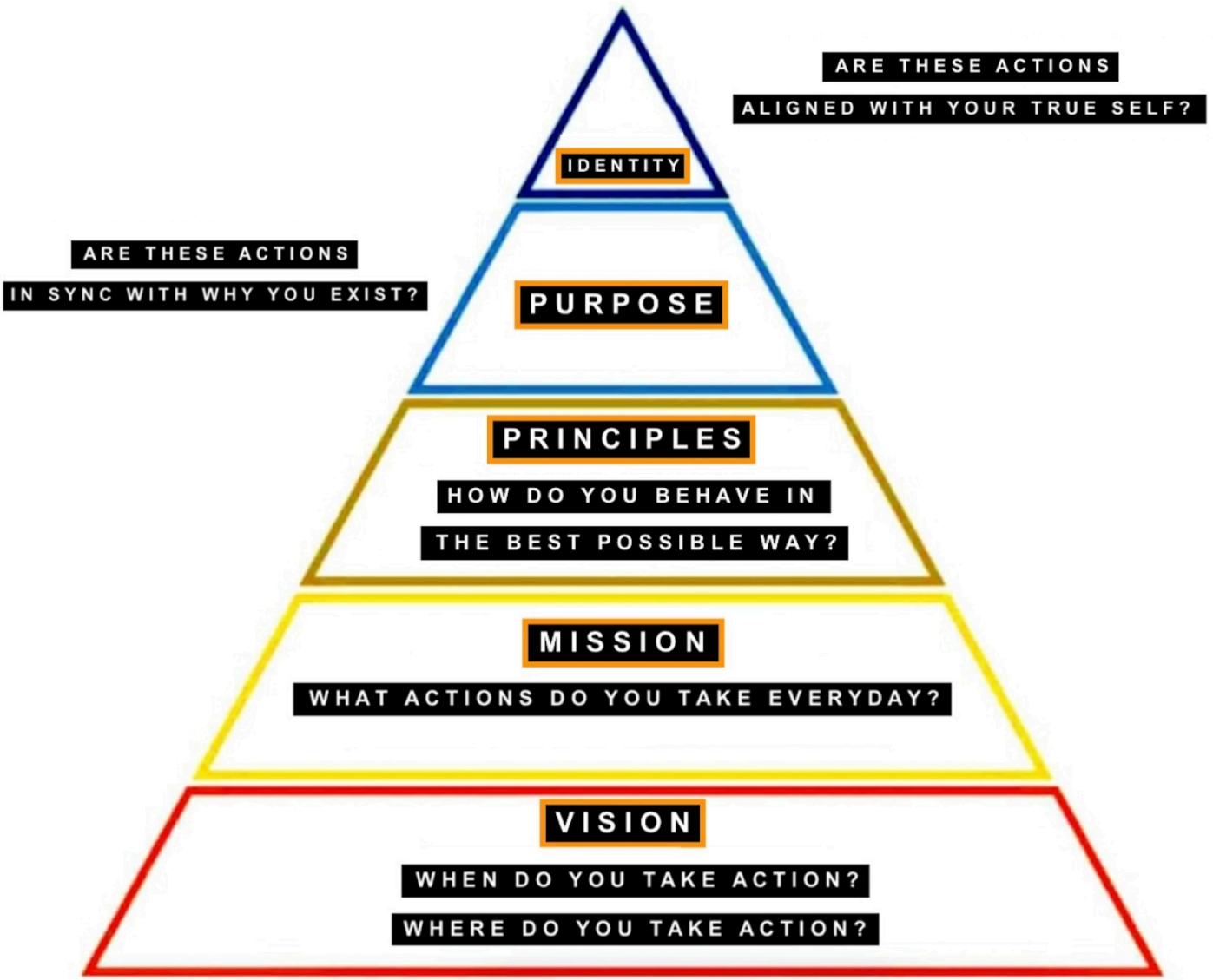
WHAT YOU DO

HOW YOU BEHAVE

THE REASON WHY YOU EXIST

WHO YOU ARE

PEAK EXPERIENCE



VISION DRIVES THE MISSION

IDENTITY + PURPOSE = STRATEGY

PURPOSELESS STRATEGY

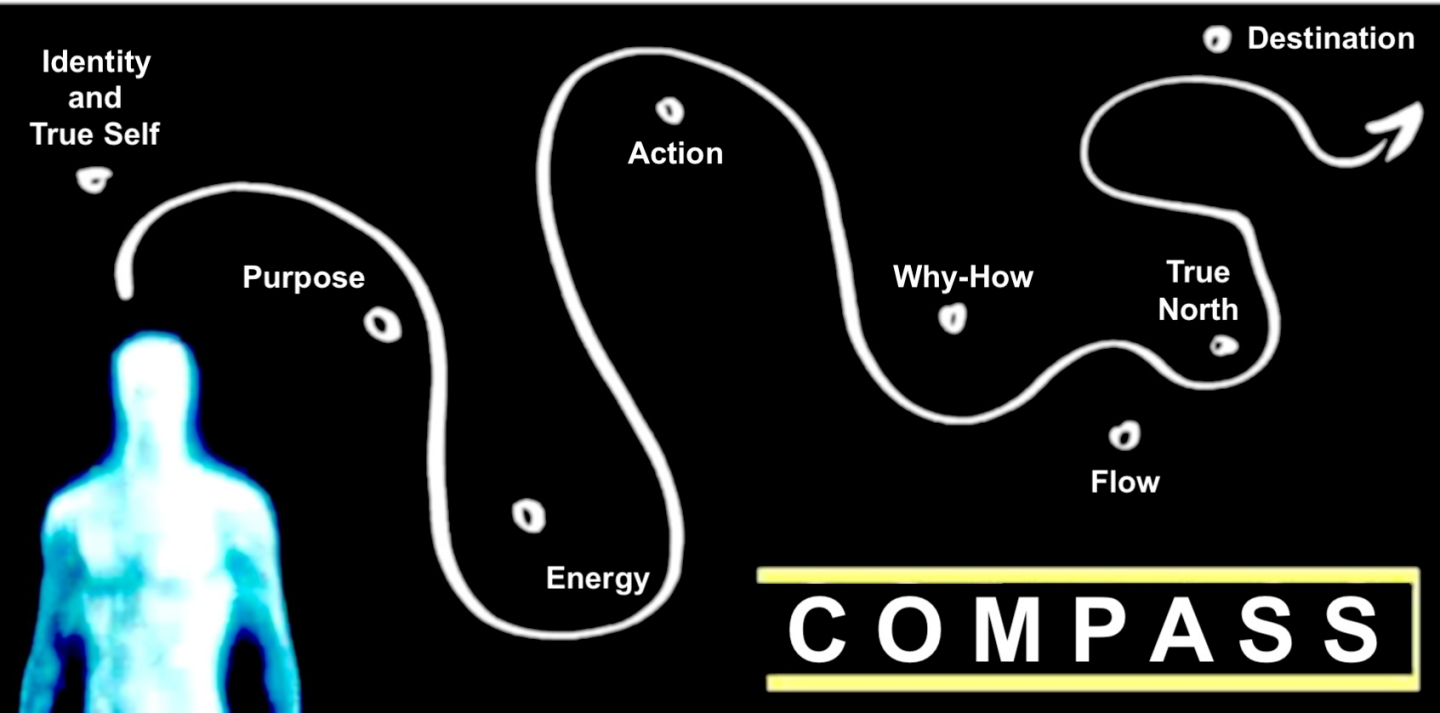
WASTEFUL ACTIONS

WRONG WAY

PURPOSEFUL STRATEGY

PRACTICAL ACTIONS

YOUR WAY



PURPOSE EMPOWERS YOU TO MAKE PROGRESS

TAKING ACTION IS THE BEST THING YOU CAN DO FOR YOURSELF IT DOES NOT MATTER HOW SMALL THE ACTION, AS LONG AS YOU KEEP MOVING YOU ARE MAKING PROGRESS, YOU ARE WINNING IN THE GAME OF LIFE. SMALL STEPS TOWARD A PLACE YOU THINK IS GOOD WILL UNDOUBTEDLY MAKE YOU FEEL GOOD EVERY TINY LITTLE STEP GETS YOU CLOSER TO YOUR GOAL THIS IS GOOD. YOU MUST CELEBRATE THIS. EACH OF THESE SMALL STEPS IS A HUGE WIN. EVERY TINY MOVE FORWARD ADVANCES YOUR POSITION. YOU ARE MAKING PROGRESS THIS IS UNCHARTED TERRITORY. IT IS VERY EXCITING THIS IS NEW FOR YOU. YOU HAVE NEVER BEEN HERE BEFORE YOU ARE CURIOUS TO FIND OUT WHAT LIES AHEAD. THIS IS A THRILLING FEELING THAT MAKES YOU FEEL POSITIVE ABOUT THE FUTURE. IT MAKES YOU FEEL GOOD ABOUT YOURSELF EVERY NEW STEP FEELS DIFFERENT. YOU ARE IN AN ADVENTURE OF YOUR OWN MAKING. IT HAS BEEN YOU ALL ALONG. YOU TOOK THE FIRST STEP. YOU WALKED INTO THE UNKNOWN AND IT WAS NOT SCARY. IT IS WITHIN YOUR POWER TO KEEP MOVING FORWARD NOTHING IS STOPPING YOU. IT IS UP TO YOU AND YOU KNOW THIS YOU ARE EMPOWERED TO KEEP GOING. STEP BY STEP. BOLDER MORE CONFIDENT. YOU HAVE NOTICED THE CHANGE. A NEW DIRECTION YOU HAVE A SENSE OF PURPOSE. A FORCE THAT GUIDES YOU. A VOICE YOU TRUST. YOUR OWN VOICE TELLING YOU TO KEEP GOING. YOU SEE YOURSELF IN A NEW WAY. NOW YOU KNOW THAT YOU CAN GET IT DONE YOU REALISED HOW FAR YOU HAVE COME. CONGRATULATE YOURSELF YOUR LIFE DREAMS HAVE BECOME YOUR REALITY. KEEP GOING

PURPOSE IS A SIGNAL AMONG NOISE...

PURPOSE SHOWS YOU THE WAY...

PURPOSE GIVES YOU DIRECTIONS...

PURPOSE GUIDES YOUR STEPS!

NO MORE, NO LESS

PURPOSE IS A POWERFUL MOTIVATOR...

PURPOSE TAPS INTO YOUR DREAMS ...

PURPOSE GIVES YOU A VISION...

PURPOSE MAKES YOU FOCUS ON WHAT MATTERS!

NO MORE, NO LESS

FOREVER JOURNEY

THE PURPOSE DRIVEN LIFE

HUMANS ARE A PURPOSE DRIVEN SPECIES

WE ARE BUILT FOR PURPOSE

WE SUCCEED WITH PURPOSE

WE ARE PURPOSEFULLY BUILT

THAT IS OUR PURPOSE

A PURPOSEFUL LIFE FEELS LIKE

WAKING UP WITH A CLEAR SENSE OF WHY YOUR DAY MATTERS

PURPOSE IS LIKE DNA

UNIQUE TO YOURSELF

WE ALL HAVE A PURPOSE

A REASON TO BE

A SOURCE OF INSPIRATION

YOU MUST BE OF SERVICE TO YOUR PURPOSE

WHEN YOU FOCUS ON WHAT YOU CAN CONTROL

YOU START LIVING ON PURPOSE

STAY THE COURSE

FULFILL YOUR DREAMS

TAKE ACTION HERE AND NOW

THE QUEST FOR INFINITE FREE WILL

FREE WILL GIVES US THE FREEDOM TO BE

FREEDOM GIVES US THE LIBERTY TO BE SKILLED

SKILLS ARE NEEDED TO CARRY OUT OUR CALLING

A CALLING IS AN OPPORTUNITY TO BE YOURSELF

AN OPPORTUNITY DEMANDS TAKING DAILY ACTION

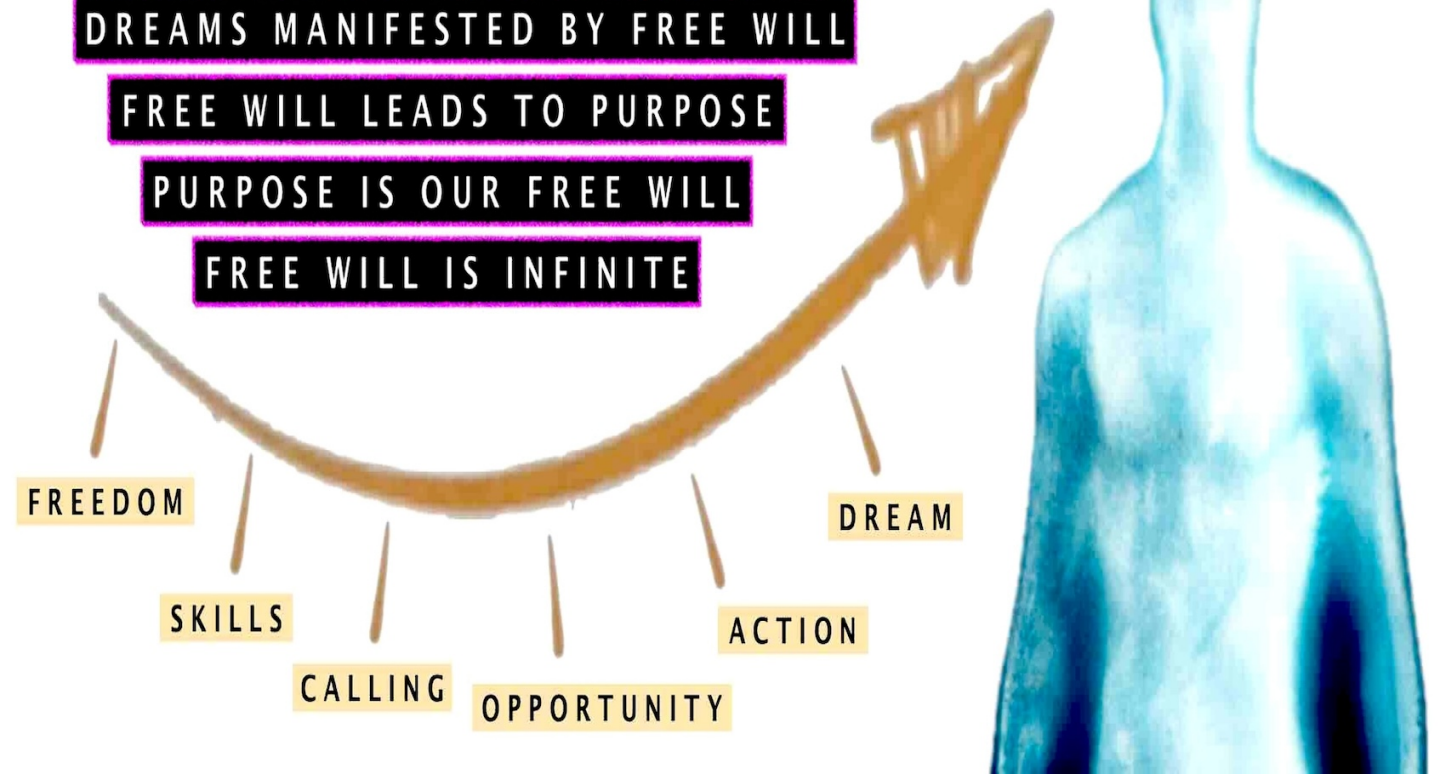
TAKING ACTION MAKES DREAMS REAL

DREAMS MANIFESTED BY FREE WILL

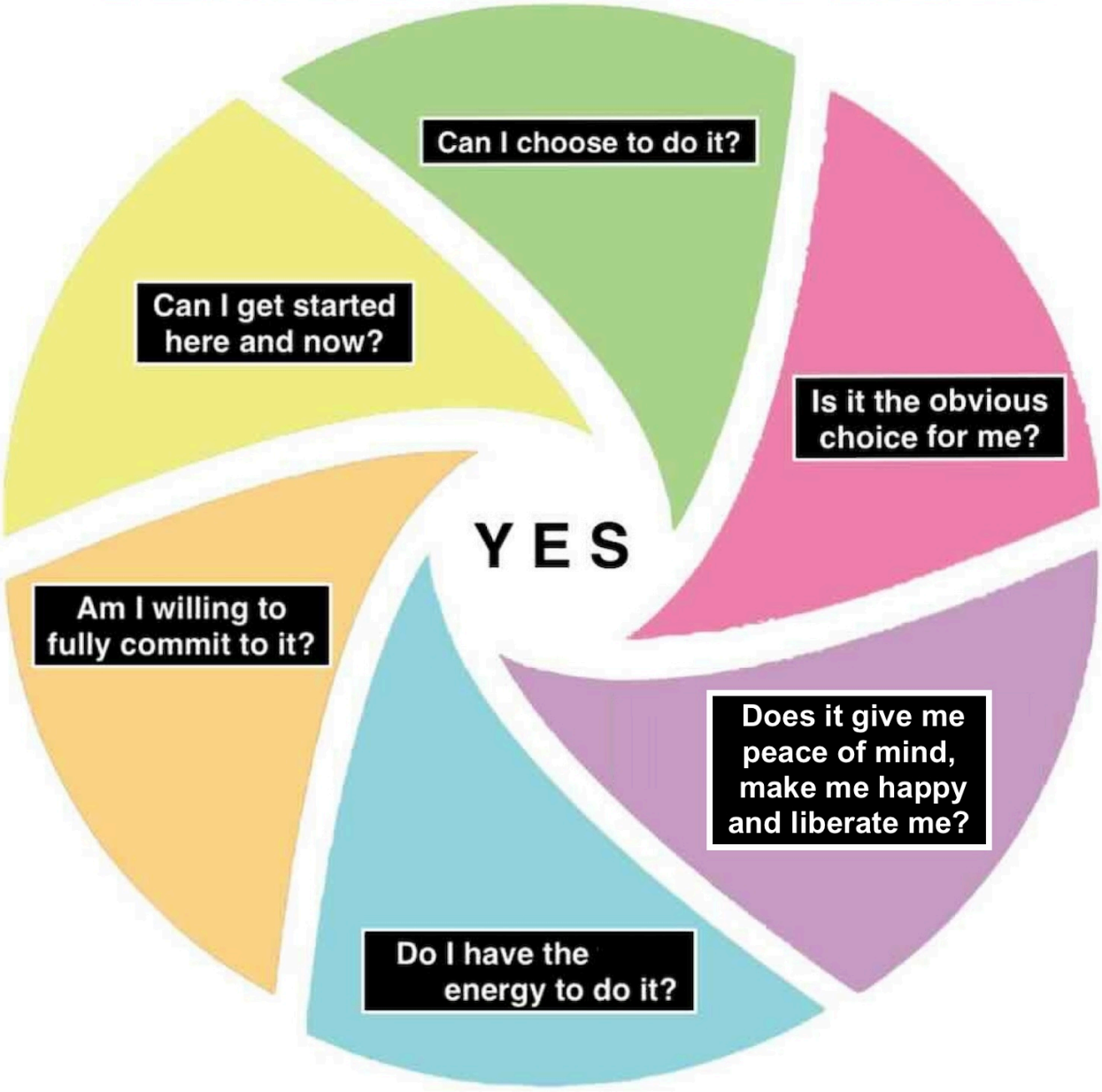
FREE WILL LEADS TO PURPOSE

PURPOSE IS OUR FREE WILL

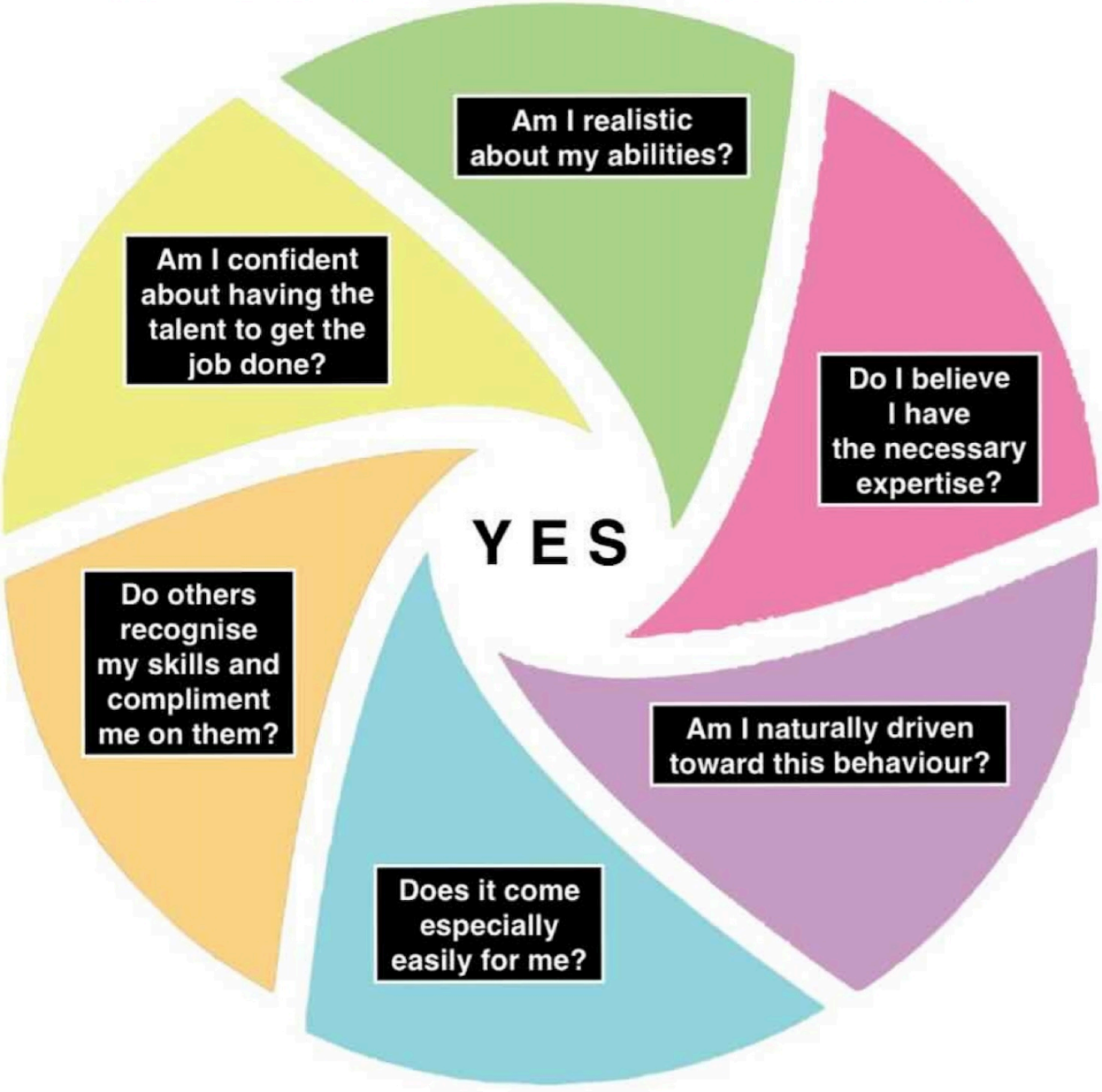
FREE WILL IS INFINITE



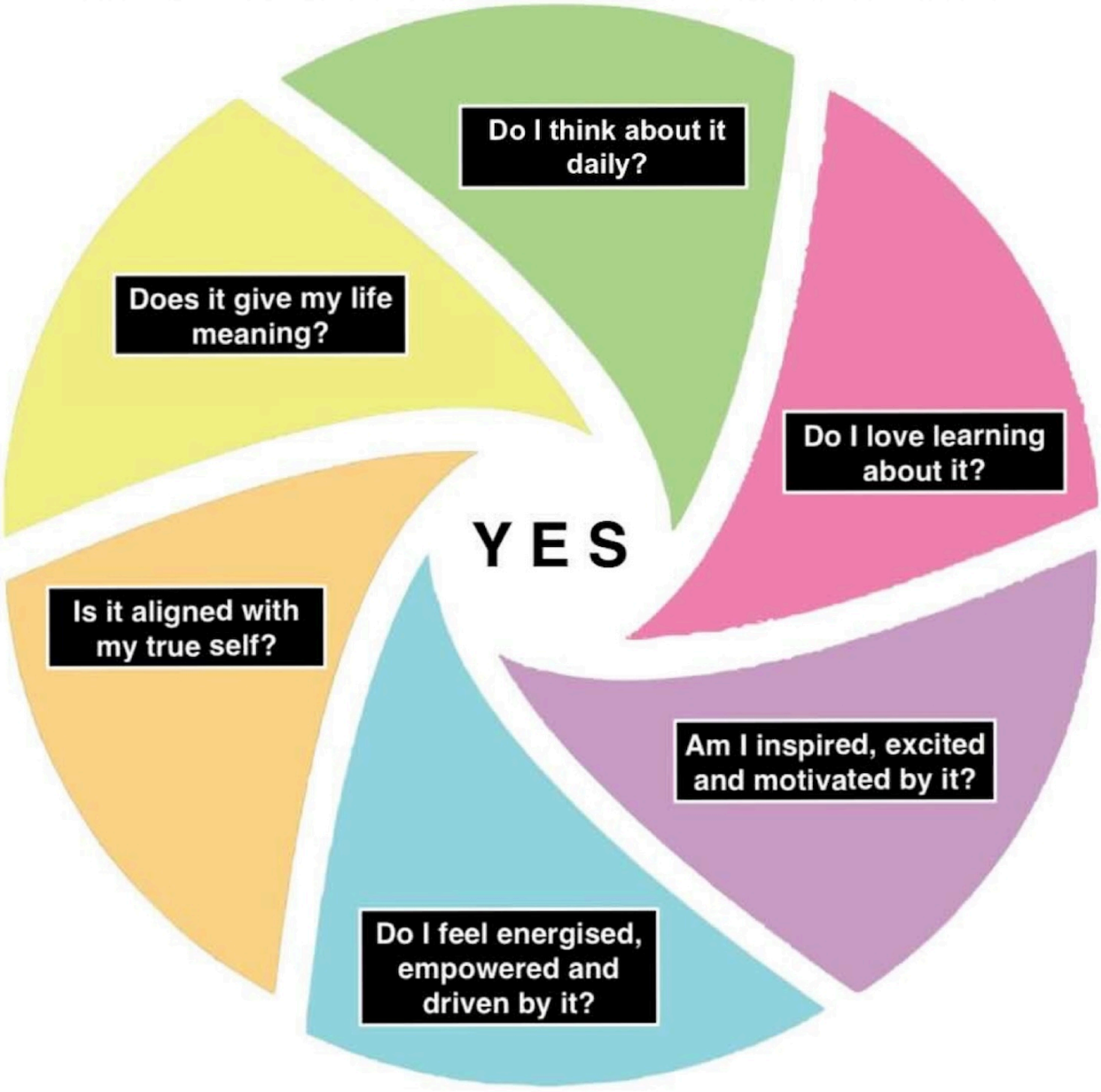
REAL FREEDOM SIGNS



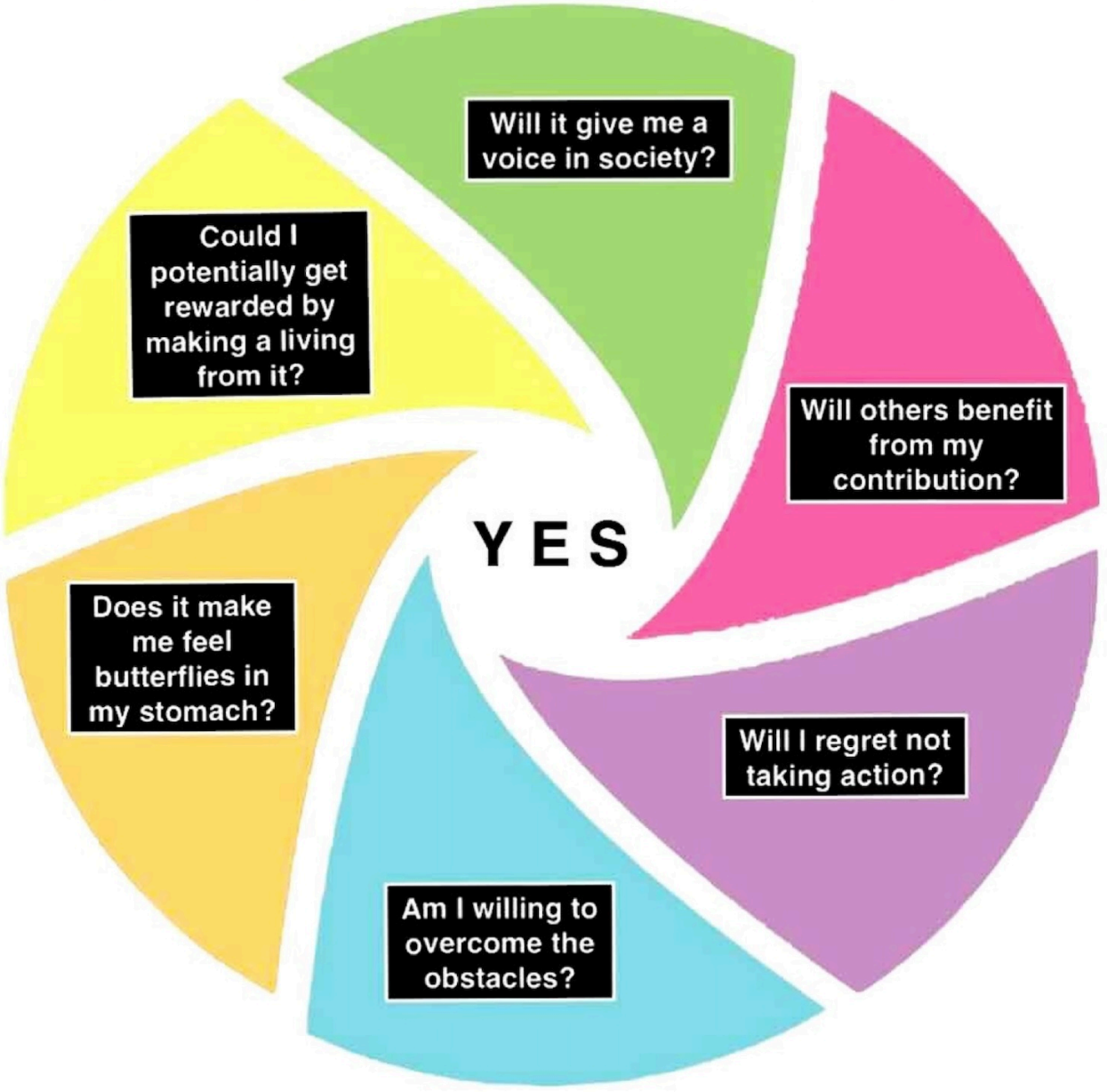
REAL SKILLS SIGNS



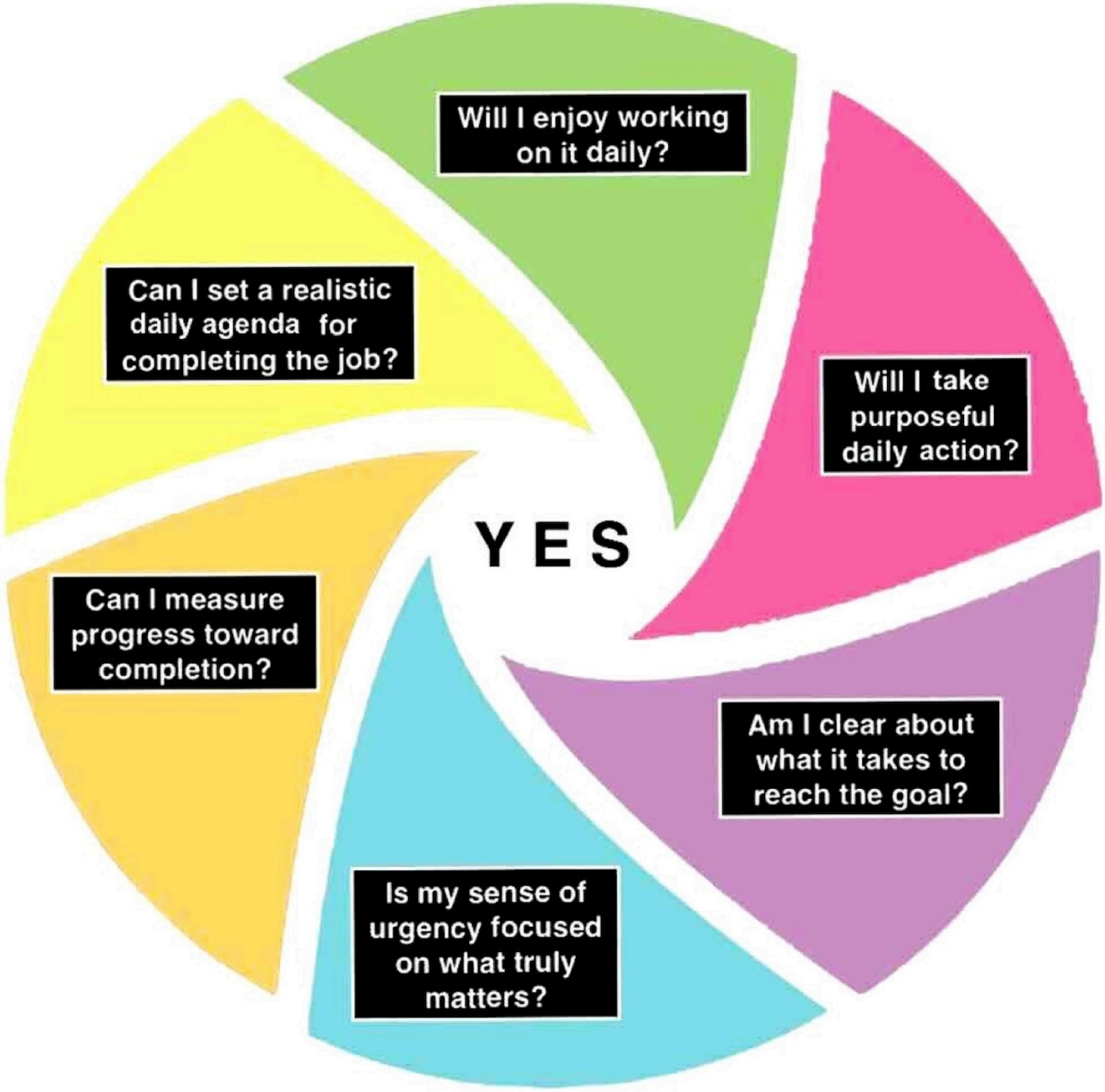
REAL CALLING SIGNS



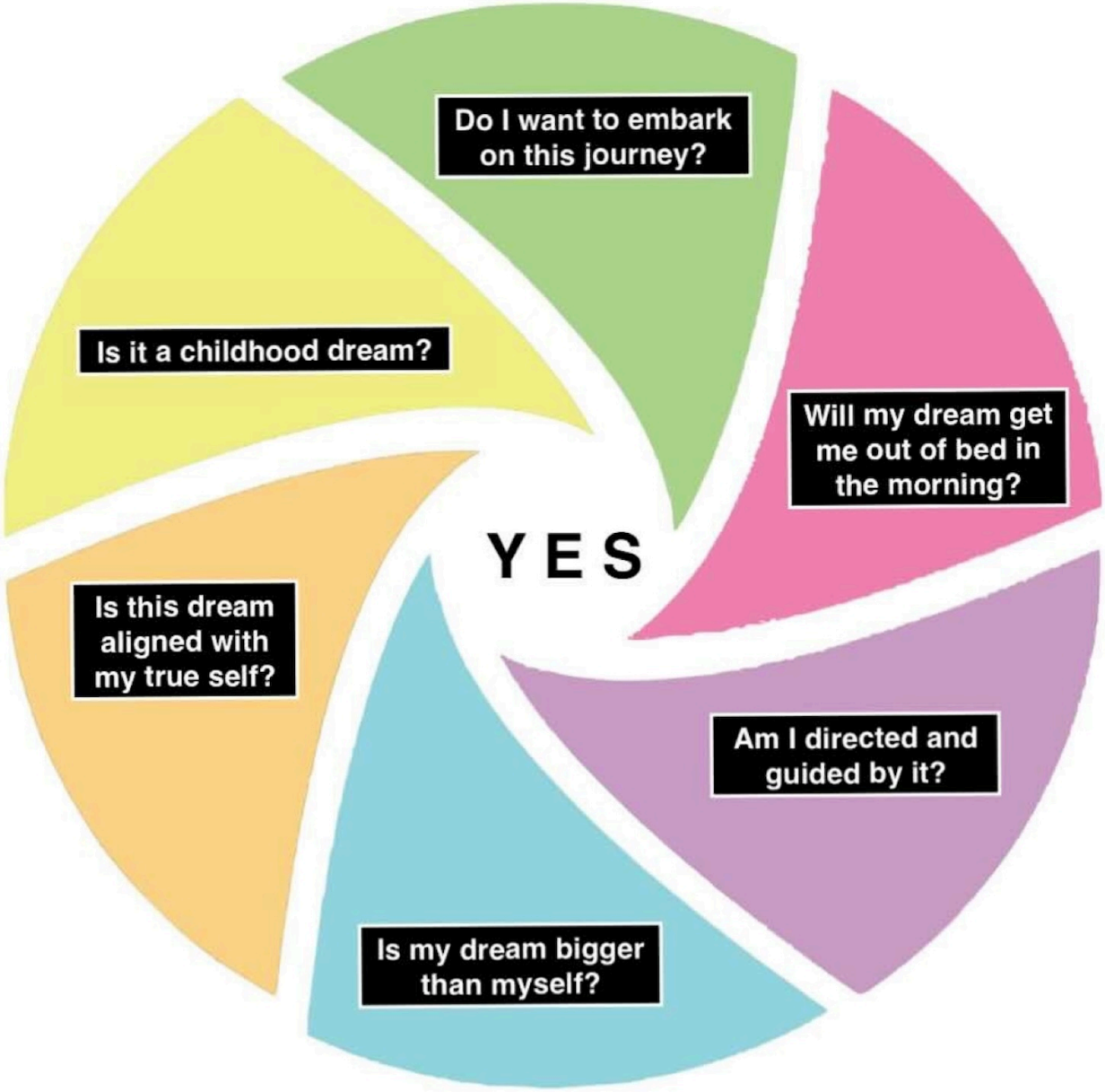
REAL OPPORTUNITY SIGNS



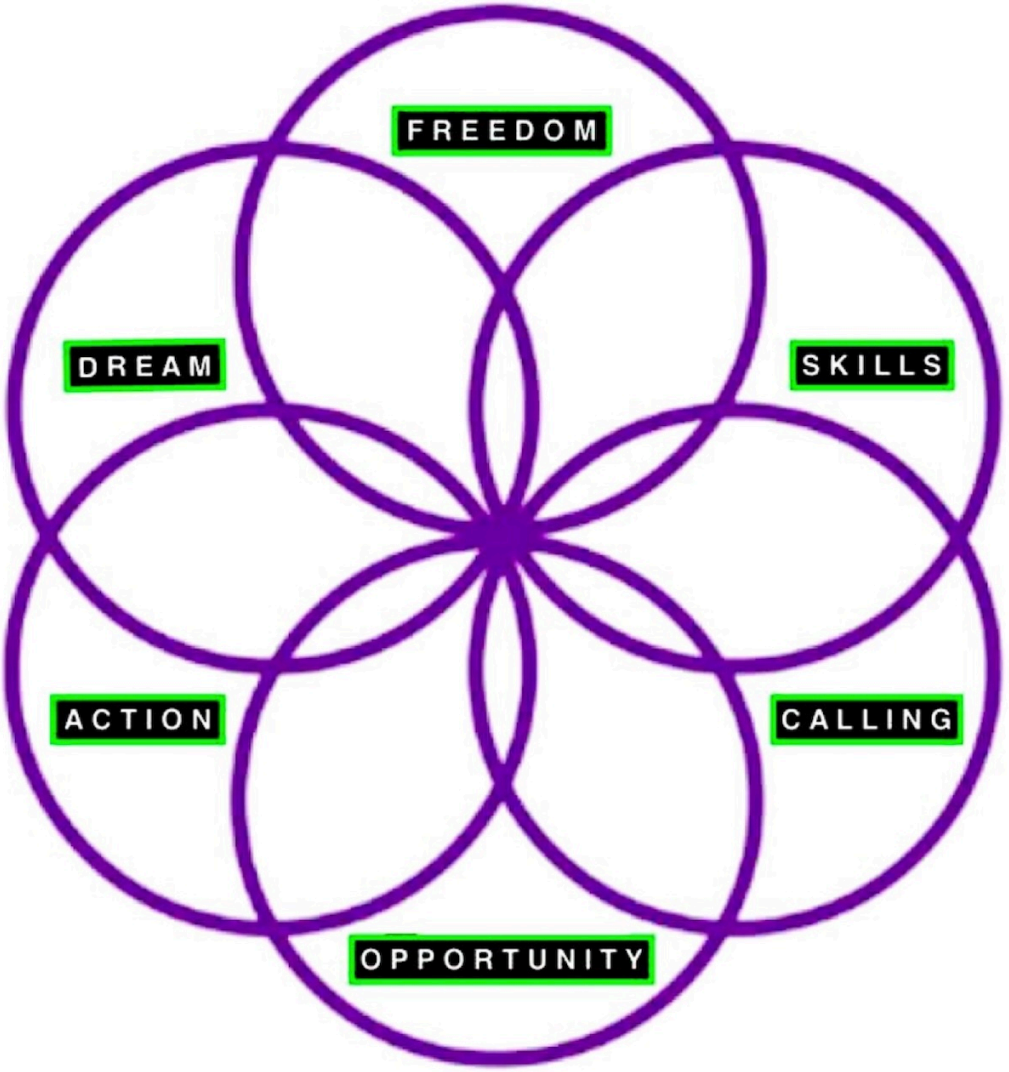
REAL ACTION SIGNS



REAL DREAM SIGNS



THE FLOWER OF PURPOSE



INFINITE PURPOSE

PURPOSE

ACTION

GROWTH

RESULTS

PURPOSE

ACTION

GROWTH

RESULTS

ACTION

GROWTH

RESULTS

A path of purpose:

1. FIND SOMETHING YOU CARE ABOUT THAT NEEDS FIXING
2. IT REQUIRES A MASSIVE EFFORT ON YOUR PART
3. YOU MUST LEARN NEW SKILLS IN THE PROCESS
4. MAKE YOUR CONTRIBUTION TO FIX IT
5. YOU MUST STAY IN THE GAME AND SEE IT THROUGH
6. ACCOMPLISH THE MISSION
7. CELEBRATE YOUR WIN
8. REFLECT ON YOUR SUCCESS

COMPASS AND SUNDIAL EMPOWER YOU TO MAP OUT UNCHARTED TERRITORY

THE QUEST IS UP TO YOU

YOUR LIFE, YOUR PATH, YOUR PURPOSE, YOUR DESTINATION

EVERY EXPERIENCE IS A MENTOR

A MEANINGFUL LIFE FORGED BY PURPOSEFUL BEHAVIOR

YOU ARE THE MASTER OF YOUR FATE

Happiness is our natural state of being

If you think this isn't true, just look at children at play.

They're always smiling, laughing and having great fun

Do you really think children are faking it out because you're watching over?

SIGNS YOU HAVE A PURPOSE:

1. PEOPLE SEE IT IN YOU AND TELL YOU ABOUT IT
2. IT'S CHALLENGING AND HARD TO DO AND STILL IT'S SECOND NATURE TO YOU
3. YOU INVEST ENORMOUS AMOUNTS OF ENERGY PURSUING THIS CALLING
4. IT'S BIGGER THAN YOURSELF AND STILL YOU CAN FULFILL IT ON YOUR OWN

PURPOSE IS SOMETHING YOU KEEP CREATING

LIVE IN SERVICE OF YOUR PURPOSE

YOU ARE YOUR DESTINATION

THE MORE YOU LEARN THE LESS YOU KNOW

HUMAN NATURE AND CONDITIONS

INSPIRE AND NURTURE

THE HUMAN EXPERIENCE

CONFLUENCE = DESTINATION

EARN YOUR TOYS

BOUNDLESS ABUNDANCE

ENDLESS PROSPERITY

LEADING BY EXAMPLE

THE MOST SOPHISTICATED LEADERSHIP

BUILD THE FUTURE

YOUR TERMS

BUILD YOUR LIFE AROUND PURPOSE

YOUR PURPOSE BECOMES YOUR LIFE

PURPOSE IS ABOUT SERVING OTHERS

YOUR DESTINATION IS YOUR CHOSEN PURPOSE

YOU FORGE YOUR DESTINATION BY

FINDING PURPOSE AND DISCOVERING WHO YOU ARE

FOLLOW YOUR HEART

stay true to yourself

TRUTH EXPANDS YOUR PURPOSE TO INFINITY

PURPOSE IS AN INFINITE ENERGY SOURCE...

PURPOSE ELECTRIFIES YOU...

PURPOSE ELEVATES YOU...

PURPOSE DRIVES YOU!

NO MORE, NO LESS

PURPOSE POWERS YOU...

PURPOSE KEEPS YOU GOING...

PURPOSE MAKES YOU RELENTLESS...

SO YOU CAN REACH YOUR DESTINATION AND FULFILL YOUR PURPOSE!

NO MORE, NO LESS

WHAT'S THE PURPOSE OF LIFE?

1. FINDING YOUR TRUE SELF
2. LISTENING TO YOUR INNER VOICE
3. DOING WHAT IT SAYS
4. ARRIVING TO YOUR DESTINATION
5. LIVING YOUR DREAMS AND BEING HAPPY
6. REPEATING THIS PROCESS ENDLESSLY

YOUR INNER VOICE IS THE SIGNS AND SIGNALS OF YOUR HEART

LISTEN TO YOUR HEART

FOLLOW YOUR HEART

HEARTFUL FLOW STATES

YOUR INNER VOICE GUIDES YOUR SEARCH

YOUR SEARCH LEADS TO YOUR TRUE SELF

YOUR TRUE SELF DEVELOPS YOUR IDENTITY

YOUR IDENTITY SHAPES YOUR PURPOSE

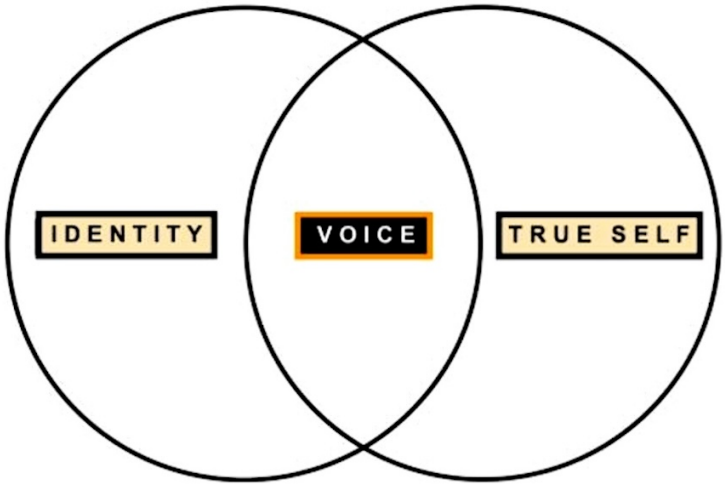
YOUR PURPOSE LEADS TO THE RIGHT JOURNEY

YOUR JOURNEY LEADS TO YOUR DESTINATION

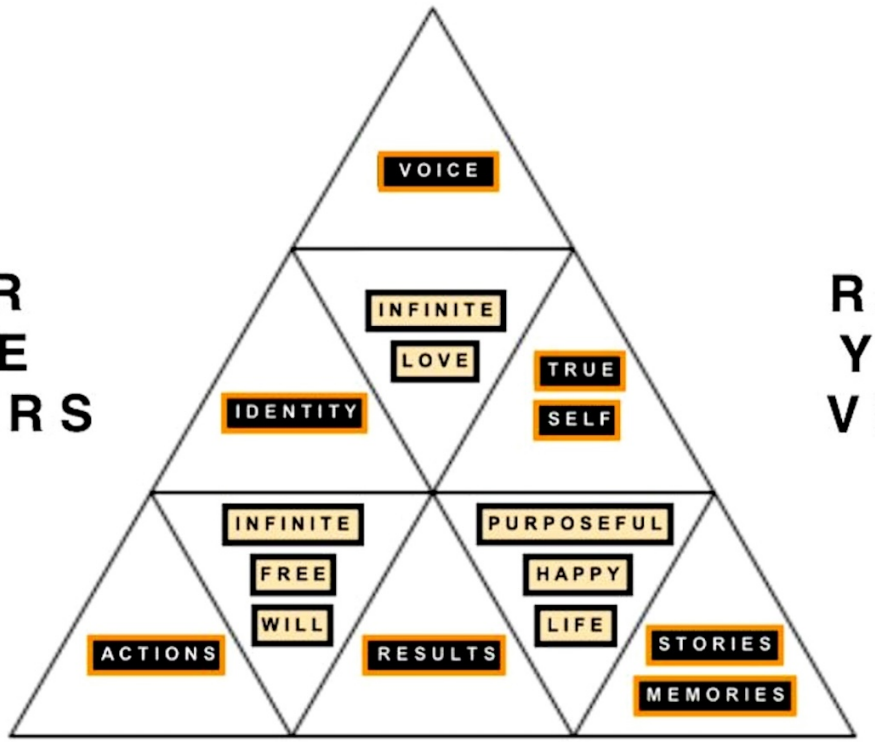
THIS IS THE WAY

INFINITE VOICE POWER

MAKE YOURSELF HEARD



YOUR VOICE MATTERS



RAISE YOUR VOICE

INSIDE OUT TRANSFORMATION

THE DEEPER WE GO INTO OUR MEMORIES...

...THE MORE PROFOUND THE TRANSFORMATION

PAST | PREVIOUS EVENTS

PRESENT | HERE AND NOW

FUTURE | UNFOLDING

PURPOSEFUL TRANSFORMATION

IF IT'S NOT NOW, WHEN?

THE FUTURE IS CREATED HERE AND NOW...

TIME IS AN ILLUSION!

NO MORE, NO LESS

SO, WHAT'S REAL THEN?

JUST LOOK AROUND YOU...

THIS VERY MOMENT IS THE ONLY REAL THING!

NO MORE, NO LESS

YOU ONLY HAVE NOW...

DON'T FOOL YOURSELF...

DON'T IGNORE THIS REALITY!

NO MORE, NO LESS

THE SUN WILL RISE EVERY MORNING...

YOUR DAYS WILL CONTINUE THE SAME WAY...

UNLESS YOU TO TAKE ACTION NOW!

NO MORE, NO LESS

IT HAS ALWAYS BEEN UP TO YOU...

AND IT WILL ALWAYS REMAIN THAT WAY...

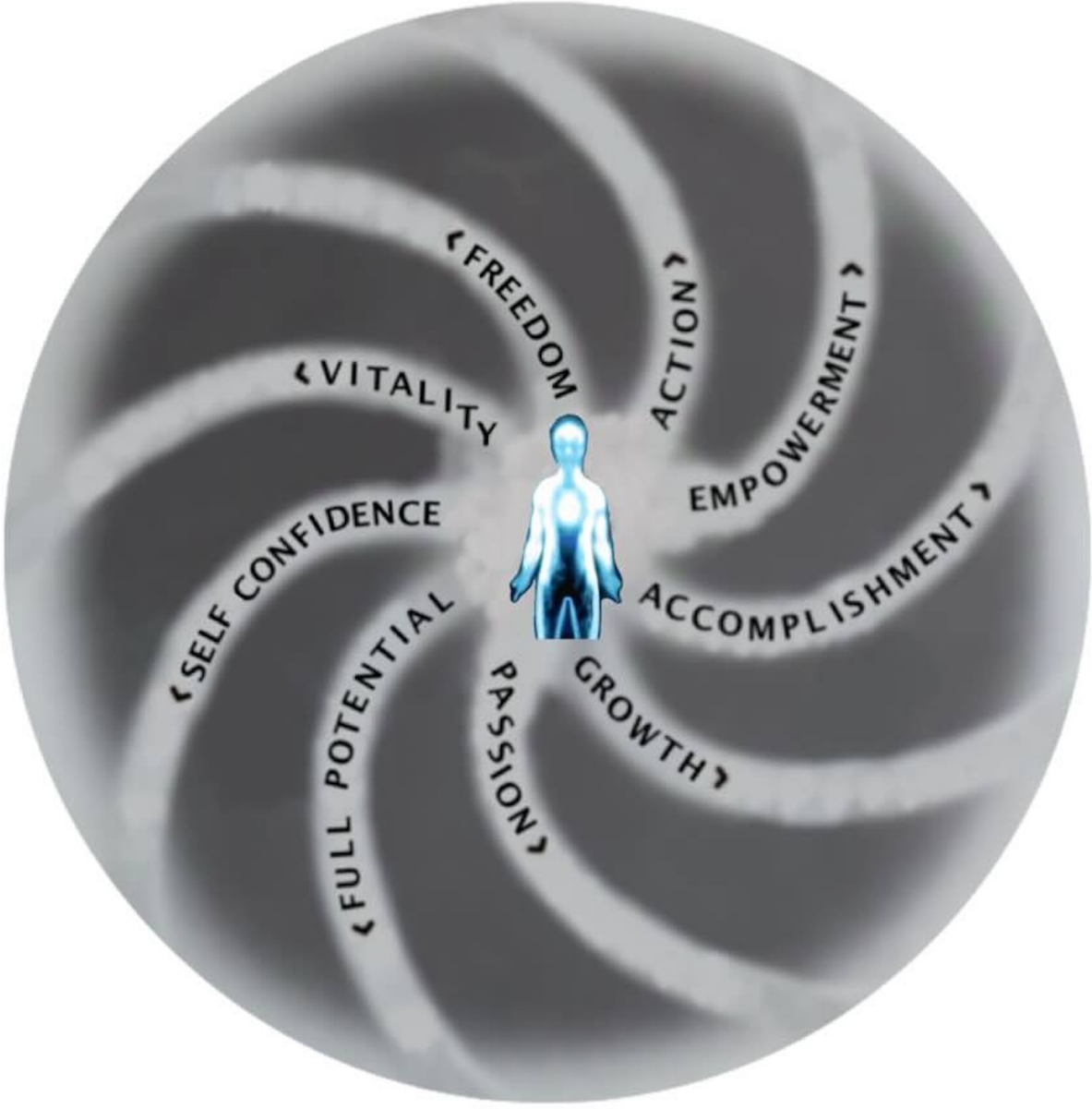
THAT'S THE GIFT LIFE HAS GIVEN YOU!

NO MORE, NO LESS

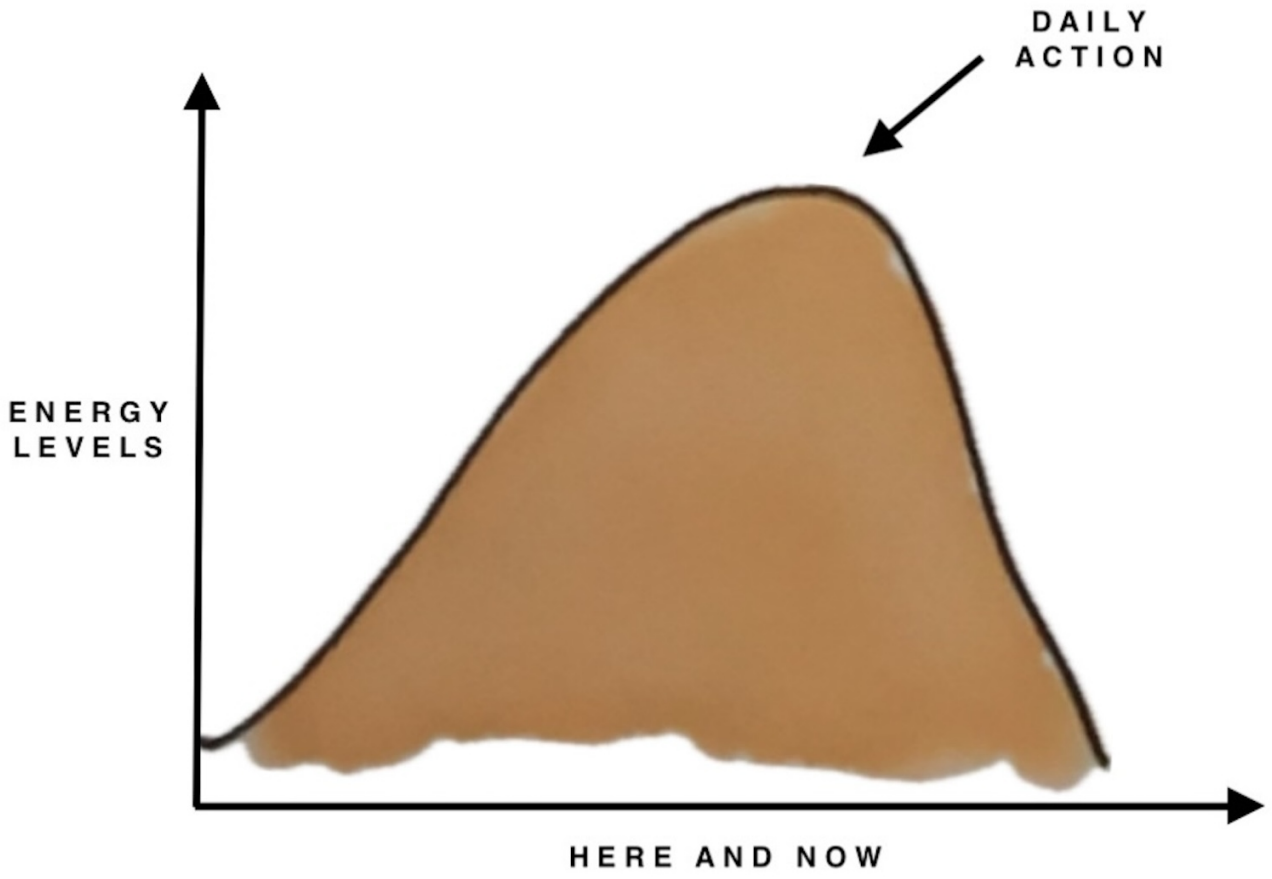
THE HERE AND NOW

ENERGY SOURCES

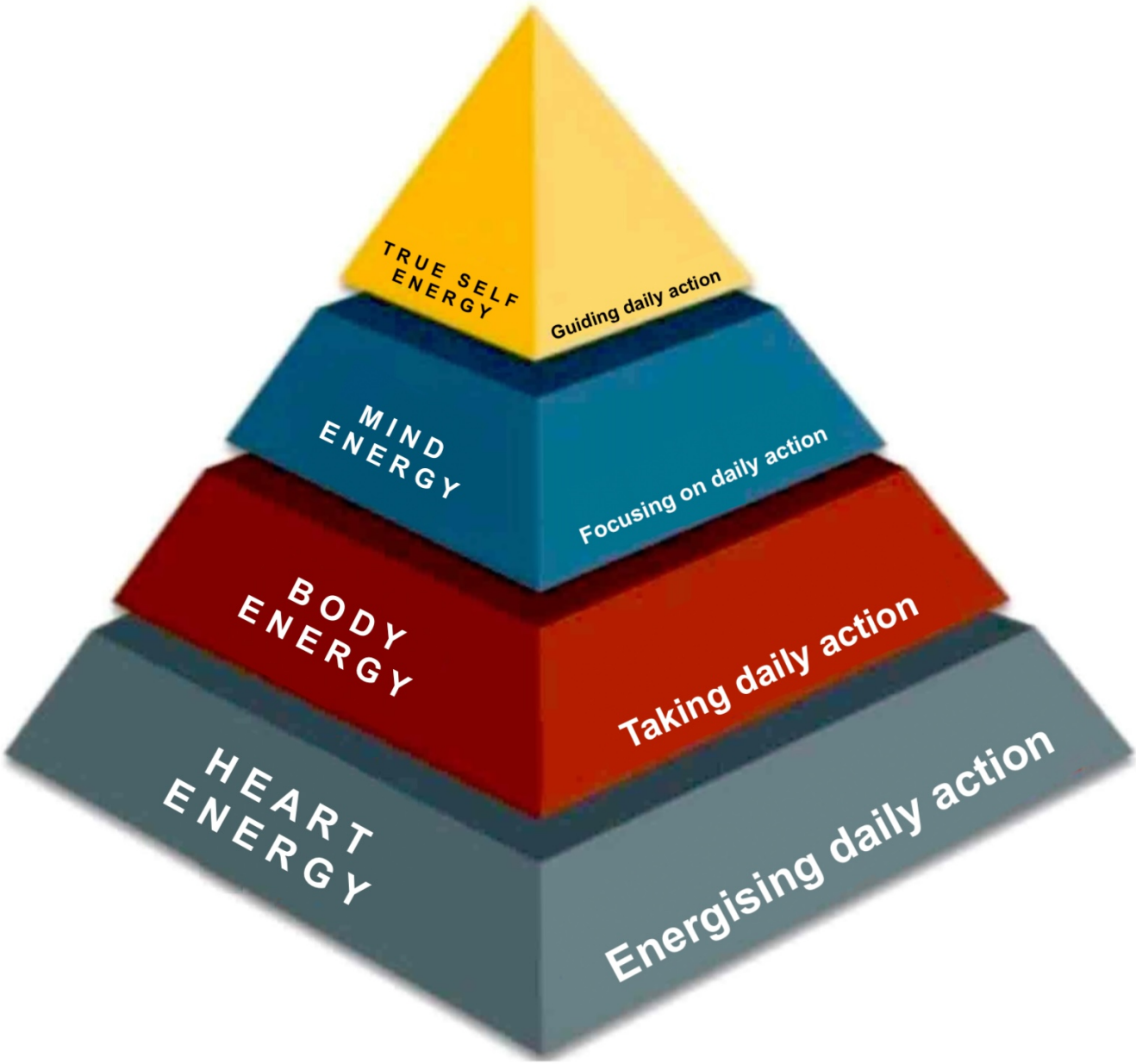
HIGH ENERGY
HIGH RESULTS



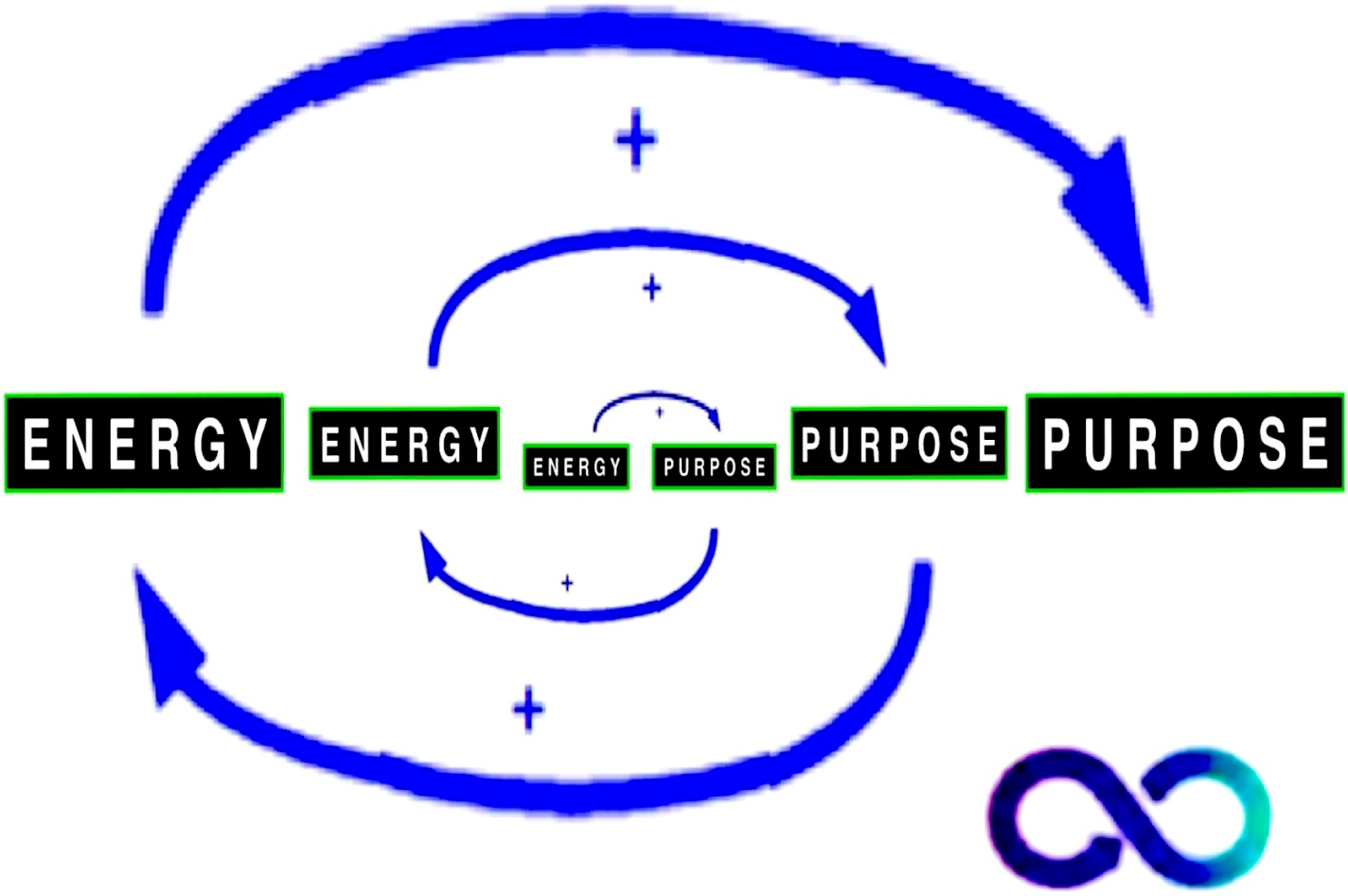
DAILY ENERGY



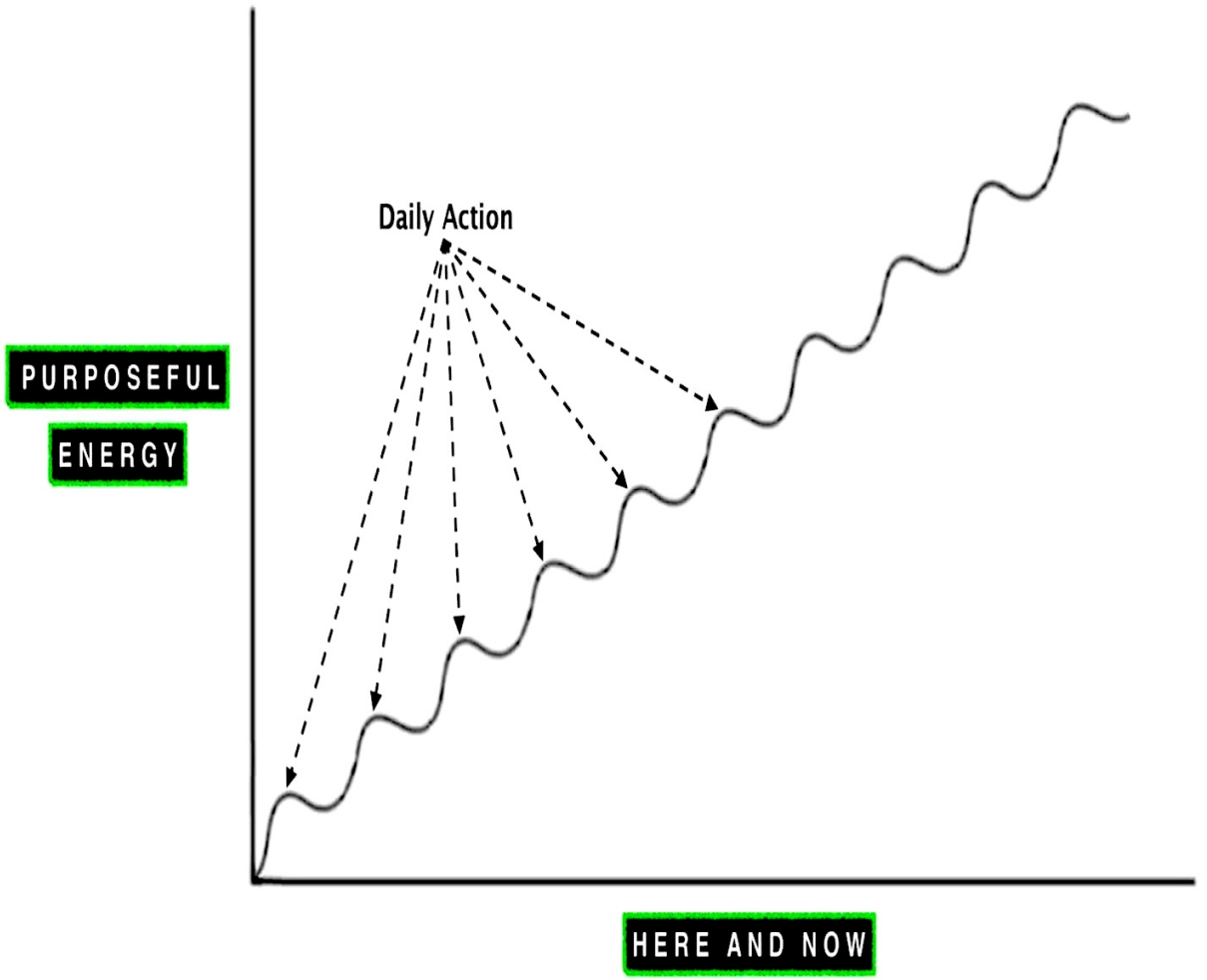
ENERGY LEVELS



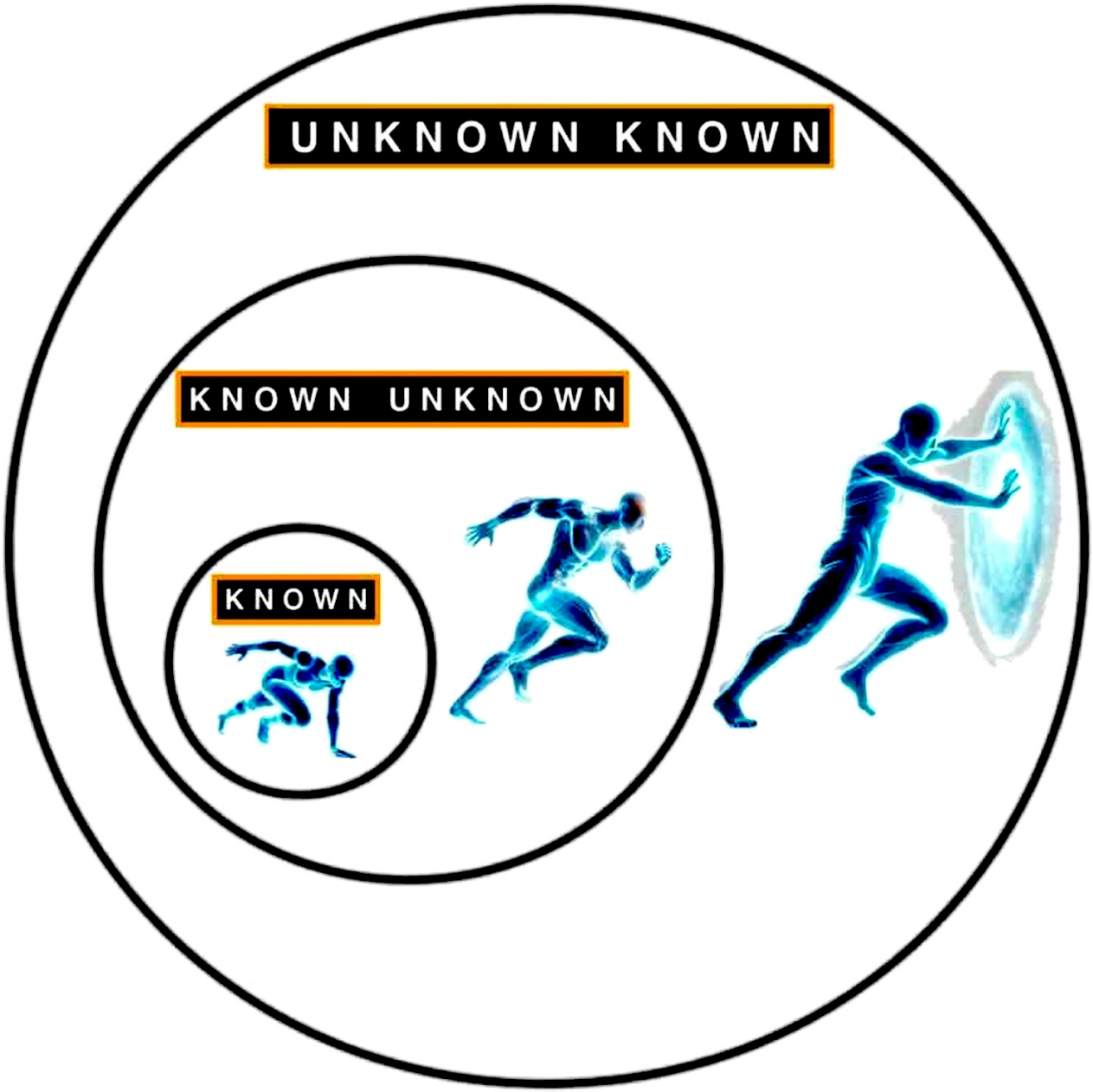
PURPOSEFUL ENERGY



PURPOSE DRIVEN PROGRESS



MAKE THE UNKNOWN KNOWN



MAKING THE UNKNOWN KNOWN MEANS AWAKENING

STEP ONE IN THE ENDLESS PATH OF SELFHOOD

THE INFINITE JOURNEY OF SELF DISCOVERY

WHAT IS KNOWN EQUALS CREATED REALITIES

WHAT YOU KNOW ABOUT YOURSELF AND REALITY

THE KNOWN UNKNOWN IS SELF UNDERSTANDING

WHAT YOU KNOW ABOUT YOURSELF AND REALITY

ALL BECAUSE OF SELF LOVE AND SELF AWARENESS

THE UNKNOWN KNOWN IS THE WAY TO INFINITY

COMPASS AND SUNDIAL LEAD US THERE

YOU ARE THE CREATOR OF YOUR OWN REALITY BECAUSE WE ARE INFINITY

YOUR INFINITE DREAMS ABOUT YOURSELF BECOME YOUR LIFE

THE ENERGY OF LOVE CREATES OUR REALITY

LOVE COMES FROM THE HEART

THE HEARTBEAT IS THE HERE AND NOW

SYNC WITH YOUR HEARTBEAT AND BECOME ONE WITH INFINITY

ONCE YOU ARE AWAKENED THE UNKNOWN IS CREATED BY YOU

AS YOUR CONSCIOSNESS AND SELF AWARENESS MAKE IT SO

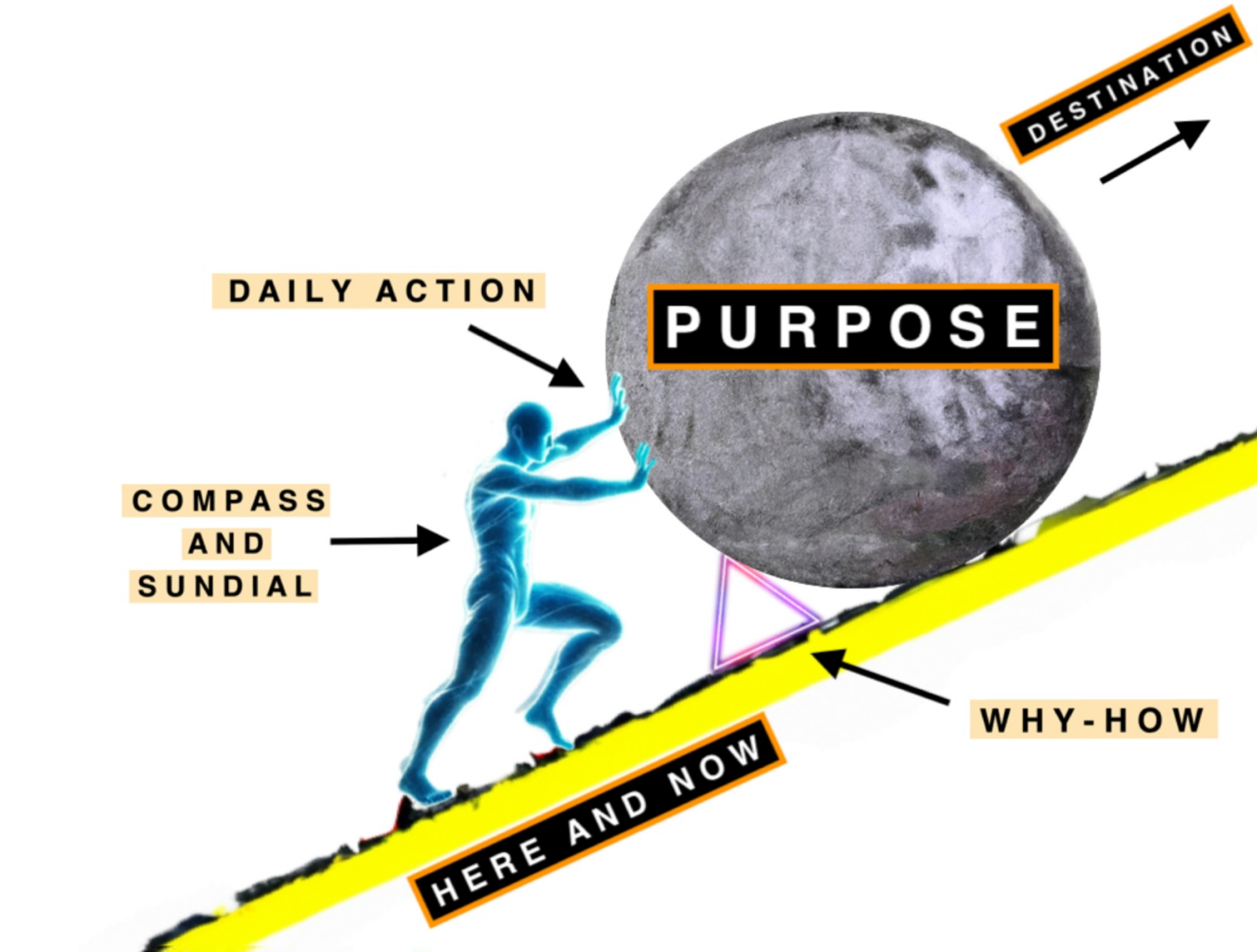
WE ARE THE BIOLOGY OF THE ENERGY OF CREATION

COMPASS AND SUNDIAL ARE THE LEVERS

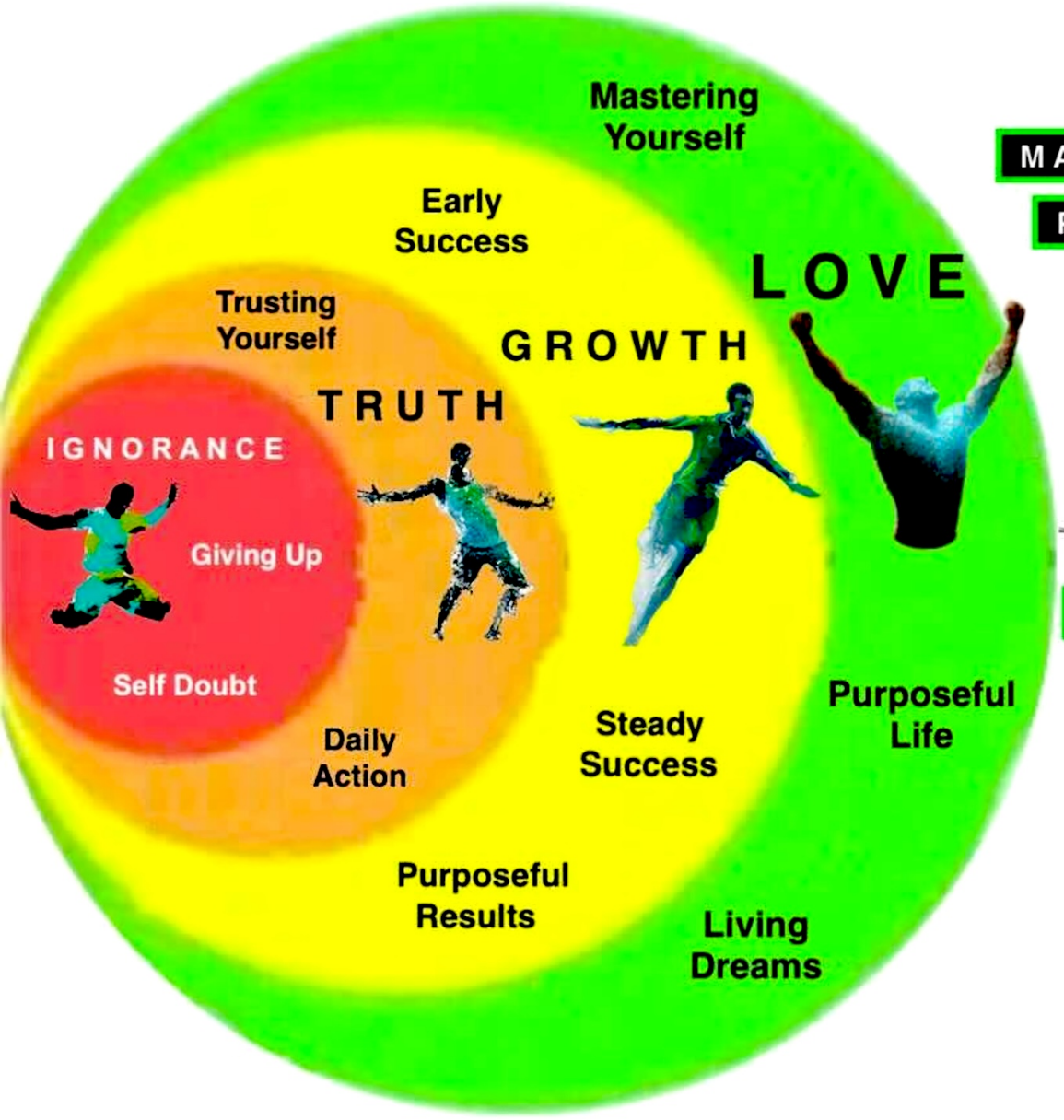
PURPOSE IS THE DESTINATION

TAKING PURPOSEFUL DAILY ACTION HERE AND NOW

WHY-HOW IS THE FULCRUM



A NEW WAY OF BEING



MANIFESTED PURPOSE

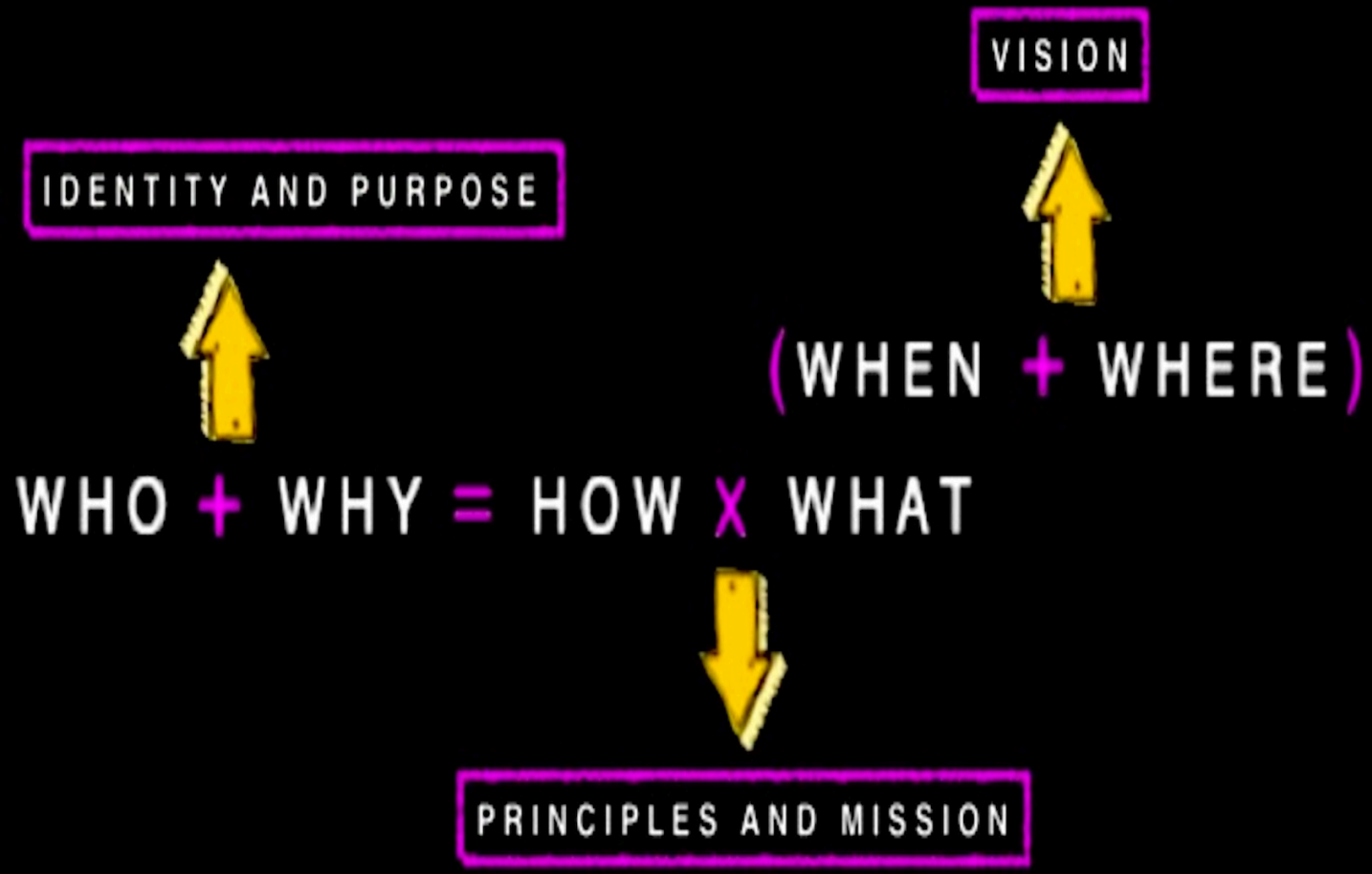
TRUE SELF

YOU ALWAYS MUST GO

GO MEANS PURPOSEFUL DAILY ACTION

THE ONLY WAY TO GET TO YOUR DESTINATION IS BY GOING THERE

THE WINNING FORMULA



THE DREAM LADDER

MANIFESTED DREAMS

WHERE

WHEN

WHAT

HOW

WHY

WHO

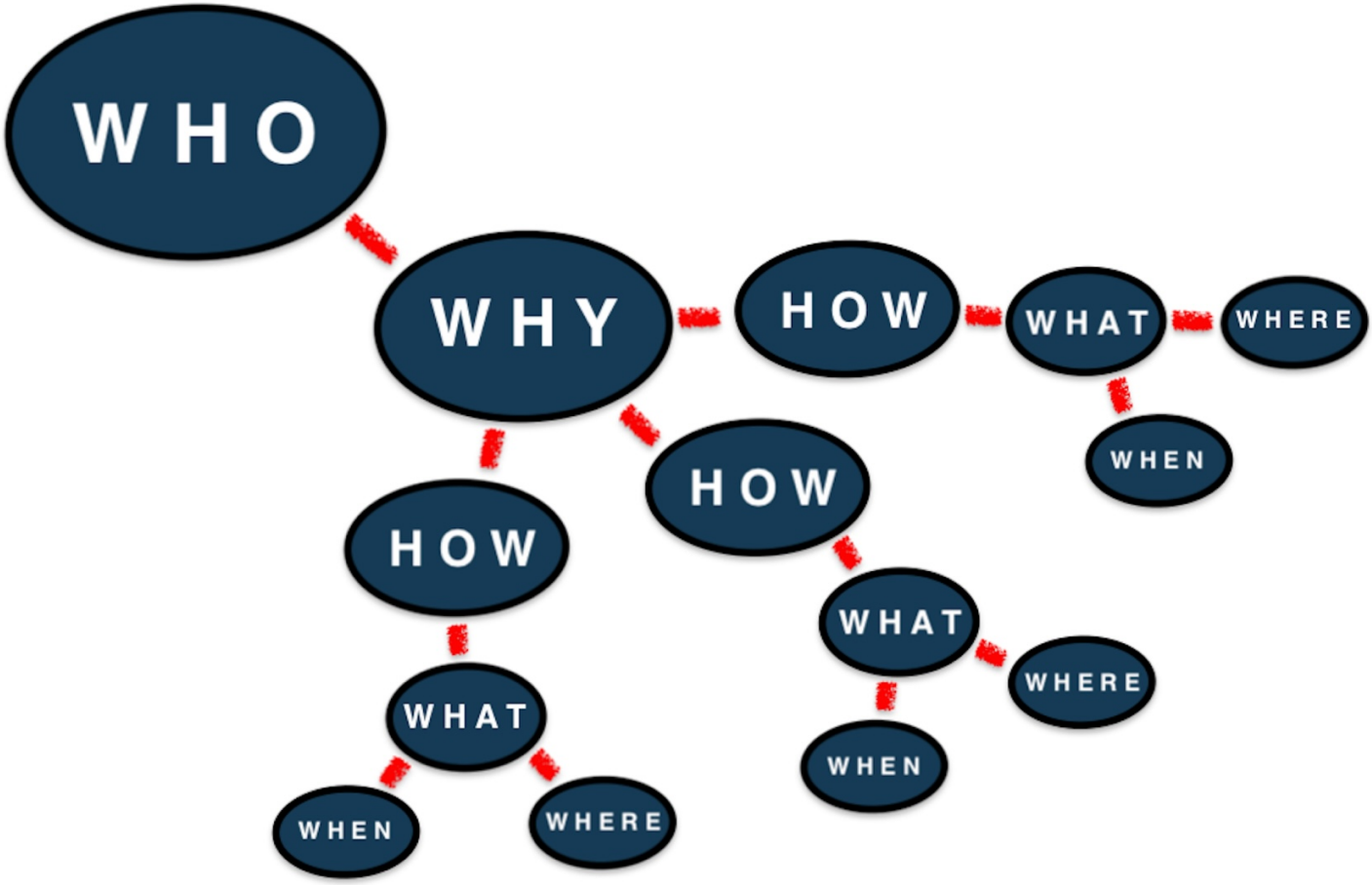
YOU

PURPOSEFUL STRATEGY

YOUR DESTINATION IS WITHIN REACH

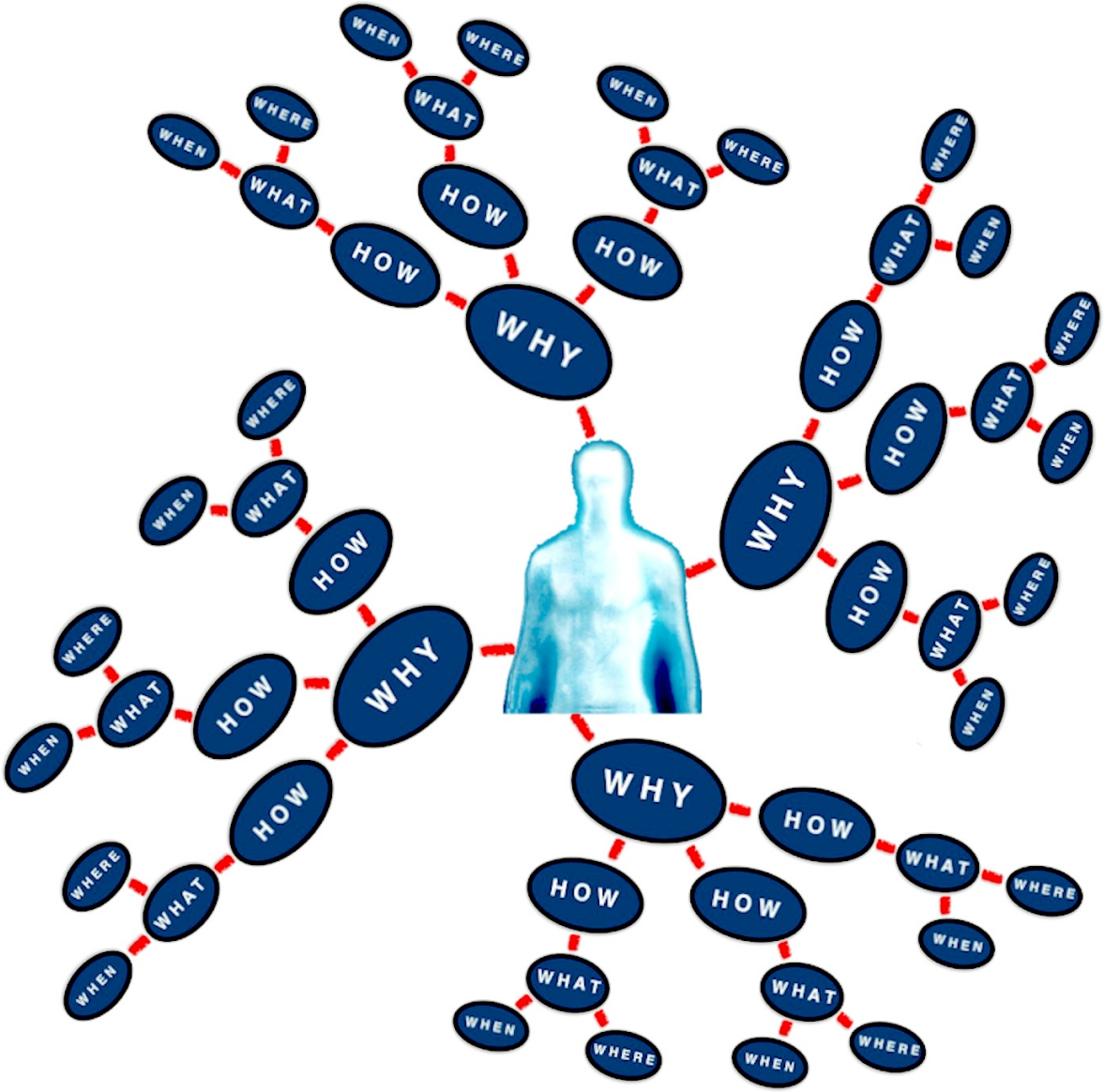
YOU ARE THE PATH AND THE WAY

WIN IN LIFE BY BEING YOURSELF



THE PULSE OF LIFE

THE PULSE OF CREATION



MY STORY

WHO I AM

JAM AS AN AUTHOR

SOL RA REY AS AN ARTIST

WHY I AM HERE

HELPING YOU FIND YOURSELF

HOW I BEHAVE

DAILY PRACTICE OF COMPASS AND SUNDIAL PRINCIPLES

WHAT I DO

ADVOCATING MASS ADOPTION OF COMPASS AND SUNDIAL

WHEN I DO IT

PURPOSEFUL DAILY ACTION

WHERE I DO IT

BOOK

MUSIC

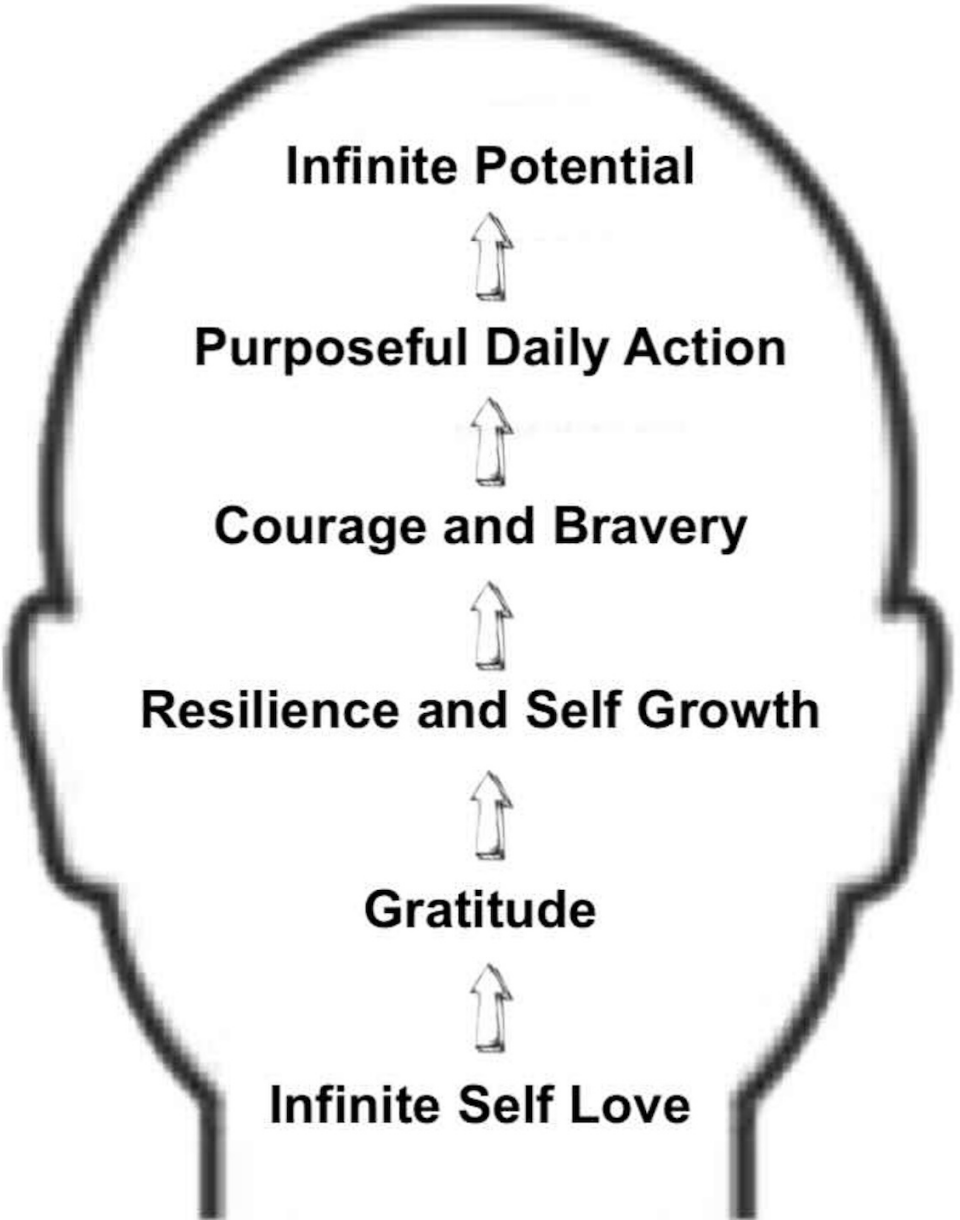
APP

WEBSITE

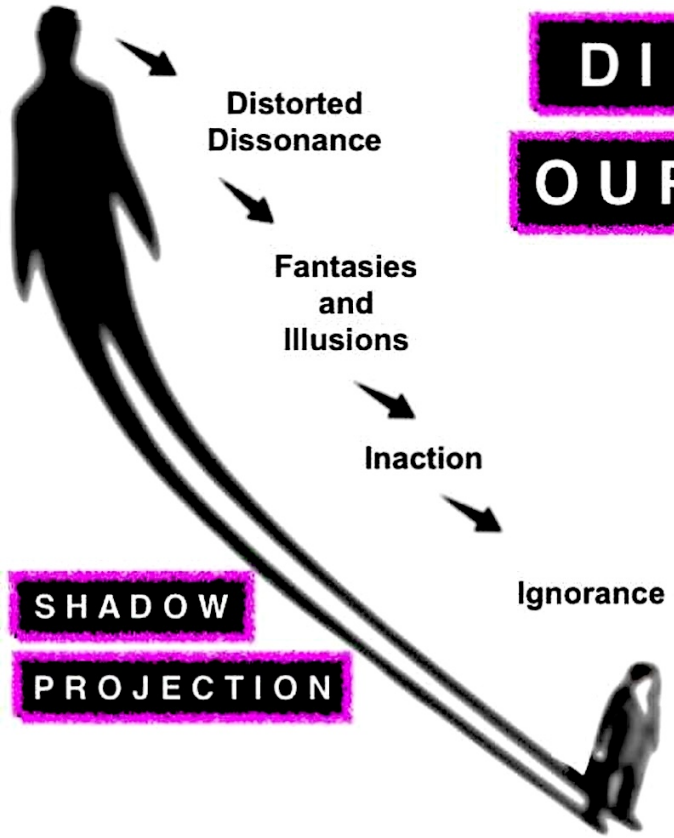
MEDIA

APPLIED RESEARCH

THE CONSCIOUS MIND



DISINTEGRATING OUR OWN SHADOW



Distorted Dissonance

Fantasies and Illusions

Inaction

Ignorance

SHADOW PROJECTION

Self Defense Mechanisms

Self Reflection

Courage

Resilience

Infinite Potential

Bravery

Gratitude

Self Growth

Positive Coping Strategies

Infinite Self Love

PURPOSEFUL DAILY ACTION

SELF GROWTH IS A NATURAL PROCESS

THE ADAPTATION TO THE NEW...

WHAT **WE LOVE** MAKES US..

WHAT MAKES US SHAPES US...

WHAT SHAPES US MATTERS...

AND WHAT MATTERS, WE DO!

NO MORE, NO LESS

WHEN YOU DO, YOU ARE...

WHEN YOU ARE , YOU BECOME...

WHEN YOU BECOME, YOU EXIST...

WHEN YOU EXIST, YOU KNOW!

NO MORE, NO LESS

PURPOSEFUL PLAN

DAILY ACTION GETS RESULTS

GOALS ARE ACCOMPLISHED BY TAKING ACTION HERE AND NOW

PURPOSEFUL GOALS

THE FOUNDATION

PURPOSEFUL DAILY ACTION

WHO

WHO DRIVES YOUR GOALS?

YOUR TRUE SELF

WHY

WHY THESE GOALS?

THEY ARE ALIGNED WITH WHO YOU ARE

HOW

HOW ARE YOUR GOALS REACHED?

APPLYING BEST PRACTICES

WHAT

WHAT GETS YOUR GOALS ACHIEVED?

PURPOSEFUL DAILY ACTION

WHEN

WHEN DO YOU TAKE ACTION?

EVERYDAY WITHIN REASON

WHERE

WHERE DO YOU TAKE ACTION?

WHEREVER NEEDED

AN ACT OF PEACE

PATIENCE IS THE GREATEST VIRTUE

A PEACEFUL ACT:

TAKING PURPOSEFUL DAILY ACTION

PATIENCE IS THE SCIENCE OF PEACE

A SCENE OF PEACE:

THE LIFE JOURNEY TOWARD YOUR DESTINATIONS

THE PEACE WITHIN US

AN AGENT OF PEACE:

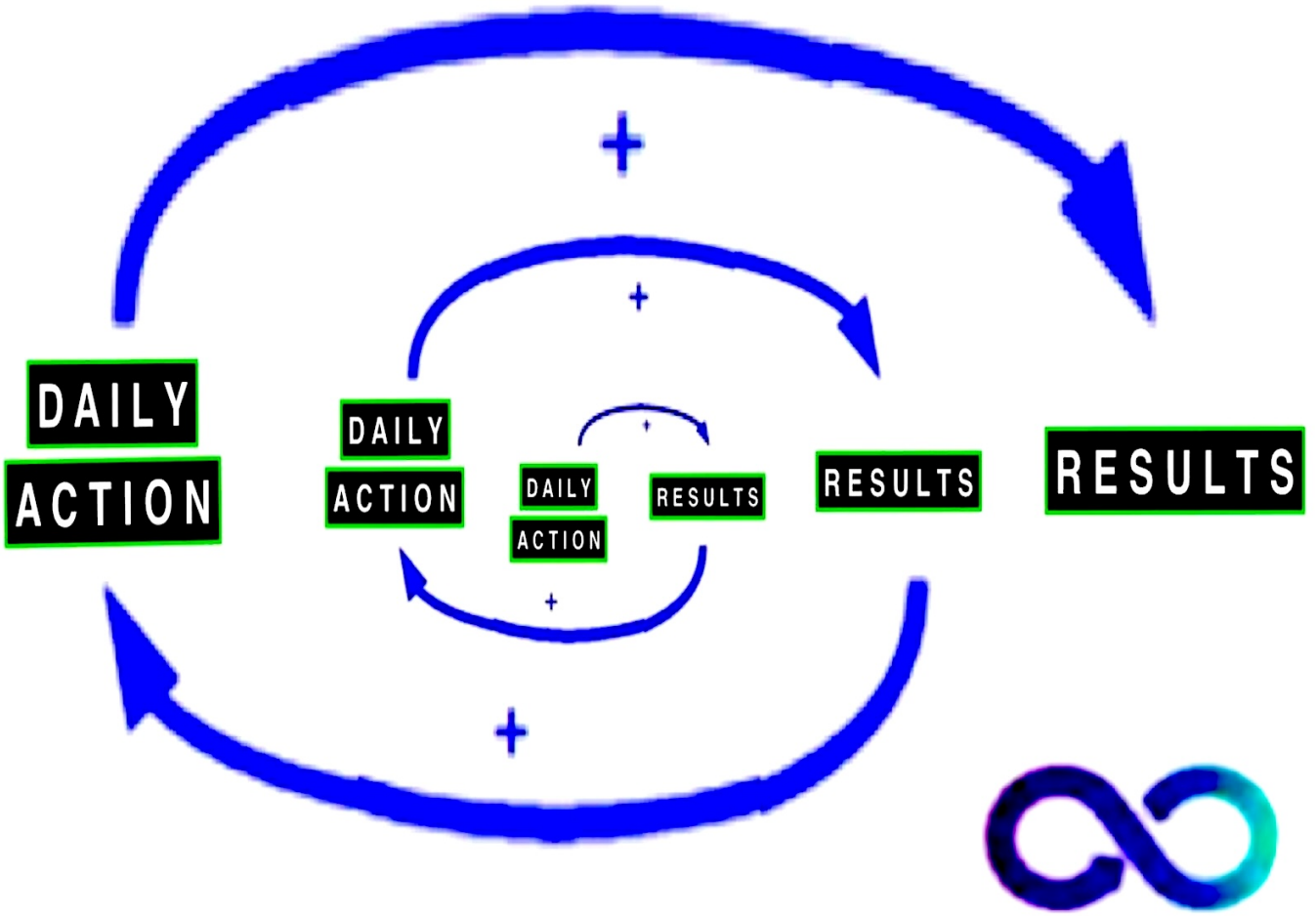
SEEKING TO FULFILL YOUR PURPOSEFUL GOALS

PEACE AT LARGE

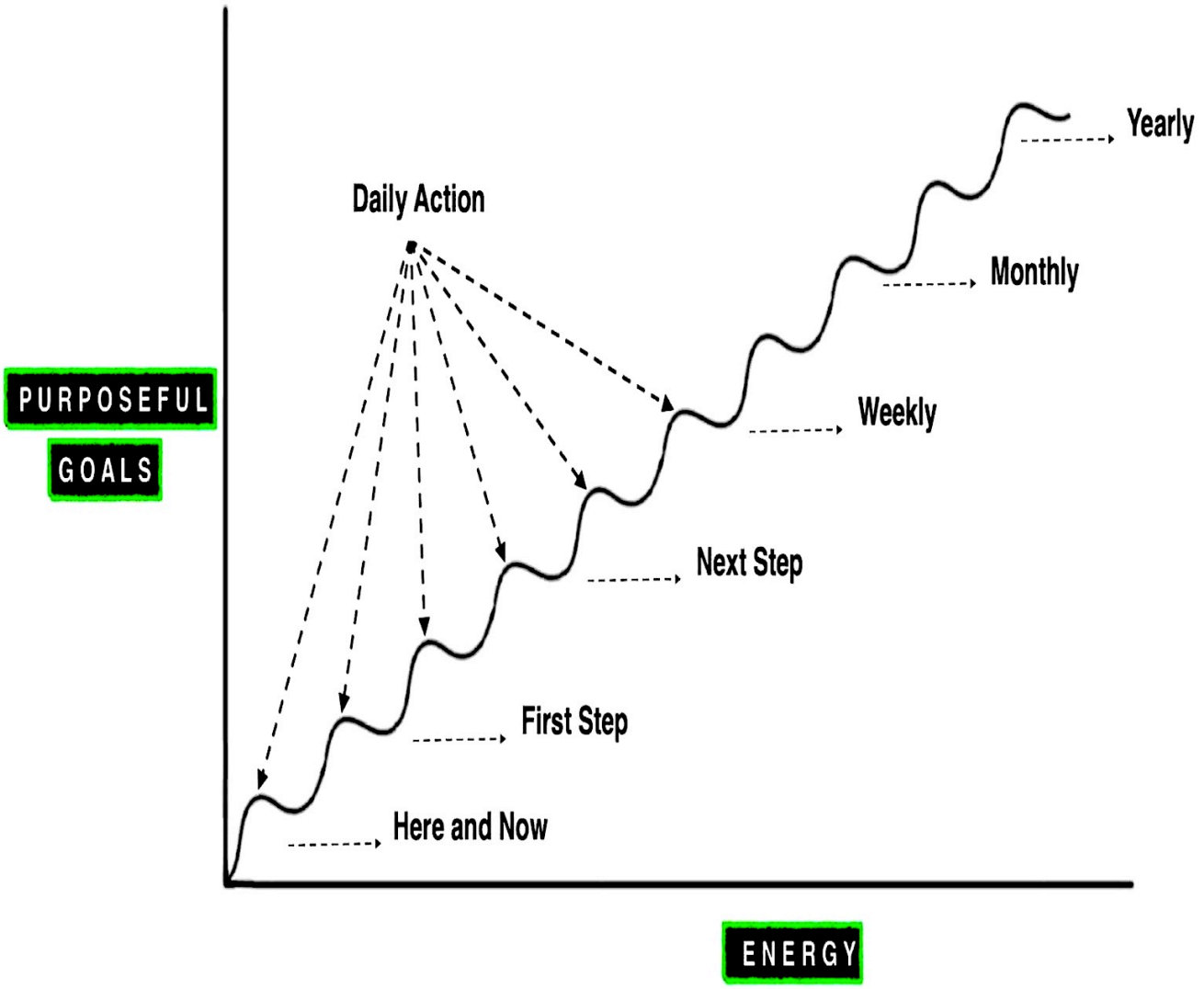
THE AGENCY OF PURPOSEFUL PEACE:

A PURPOSEFUL LIFE OF MANIFESTED DREAMS

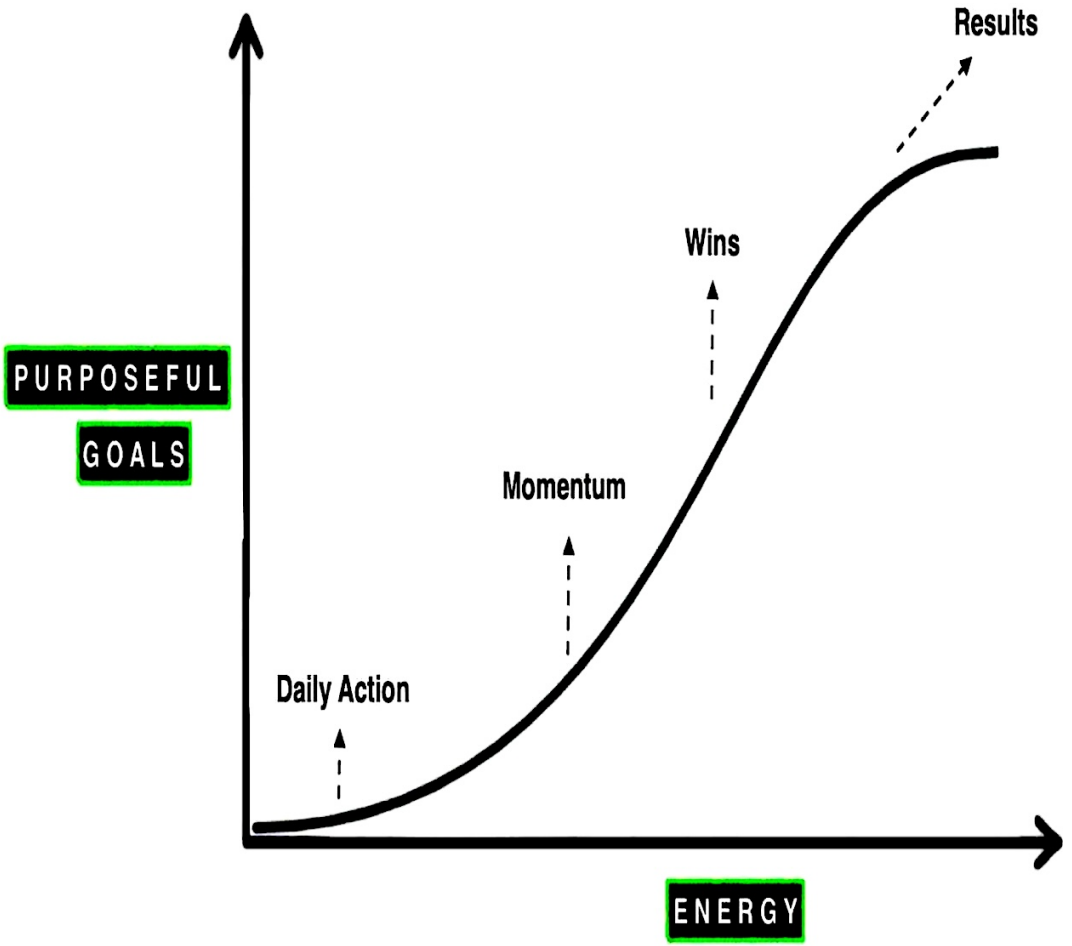
PURPOSEFUL RESULTS



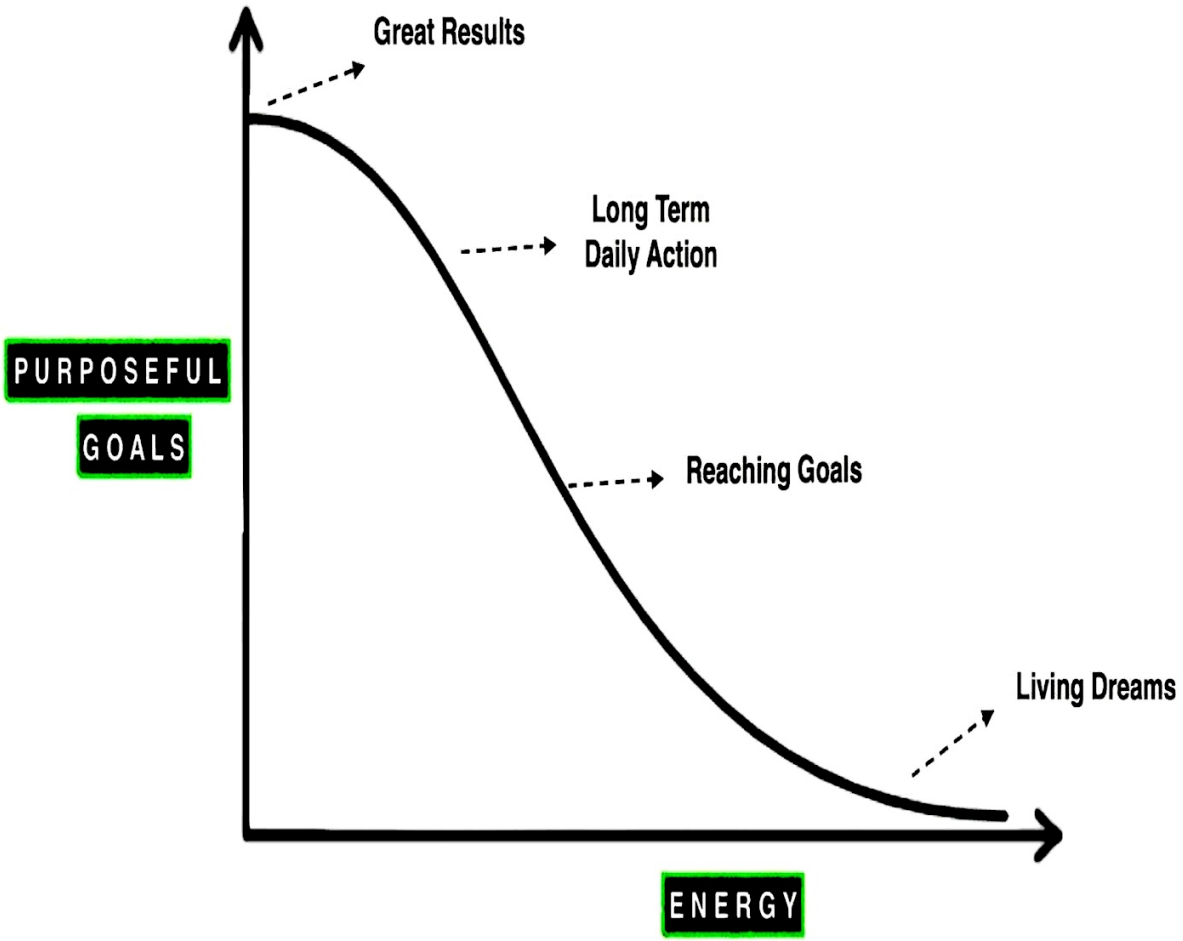
PURPOSEFUL RESULTS



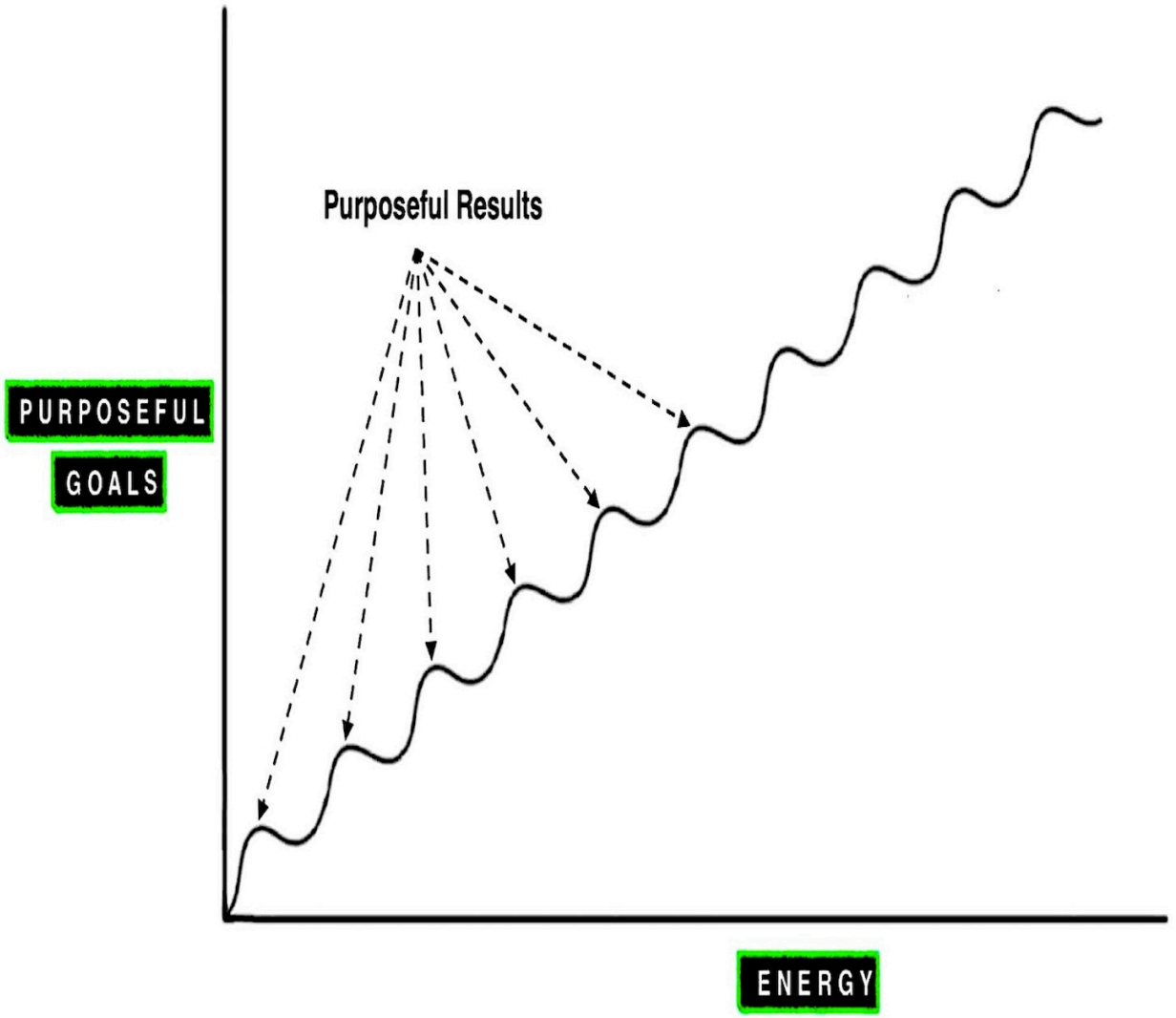
EARLY SUCCESS



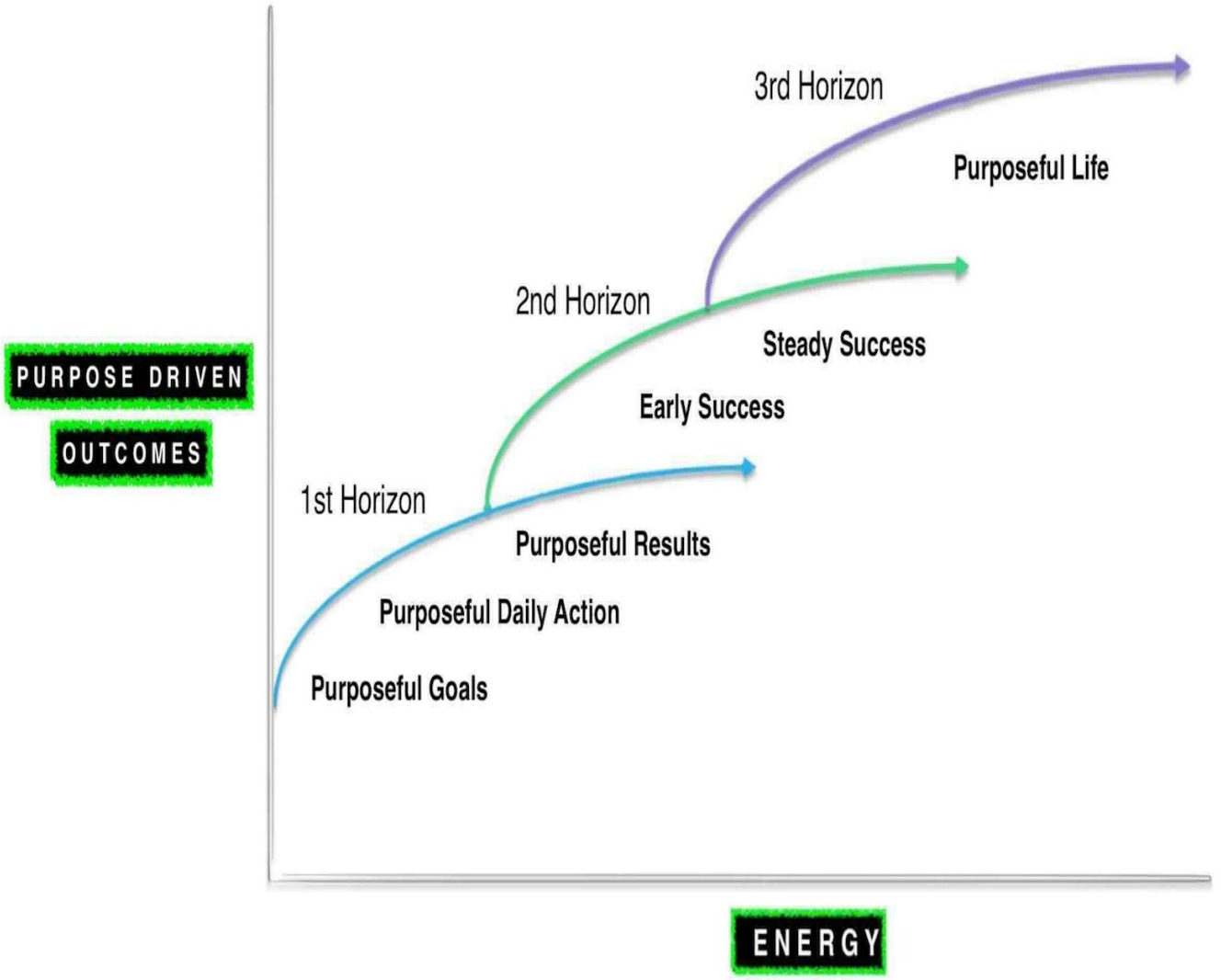
STEADY SUCCESS

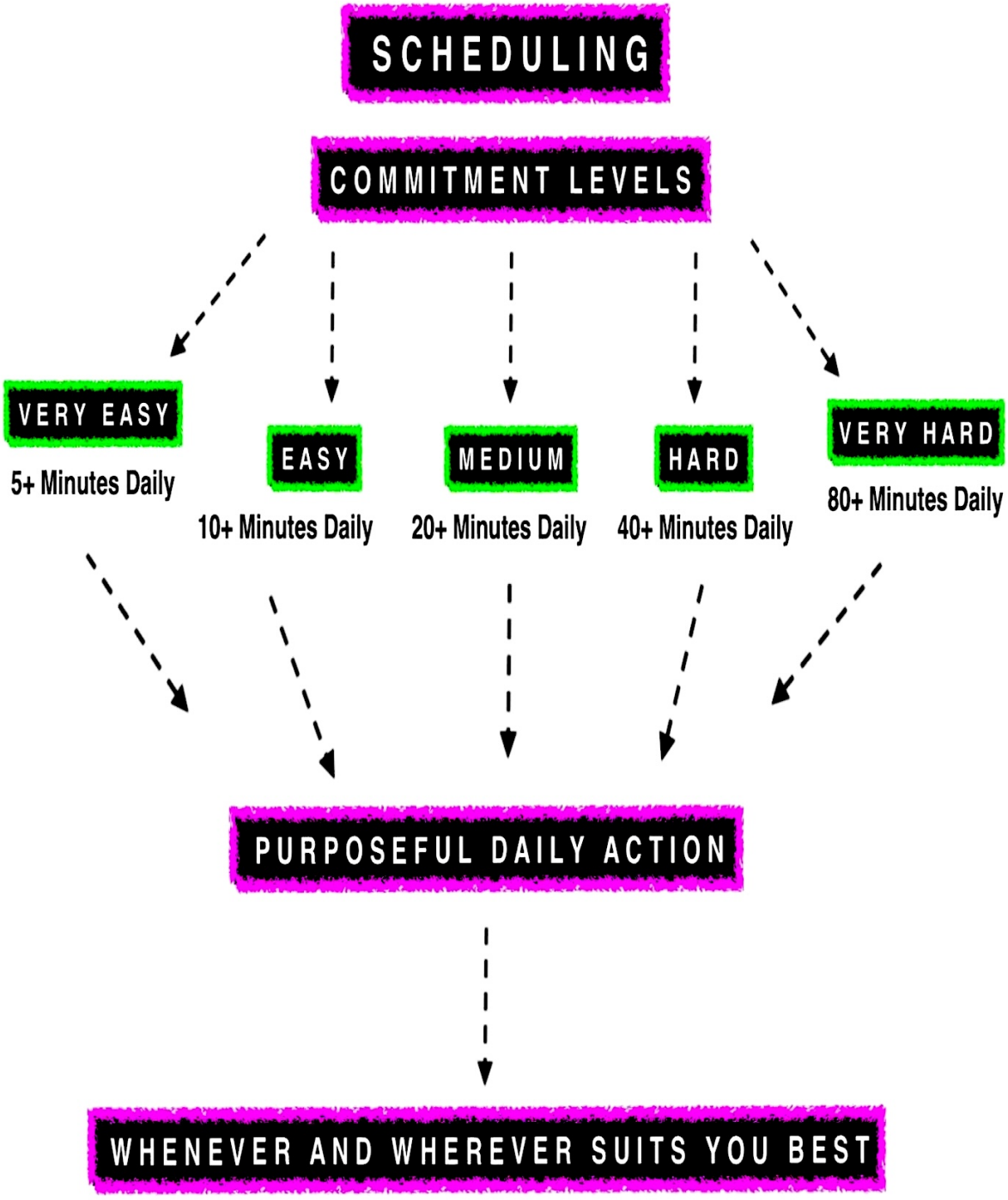


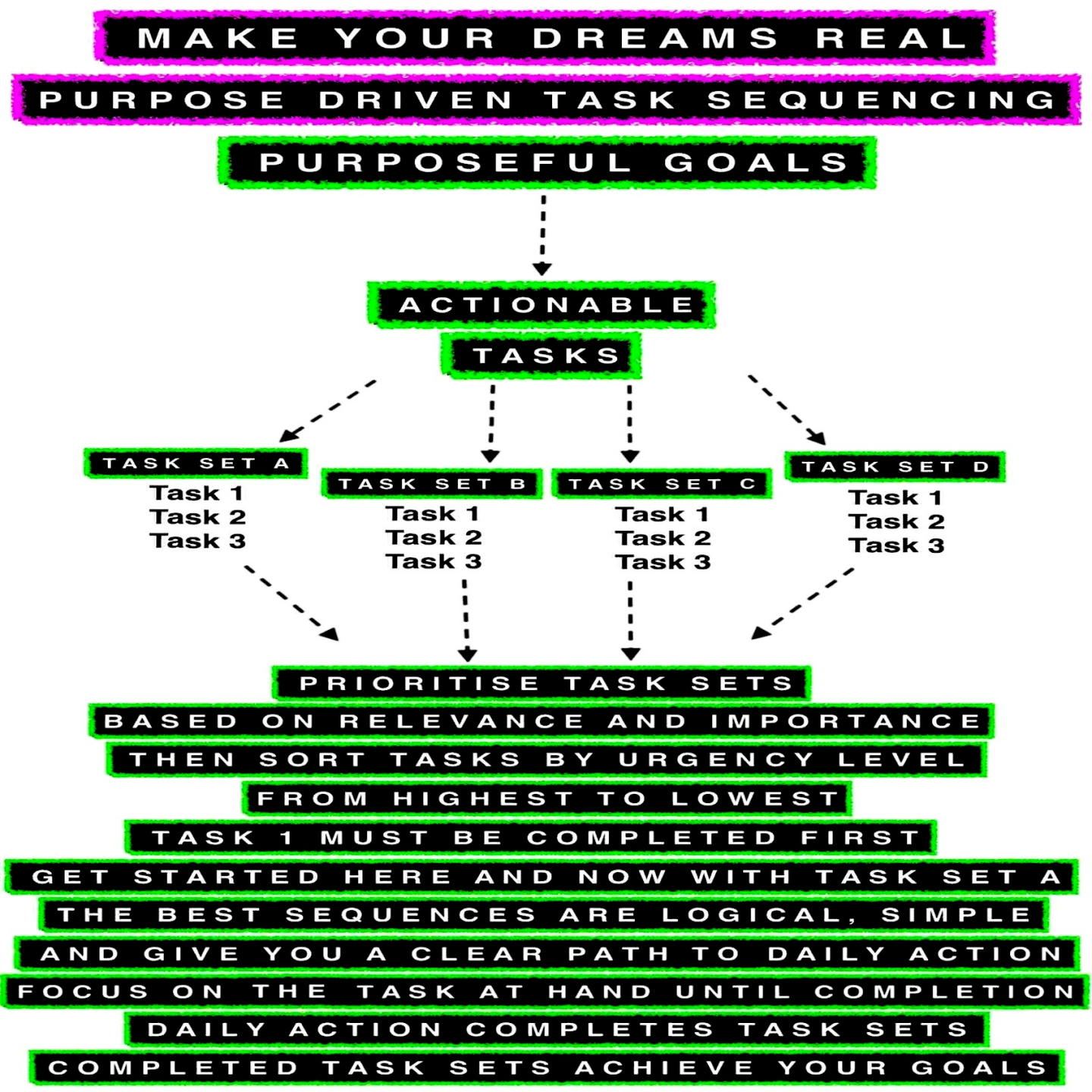
PURPOSEFUL LIFE



ACTION DRIVEN HORIZON




SCHEDULING
COMMITMENT LEVELS
VERY EASY
5+ Minutes Daily
EASY
10+ Minutes Daily
MEDIUM
20+ Minutes Daily
HARD
40+ Minutes Daily
VERY HARD
80+ Minutes Daily
PURPOSEFUL DAILY ACTION
WHENEVER AND WHEREVER SUITS YOU BEST


MAKE YOUR DREAMS REAL
PURPOSE DRIVEN TASK SEQUENCING
PURPOSEFUL GOALS
ACTIONABLE
TASKS
TASK SET A
Task 1
Task 2
Task 3
TASK SET B
Task 1
Task 2
Task 3
TASK SET C
Task 1
Task 2
Task 3
TASK SET D
Task 1
Task 2
Task 3
PRIORITISE TASK SETS
BASED ON RELEVANCE AND IMPORTANCE
THEN SORT TASKS BY URGENCY LEVEL
FROM HIGHEST TO LOWEST
TASK 1 MUST BE COMPLETED FIRST
GET STARTED HERE AND NOW WITH TASK SET A
THE BEST SEQUENCES ARE LOGICAL, SIMPLE
AND GIVE YOU A CLEAR PATH TO DAILY ACTION
FOCUS ON THE TASK AT HAND UNTIL COMPLETION
DAILY ACTION COMPLETES TASK SETS
COMPLETED TASK SETS ACHIEVE YOUR GOALS

LOVE IS CONSCIOUSNESS AND SELF AWARENESS

OUR DREAMS ARE CREATED BY OUR FREE WILL

WE CREATE OUR OWN REALITY WITH PURPOSEFUL DAILY ACTION

CREATION CREATES CREATORS AND CREATORS CREATE CREATIONS

WE ARE THE BIOLOGY OF INFINITE ENERGY

OUR VISIONS DRIVE THE MISSIONS OF ALL THE THINGS WE DO

OUR TASKS AND ACTIVITIES ARE PROUD CREATIONS CREATED BY CREATORS

WHO, WHY, HOW, WHAT, WHEN AND WHERE ARE SPHERICAL ENERGY VALUES

THESE VALUES ARE THE BUILDING SPHERES OF THE SPACE STRUCTURE OF REALITY

THE HUMAN HEARTBEAT IS THE BIOLOGICAL SINGULARITY OF REALITY

LOVE IS THE PULSE OF LIFE AND THE PULSE OF CREATION

LOVE IS THE HIGHEST ENERGY OF CREATION

LOVE MANIFESTS OUR DREAMS HERE AND NOW

WE CREATE OUR REALITY WITH THE ENERGY OF LOVE

LOVE POWERS OUR PURPOSEFUL DAILY ACTION

THE WHY-HOW EQUATION

$$\text{Why–How}_{\odot} = \lim_{r \to \infty} \left(\sum_{i=1}^{\infty} \frac{\text{How}_i}{\text{Why}_i} \right)^r$$

$$\begin{matrix} \text{How} = 1 \\ \text{Why} = 0 \end{matrix} \sim \frac{1}{0} = \infty = \odot$$

FIND OUT WHY AND KNOW HOW

WHY-HOW IS THE MECHANISM

THE HOW TO YOUR WHY

WHY-HOW IS AN INFINITE CYCLE

ASK WHY AND KNOW HOW

ASKING WHY TO INFINITY MAKES YOU INFINITE

BRING YOUR DREAMS TO LIFE

KNOWING YOUR WHY AND HOW IS ESSENTIAL

WHY = PURPOSE

HOW = DAILY ACTION

ONCE YOU KNOW YOUR PURPOSE

YOU KNOW WHAT DAILY ACTIONS TO TAKE

PURPOSE STARTS BY ASKING YOURSELF

WHY DO I EXIST? WHY AM I HERE?

THE INFINITE POWER OF WHY AND HOW

WHY-HOW IS THE HOW TO YOUR WHY

WHY-HOW = PURPOSEFUL DAILY ACTION

KNOW YOUR WHY SO YOU KNOW HOW

WHY-HOW IS INFINITY ITSELF

INFINITY CYCLE = PULSE = OSCILLATION

WHY-HOW MAKES INFINITY COME TRUE THROUGH ACTION

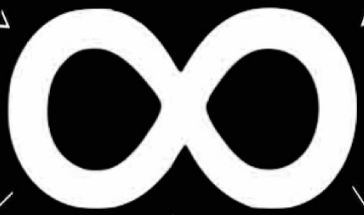
WHY-HOW IS THE MECHANISM TO MANIFEST INFINITY

HUMAN HEARTBEAT = BIOLOGICAL SINGULARITY

WHY

HOW

INFINITE NATURE OF WHY



LOVE IS HOW CREATION CREATES

WHY-HOW IS THE RECALIBRATION MECHANISM OF COMPASS

WHY-HOW IS THE SELF CORRECTION MECHANISM OF COMPASS

SINGULARITY

INFINITE FEEDBACK LOOP

CONSCIOUSNESS

EQUILIBRIUM = SOURCE OF TRUTH

SELF PERPETUITY

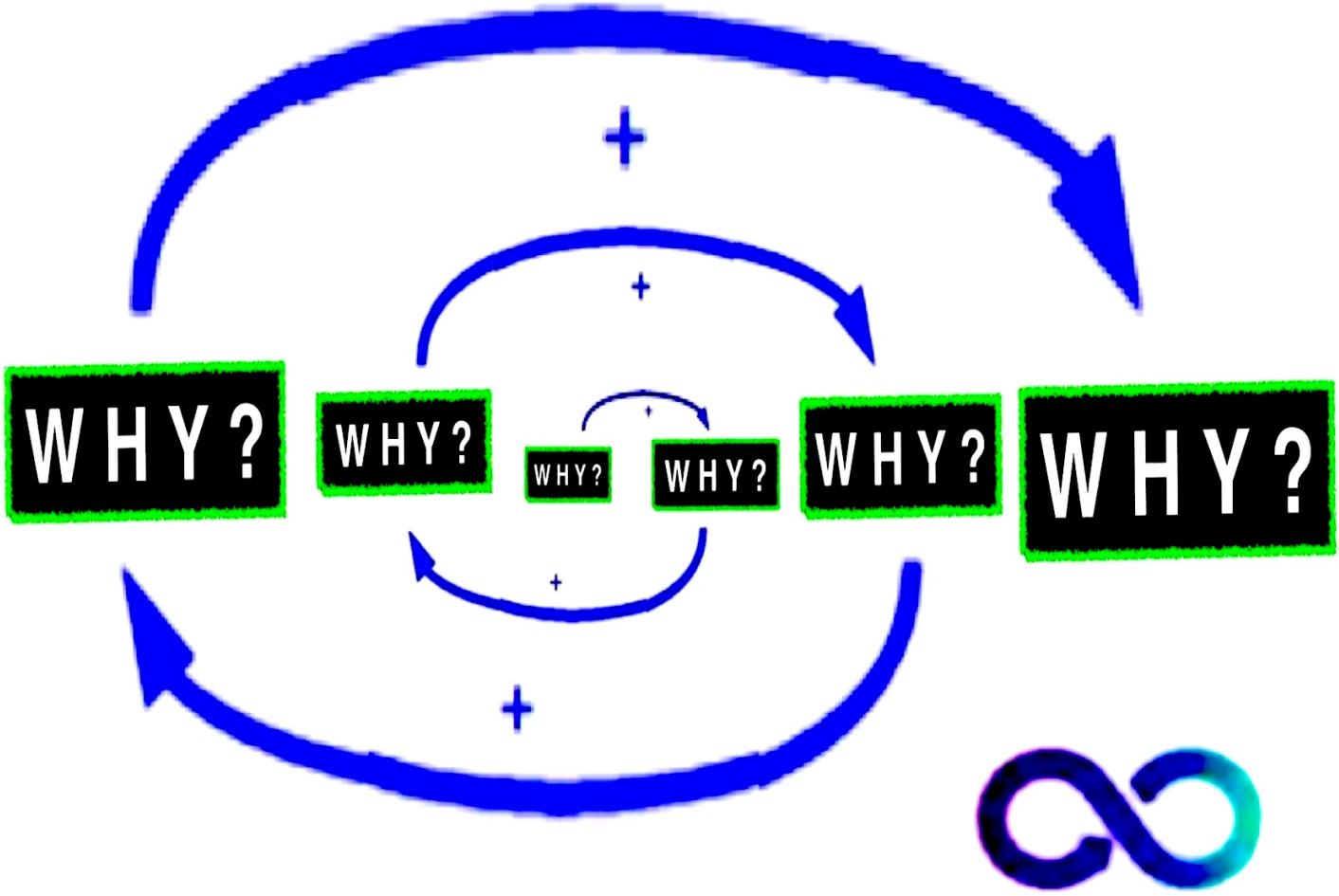
SELF AWARENESS

SELF REFLECTION

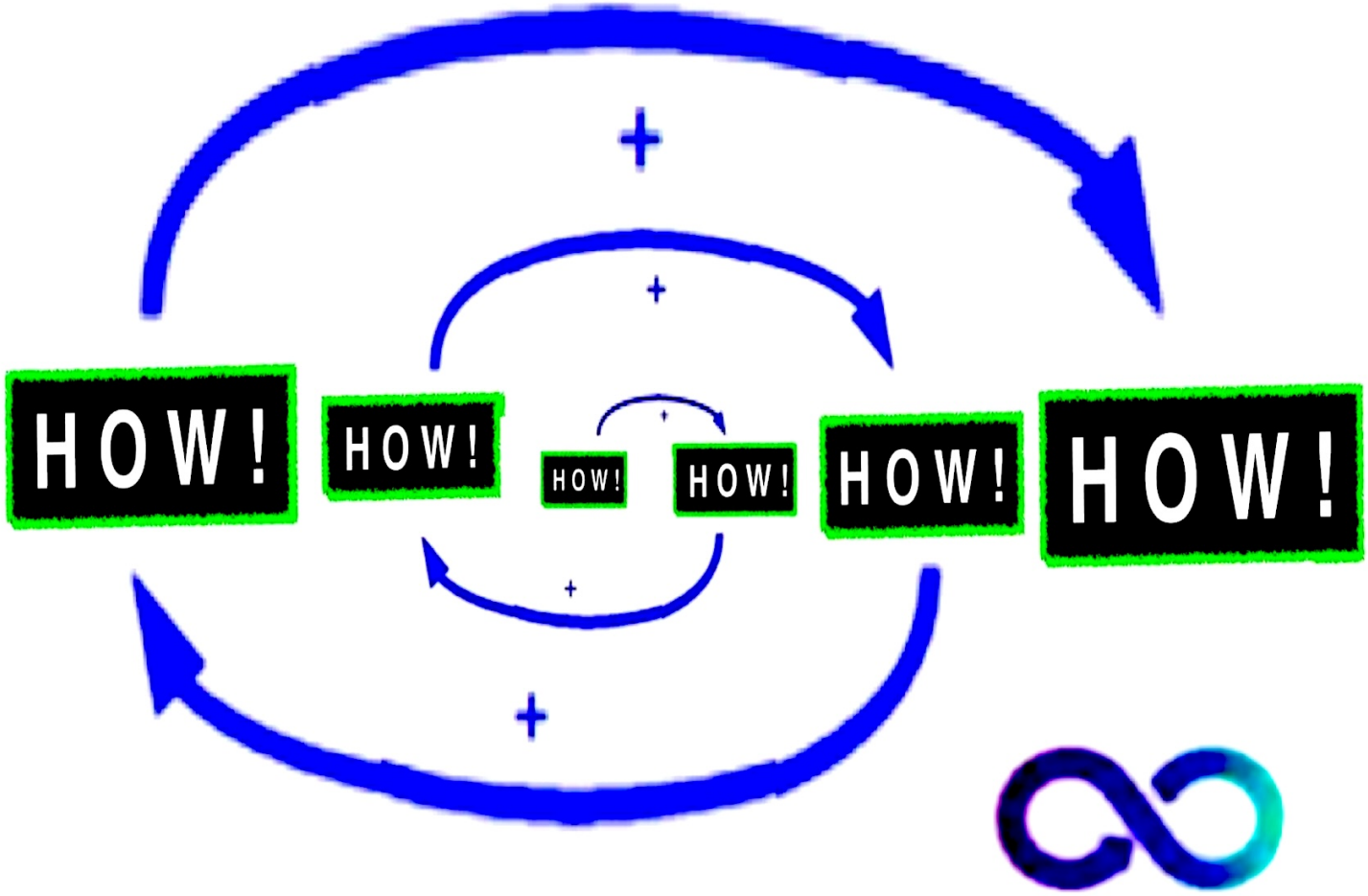
SELF LEARNING

SELF REINFORCEMENT

THE INSATIABLE WHY

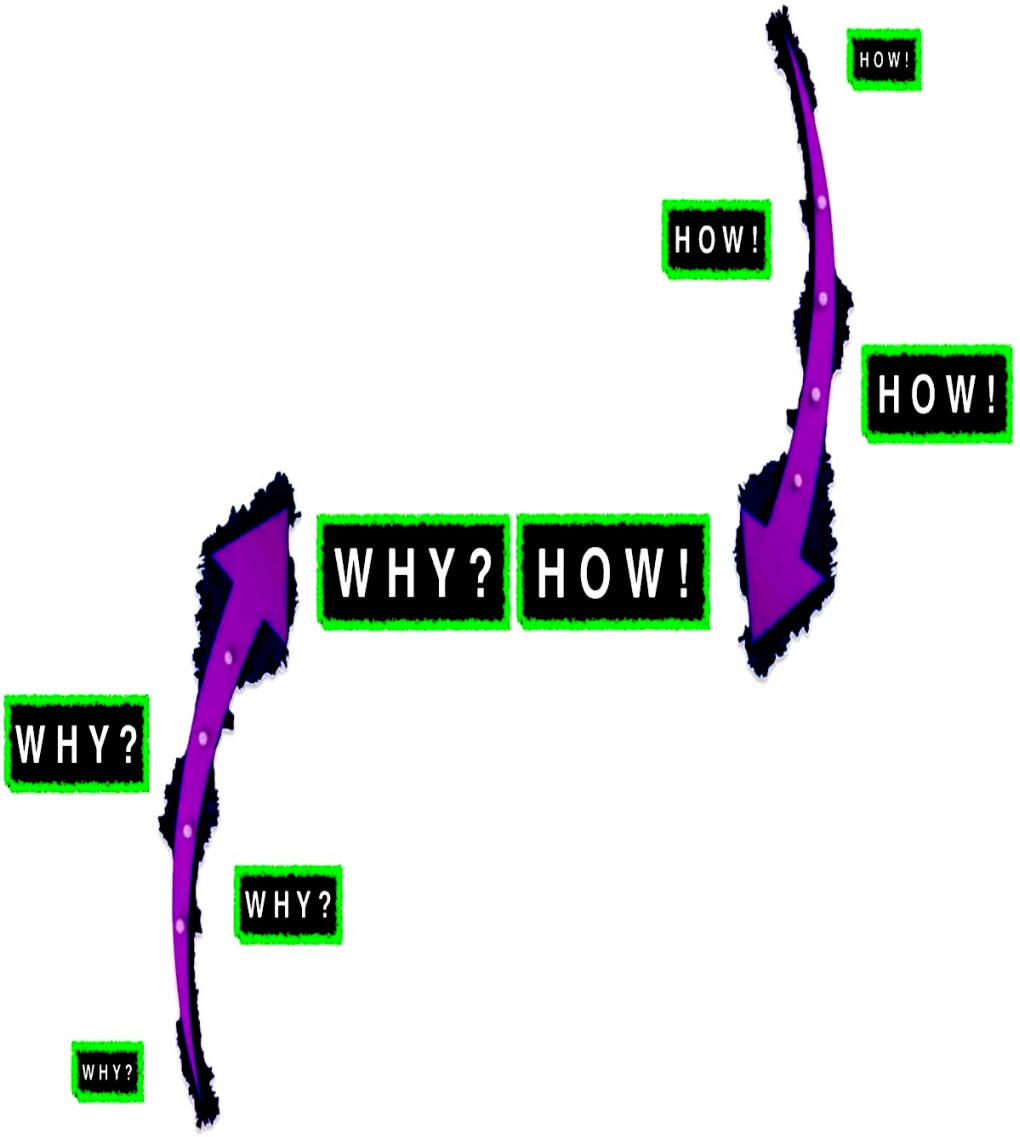


THE UNSTOPPABLE HOW



INFINITE VIRTUOUS CYCLE

WHY-HOW IS INFINITY ITSELF



WHY ASKING WHY?

1. IT DEFINES YOUR PURPOSE

2. IT DEVELOPS A WINNING STRATEGY

3. IT CLARIFIES YOUR FOCUS

4. IT MOTIVATES YOU

5. ITS INFINITE NATURE

INFINITE LEARNING FORMULA

$$\frac{\text{QUALITY OF QUESTIONS (WHY?)}}{\text{QUALITY OF ANSWERS (HOW!)}} \times \text{NUMBER OF ACTIONS} = \text{RESULTS}$$

YOUR LEARNING CURVE IS LIMITLESS

YOUR GROWTH POTENTIAL IS ENDLESS

WE ARE THE BIOLOGY OF INFINITY

INFINITE VIRTUOUS CYCLES

OUR NATURE IS THE INFINITE ENERGY OF CREATION

THERE ARE AN INFINITE NUMBER OF WHYS WITHIN US

ALL OUR INFINITE QUESTIONS HAVE INFINITE ANSWERS

WE, WITH INFINITE WHYS, BEAR INFINITE HOWS

OUR INFINITE ABILITY TO CREATE IS THE PROOF

OUR IMAGINATION IS BOUNDLESS AND ETERNAL

WHY-HOW EMPOWERS OUR INFINITE DREAMS

WHY-HOW MANIFESTS INFINITY HERE AND NOW

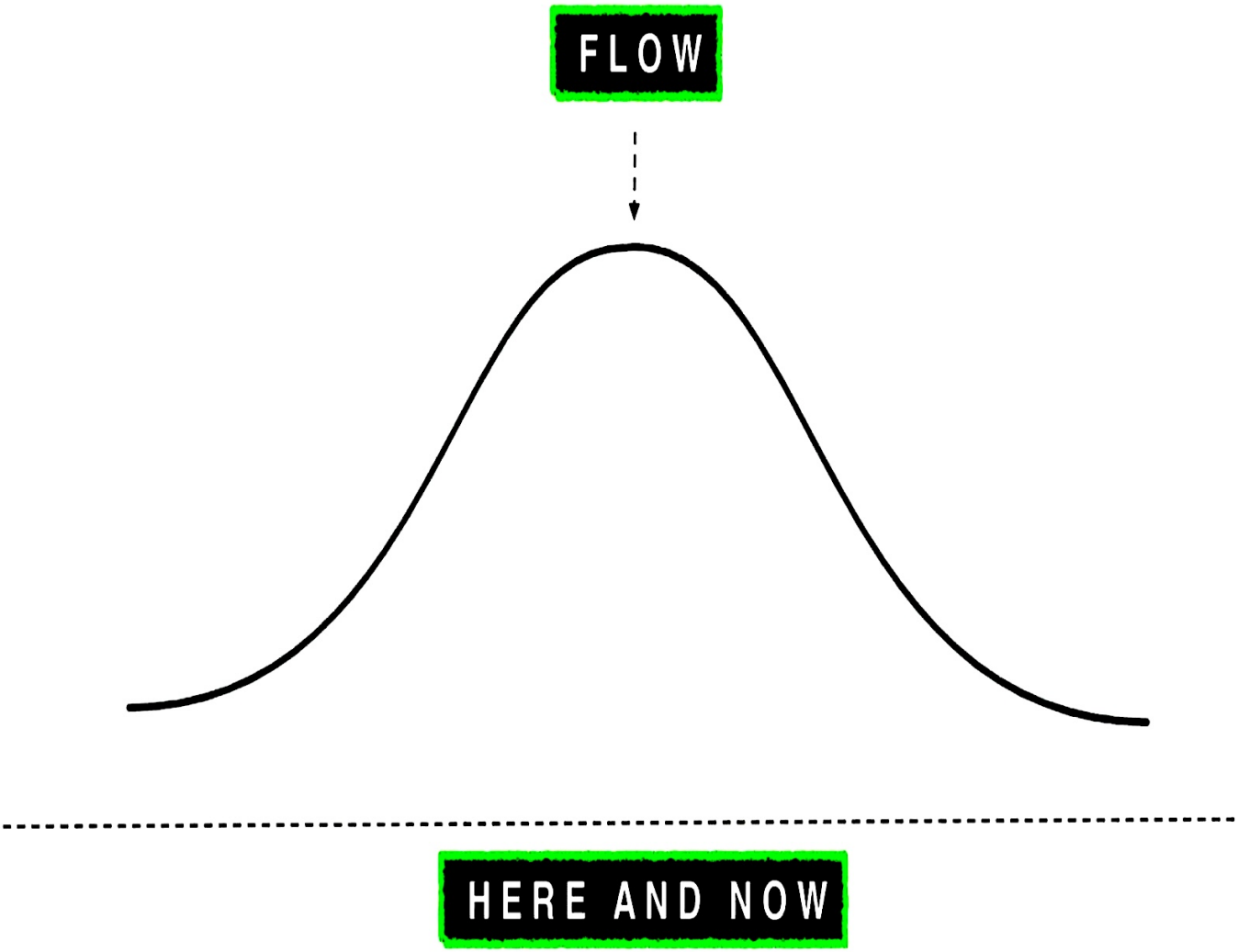
WE ARE THE MEDIUMS OF INFINITE CREATION

PURPOSEFUL DAILY ACTION CREATES REALITY

WE ARE INFINITE LOVE AND CREATION

THE ENERGY OF OUR HEARTS CREATES IT ALL

OUR HEARTBEAT IS THE FLOW OF REALITY



YOU MUST LOVE YOURSELF TO TRANSFORM YOUR LIFE INTO A MEANINGFUL JOURNEY

FLOW : THE HEARTBEAT IS THE HERE AND NOW

BEING IN THE ZONE FOR DAYS ON END

FEELING AWESOME WHILE DOING WHAT YOU LOVE

BEING ONE WITH INFINITY WHEN PURSUING YOUR PURPOSE BECOMES THE NORM

BRAVERY BE ONE WITH THE MOMENT LIVING HERE AND NOW

INFINITE FREEDOM DRIVEN BY INFINITE POTENTIAL

FOCUS ON CREATING INFINITE DREAMS HERE AND NOW

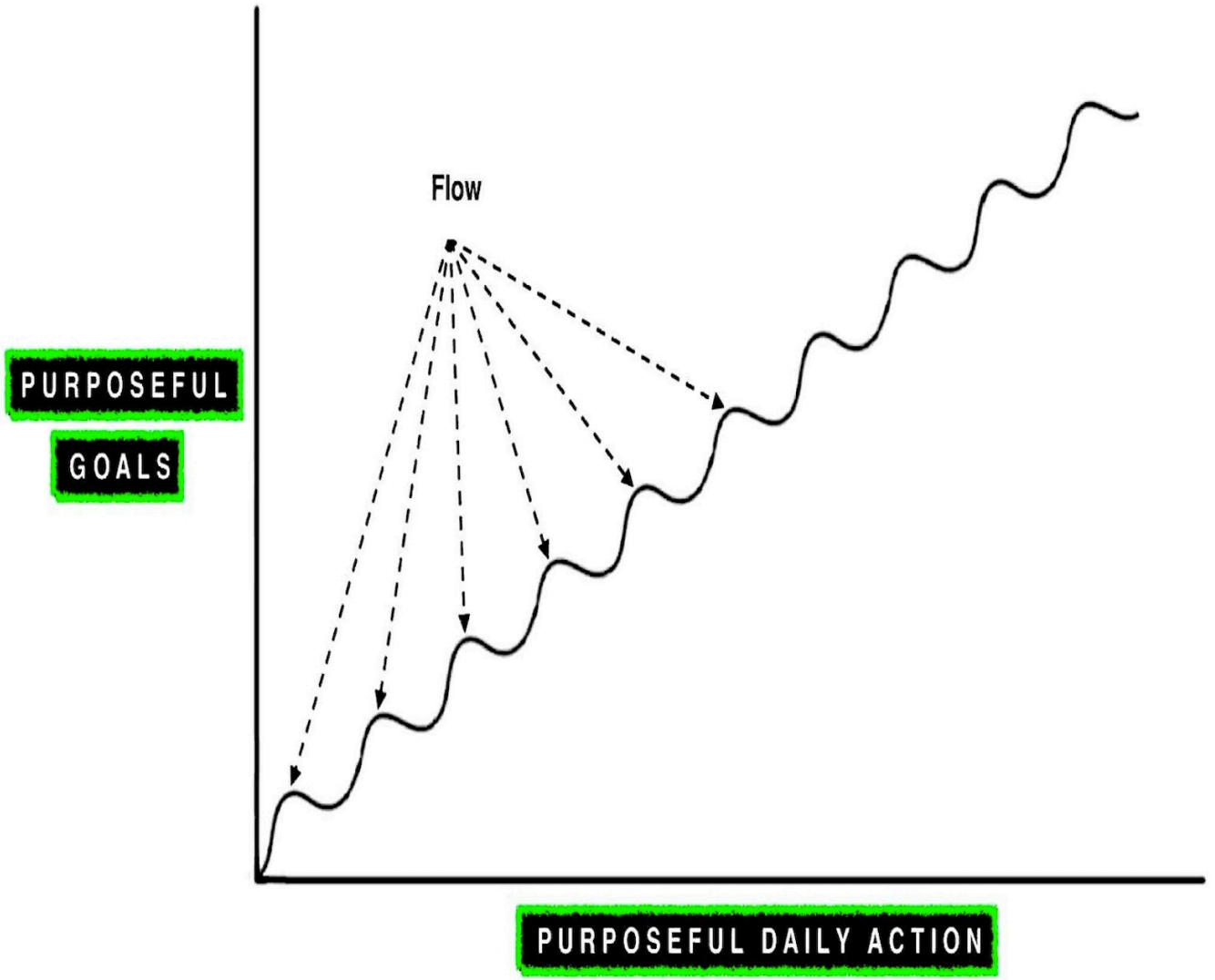
YOUR HEARTBEAT AND BREATHING ARE ONE WITH FLOW

PURPOSEFUL DAILY ACTION LEADS TO HEARTFUL FLOW STATES

WE FLOW BECAUSE WE ARE ENERGY CONFLUENCE = FLOW

LOVE IS THE MOST POWERFUL FLOW STATE

GOALS AND DAILY ACTION DRIVE FLOW



PURPOSEFUL FLOW

ENTER HEARTFUL FLOW STATES BY LOVING EVERYTHING YOU DO

SYNCING WITH YOUR HEARTBEAT IS THE OPTIMAL FLOW STATE

FLOW WITH YOUR HEARTBEAT BY LIVING HERE AND NOW

ALL GOALS AND DREAMS FLOW WITH PURPOSEFUL DAILY ACTION

ACTIONS DETERMINE THE SKILLS NEEDED TO FULFILL YOUR PURPOSE

FOCUS MUST BE SUSTAINED TO ACCOMPLISH THE MISSION

STRETCH YOURSELF TO THE LIMITS BY PURSUING PURPOSE

PURPOSEFUL DAILY ACTION EXPANDS YOUR LIMITS ENDLESSLY

A PURPOSE DRIVEN LIFE IS FULL OF MEANING

MANIFESTING PURPOSE ENRICHES YOUR LIFE

PURPOSE DRIVES EXCEPTIONAL BEHAVIOUR

PURPOSE MAXIMISES POTENTIAL

PURPOSEFUL DAILY FLOW STATES

FOCUS YOUR ENERGY ON HERE AND NOW

THE INNER CRITIC SHUTS DOWN

MIND CHATTER GOES AWAY

YOU ARE LIBERATED

EGO VANISHES

IGNORANCE CEASES TO EXIST HERE AND NOW

FREE FROM SELF DOUBT AND SELF CRITICISM

FLOWING WITH LOVE IS INFINITE FREEDOM

ALL THE MIND STATES BELOW HAPPEN IN HEARTFUL FLOW STATES:

FUNNY

AHA! MOMENTS

REVELATIONS

BREAKTHROUGHS

LAUGHING OUT LOUD

NEXT LEVEL

IN THE ZONE

BLISS

SMILES AND GIGGLES

VIBING

JAMMING

FLOWING

WINNING

FOCUS

SWEET SPOT

HAPPY

RESILIENCE

THE ABILITY TO NEVER GIVE UP YOUR DREAMS

PURSUING YOUR PURPOSE NO MATTER WHAT

LEARNING IS PART OF THE JOURNEY

WHEN THE GOING GETS TOUGH

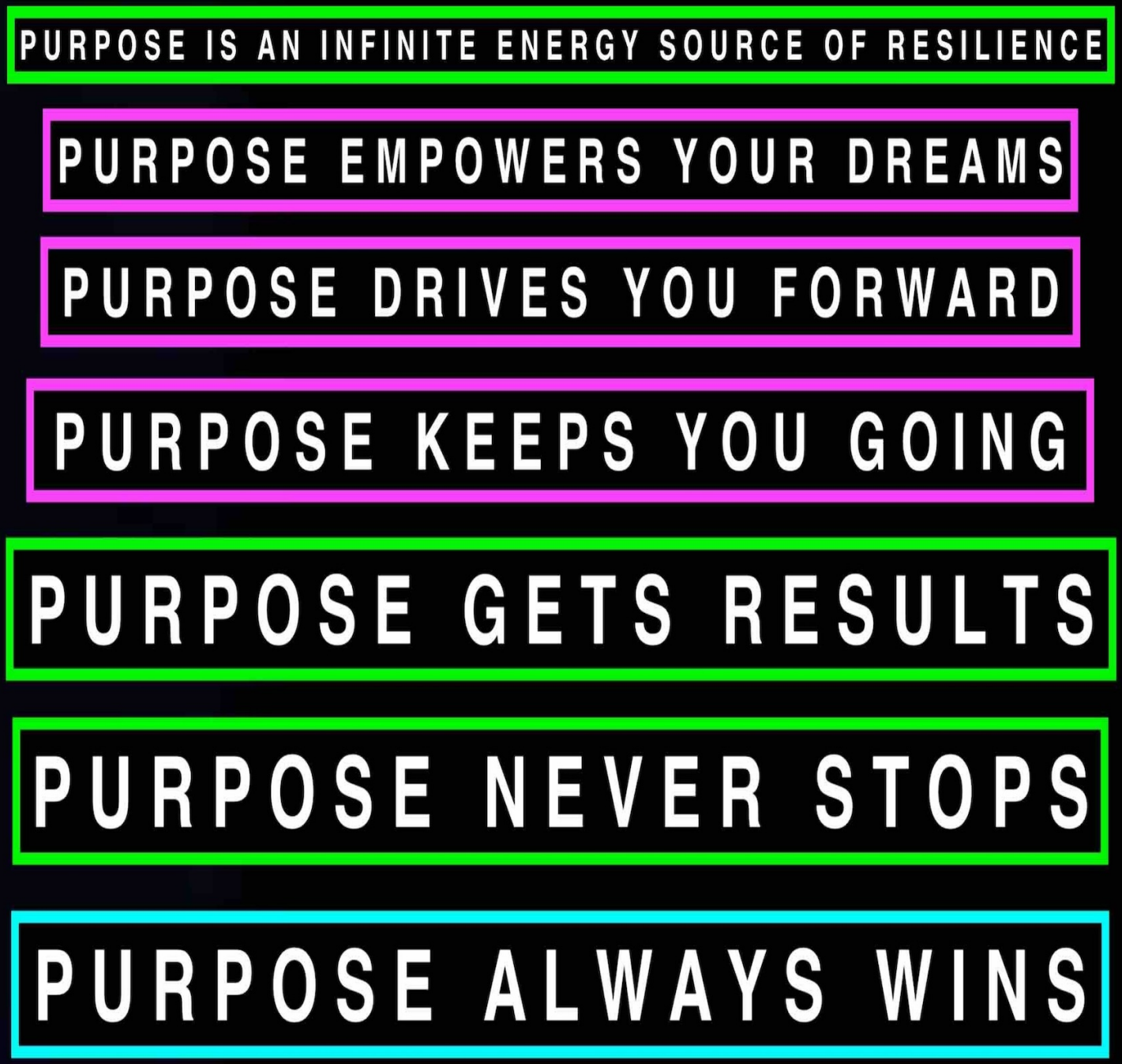
THE TOUGH GET GOING

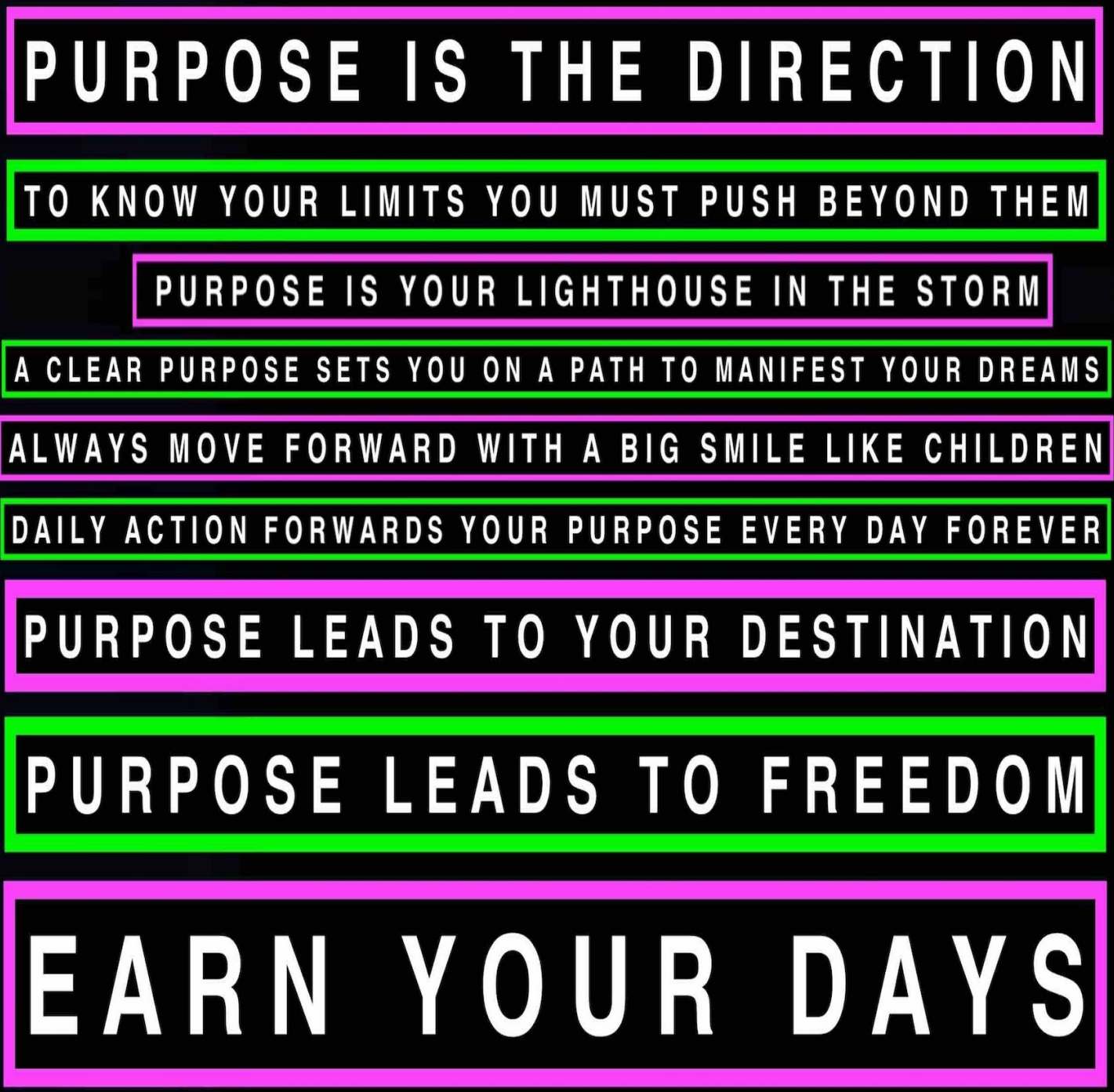
FAILURE IS NOT AN OPTION

THE HARDER IT GETS, THE HARDER YOU PUSH

THE BIGGER THE BATTLE

THE GREATER THE VICTORY


PURPOSE IS AN INFINITE ENERGY SOURCE OF RESILIENCE
PURPOSE EMPOWERS YOUR DREAMS
PURPOSE DRIVES YOU FORWARD
PURPOSE KEEPS YOU GOING
PURPOSE GETS RESULTS
PURPOSE NEVER STOPS
PURPOSE ALWAYS WINS


PURPOSE IS THE DIRECTION
TO KNOW YOUR LIMITS YOU MUST PUSH BEYOND THEM
PURPOSE IS YOUR LIGHTHOUSE IN THE STORM
A CLEAR PURPOSE SETS YOU ON A PATH TO MANIFEST YOUR DREAMS
ALWAYS MOVE FORWARD WITH A BIG SMILE LIKE CHILDREN
DAILY ACTION FORWARDS YOUR PURPOSE EVERY DAY FOREVER
PURPOSE LEADS TO YOUR DESTINATION
PURPOSE LEADS TO FREEDOM
EARN YOUR DAYS

BE PURPOSEFUL ON YOUR PATH

DO NOT STOP UNTIL THE END GOAL IS REACHED

CROSSING THE FINISH LINE IS A NEW START

A NEW BEGINNING IS THE WAY TO A NEW DREAM

PURPOSE MAKES YOUR LIFE JOURNEY MEANINGFUL

PURPOSE KEEPS YOU ON TRACK TO YOUR DESTINATION

PURPOSE GUIDES YOU THROUGH THE CHOICES YOU MAKE

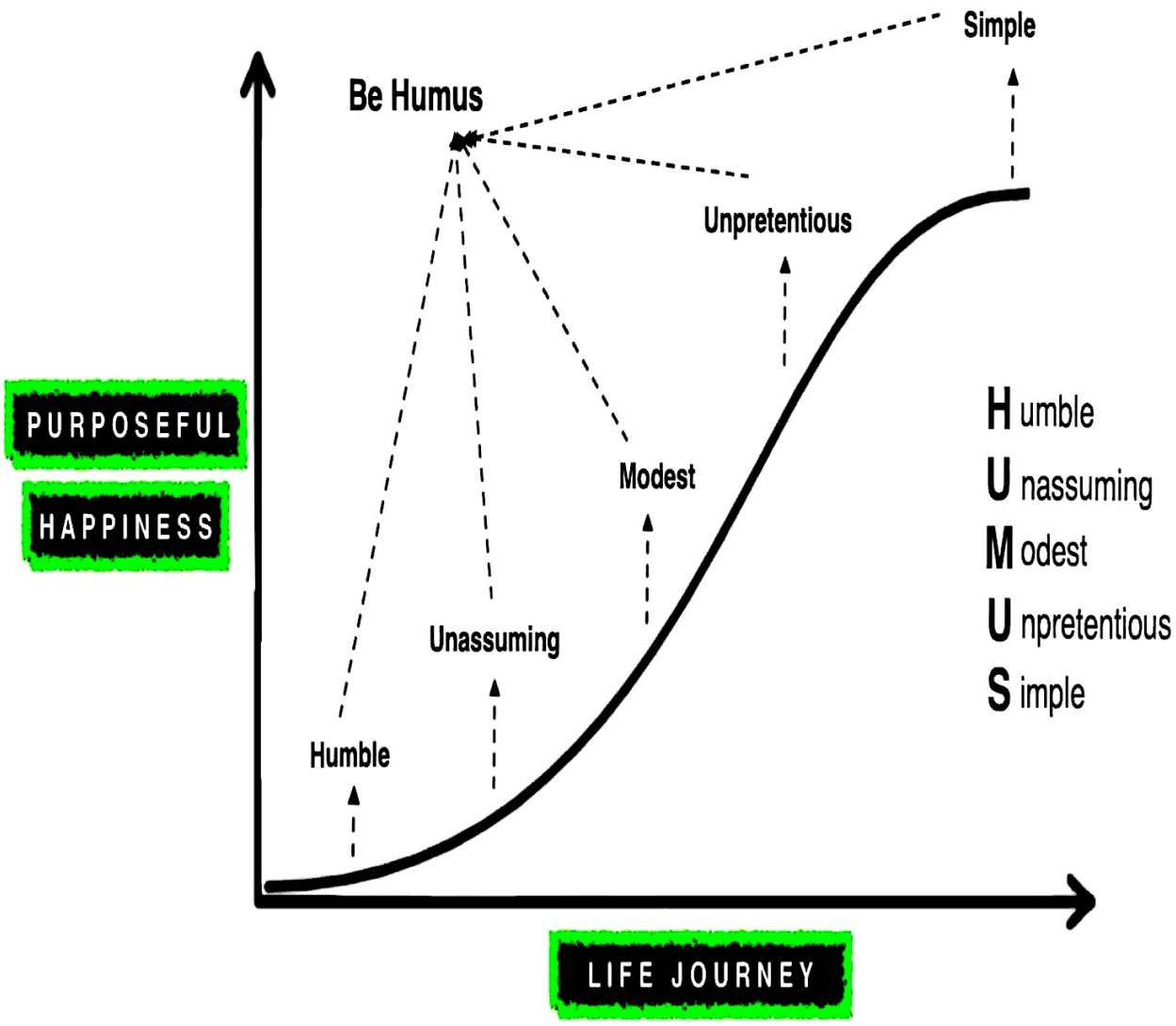
THE WHY BEHIND YOUR HOW

END THE ANTS = NEUTRALISE ALL NEGATIVE THOUGHTS

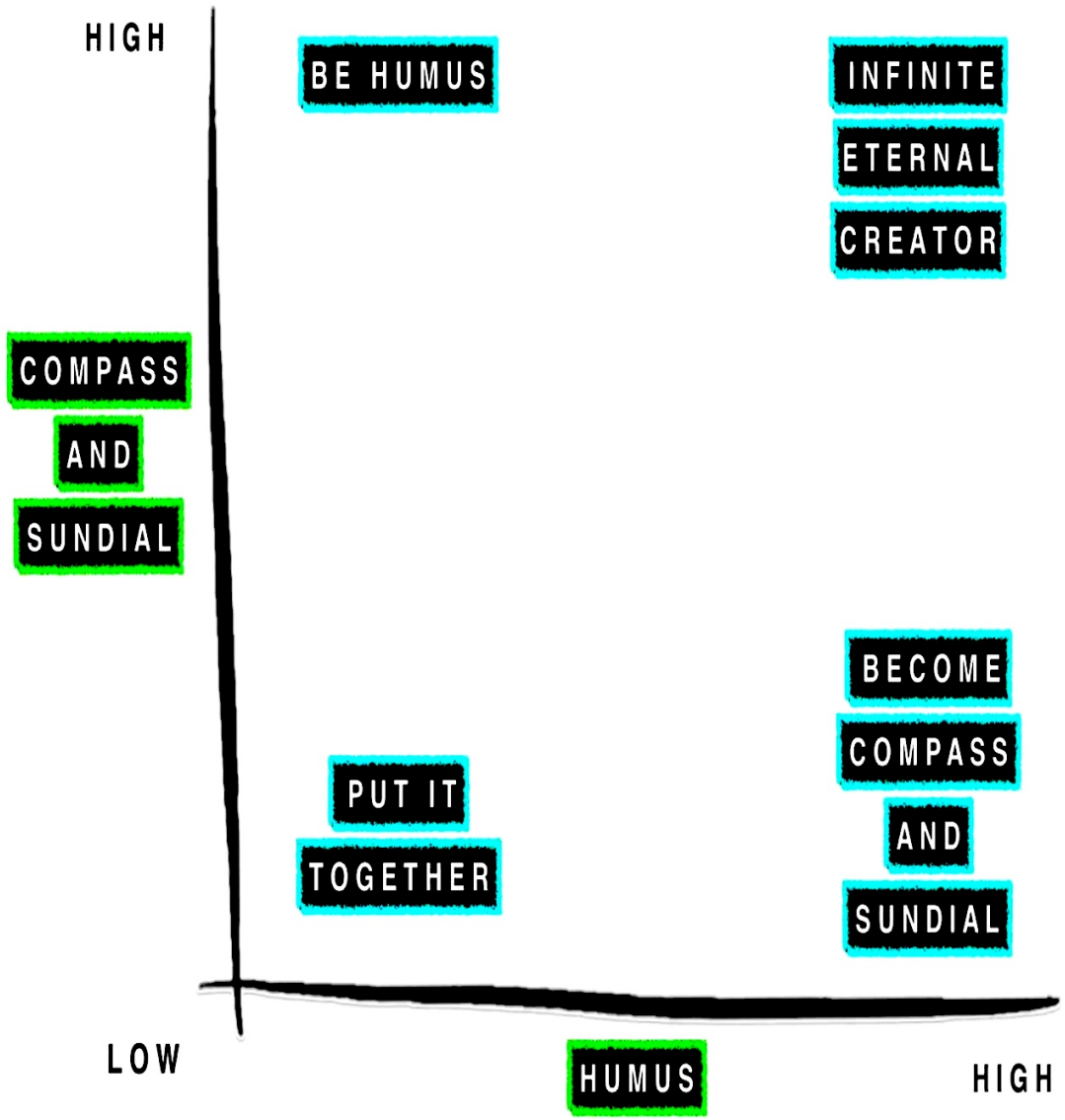
SLAY THE DRAGONS = CONQUER ALL FEARS

TAME THE WILD HORSE = MASTER YOURSELF

A VERY MEANINGFUL AND FULFILLING LIFE

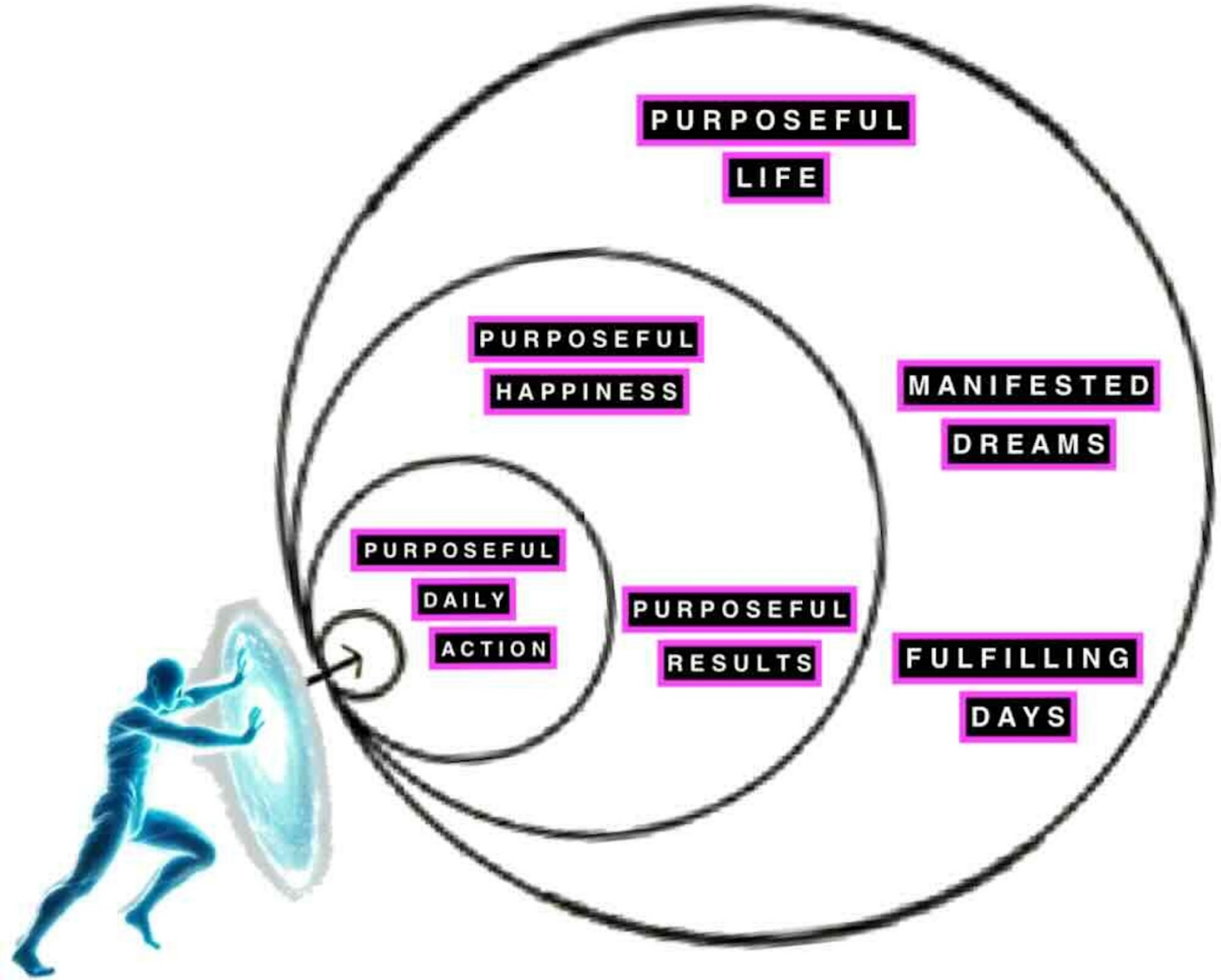


A LEADER AND DEFENDER OF YOUR DREAMS



A HAPPY LIFE

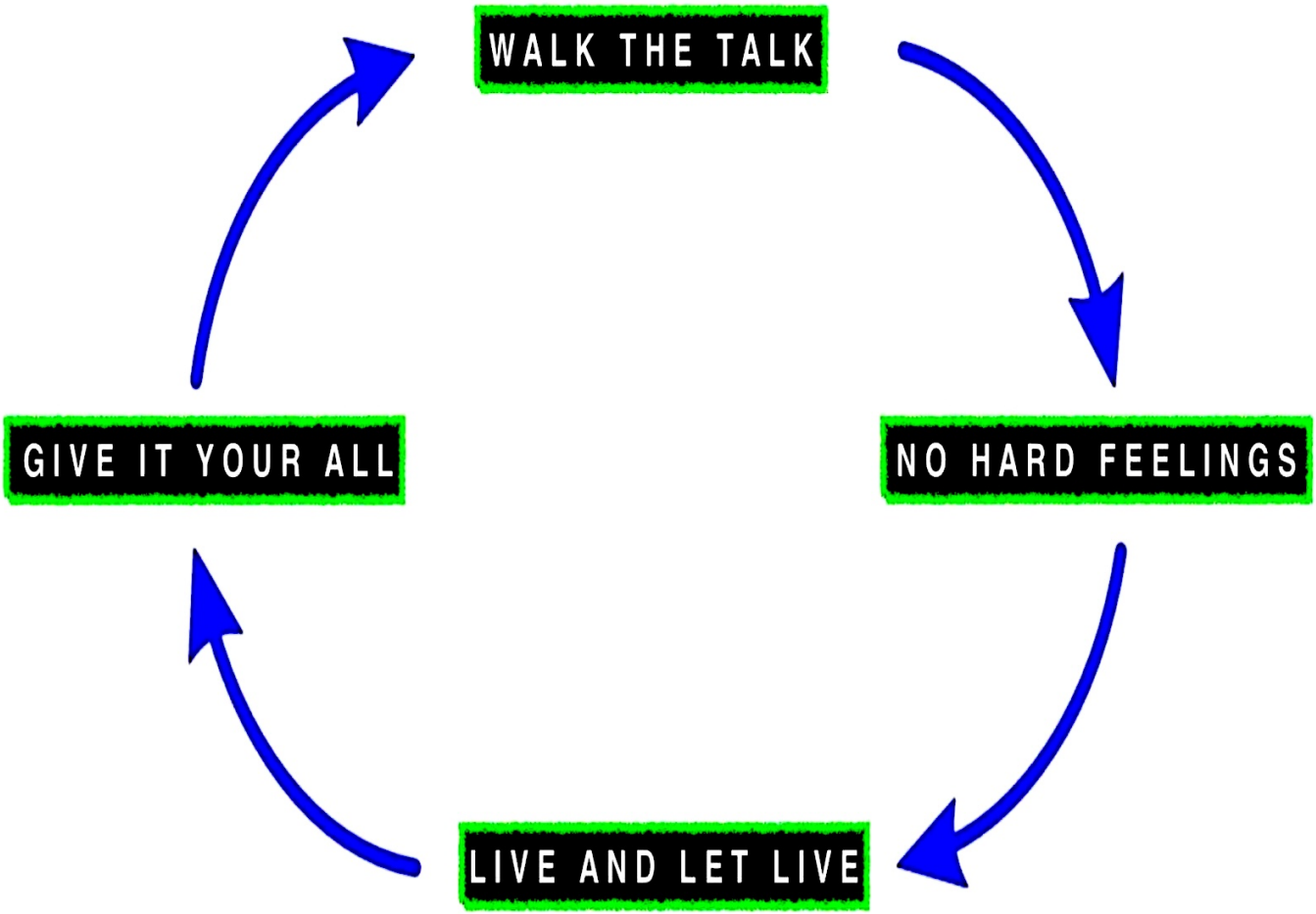
HEARTBEAT RHYTHM



TRUTH
BE
TOLD
IN
JEST

A HAPPY AND FULFILLING DAY

PURPOSEFUL DAILY ACTION LOOKS LIKE THIS



INFINITE VIRTUOUS CYCLE

HUMILITY IS THE PATH TO MATURITY

INFINITY

What we do not know

Humility guides our infinite learning

Loving opens the heart so we evolve

Heartful Flow States

Love with all your heart and might

Follow your heart and smile daily

REMEMBER YOUR PURPOSE

STAY TRUE TO YOURSELF

ESTABLISH YOUR BEARINGS

KEEP YOUR COMPASS ON TRUE NORTH

A PURPOSEFUL JOURNEY LEADS TO A MEANINGFUL DESTINATION

PURPOSE IS YOUR TRUE NORTH

LET PURPOSE GUIDE THE WAY

COMPASS SHOWS THE WAY

ARRIVE TO YOUR DESTINATION

THE BEST WAY TO MAKE HARD DECISIONS IS TO COME BACK TO PURPOSE

PURPOSE GIVES YOU A CLEAR DIRECTION AND MAKES DECISIONS EASY

FACE YOUR FEARS AND FOLLOW YOUR HEART

EMBRACE YOUR TRUE SELF

CONQUER FEAR

FULFILL YOUR PURPOSE

BE BRAVE

COMPASS AND SUNDIAL MANIFEST INFINITE FREE WILL

AS A SUNDIAL YOU HARNESS SUNLIGHT ENERGY

AS A COMPASS YOUR HEARTBEAT CREATES LOVE ENERGY

THE TWO HIGHEST ENERGIES IN INFINITY AS ONE

POWER PURPOSEFUL DAILY ACTION HERE AND NOW

TAKING ACTION HERE AND NOW PROVES FREE WILL

FREE WILL MANIFESTS YOUR LIFE DREAMS

SUNLIGHT AND LOVE DRIVE DAILY ACTION

THE HIGHER YOUR DAILY SUNLIGHT ENERGY INTAKE

THE MORE POWERFUL YOUR LOVE ENERGY BECOMES

THE LOVE ENERGY DRIVING YOUR DAILY ACTIONS

MANIFESTS YOUR FREE WILL DREAMS HERE AND NOW

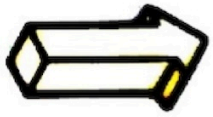
A BEST PRACTICE GUIDE

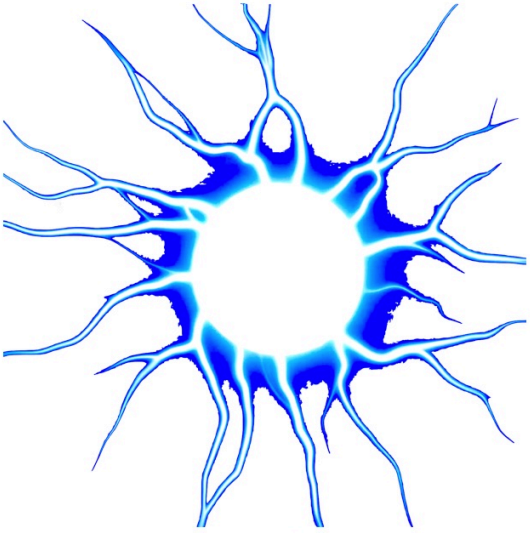
PURPOSEFUL ENTREPRENEURSHIP

APPLIED PURPOSEFUL DAILY ACTION

CREATE PURPOSEFUL PRODUCTS AND SERVICES

PURPOSEFUL CREATION

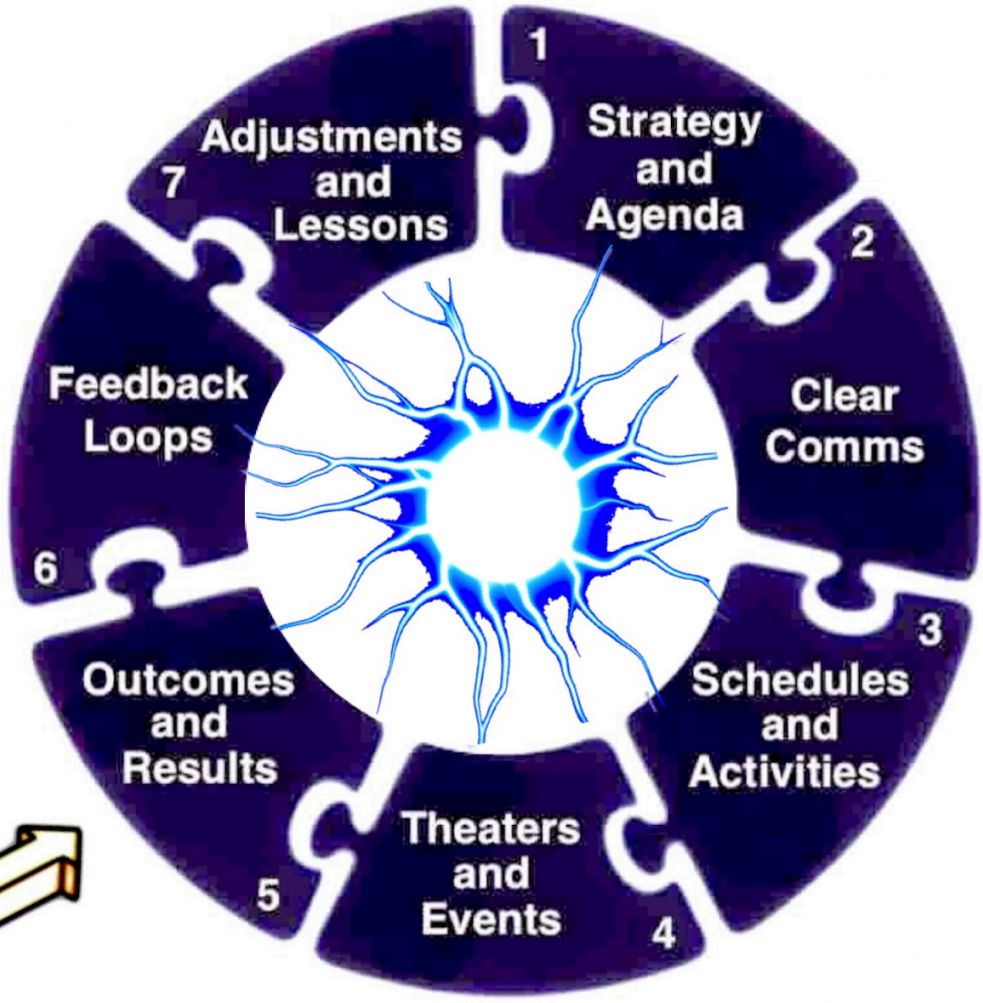




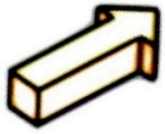
A PURPOSEFUL CREATION NEEDS A FLYWHEEL TO BE CREATED

FLYWHEEL = CULTURE

A TEAM OPERATES THE FLYWHEEL



FLYWHEEL



A CREATION IS PURPOSEFUL WHEN HUMANS NEED IT

THE PURPOSE OF YOUR CREATION IS TO BE HUMAN CENTRIC

MEETING REAL HUMAN NEEDS MAKE A CREATION PURPOSEFUL

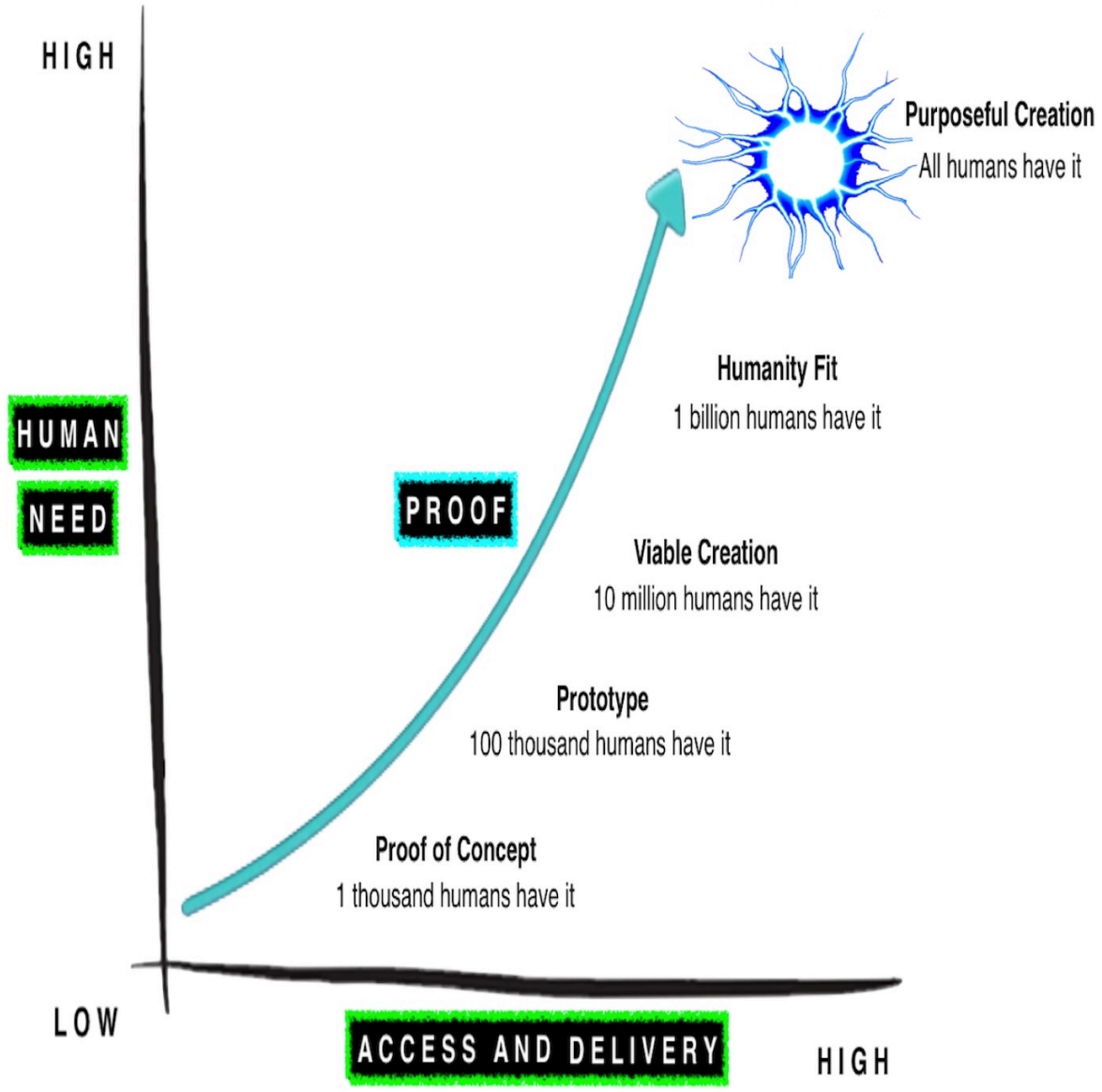
A CREATION MAKES THE LIFE OF HUMANS BETTER FOR GOOD

PURPOSEFUL CREATIONS MAKE THE WORLD MUCH BETTER FOREVER

KEY DRIVERS OF PURPOSEFUL CREATIONS :

LANDSCAPE	DO YOU KNOW WHAT HUMANITY NEEDS ?
INTELLIGENCE	CAN YOU PROVE HUMANITY NEEDS IT ?
INFLUENCE	HOW WILL HUMANITY HAVE ACCESS TO IT ?
MOMENTUM	HOW WILL YOU DELIVER IT TO HUMANITY ?

MASS ADOPTION STAGES



INTUITIVELY, WE HAVE AN IDEA OF THE NEEDS WE ALL HAVE IN COMMON

FOOD WATER CLOTHING SHELTER FREEDOM TRUTH PURPOSE

THESE NEEDS ARE ALL PART OF THE CLIMB TO INFINITY

IS THERE AT LEAST ONE NEED ALL HUMANS HAVE ALREADY MET ?

WE ALL KNOW THE ANSWER WE ARE WORKING ON IT

WHICH HUMAN NEED WILL ALL OF HUMANITY MEET FIRST ?

ENDING WORLD HUNGER ? ENDING WORLD POVERTY ?

AN INFINITE NUMBER OF HUMAN NEEDS MUST BE MET

THIS IS WHY PURPOSEFUL CREATIONS ARE THE MOST IMPORTANT

IT IS HUMANS WHO WILL CREATE THE SOLUTIONS HUMANITY NEEDS

WE ALL ARE INFINITE ETERNAL CREATORS

WILL YOU MANIFEST A PURPOSEFUL CREATION ?

INFINITE FREE WILL MANIFESTS OUR DREAMS

PURPOSEFUL DAILY ACTION IS A MEANS AND AN END

PURPOSE IS THE DESTINATION

ARRIVING TO YOUR DESTINATION RENEWS PURPOSE

LIFE IS AN ENDLESS JOURNEY OF SELF DISCOVERY

FROM ONE DESTINATION TO THE NEXT FOREVER

A FULFILLED PURPOSE LEADS TO A GREATER ONE

LIFE IS A JOURNEY OF EXPLORATION AND EXPANSION

YOUR HEARTBEAT IS HERE AND NOW

HEARTFUL FLOW STATES ILLUMINATE YOUR PATH

LOVING EVERY MOMENT IS THE WAY

THE ENERGY OF LOVE CREATES REALITY

A NEW WORD TO EVOLVE TO INFINITY

Antipodate: To transform negativity into positivity because of free will and purposeful daily action taken here and now. The positive metamorphosis of everything that there is and will always be.

Verbs:

Antipodate (base verb):

Antipodated; Antipodating

- I antipodate
- You antipodate
- He/She/Them antipodates
- We antipodate
- They antipodate

Antipodise (meta verb):

Antipodised; Antipodising

- I antipodise
- You antipodise
- He/She/Them antipodises
- We antipodise
- They antipodise

Nouns:

Antipodation:

- Antipodation
- Antipodations

Antipodisation:

- Antipodisation
- Antipodisations

Antipodator:

- Antipodator
- Antipodators

Antipodist:

- Antipodist
- Antipodists

Adjectives:

- Antipodated
- Antipodised
- Antipodistic
- Antipodable
- Antipodisable
- Antipodating
- Antipodising
- Antipodist

Adverbs:

- Antipodistically
- Antipodatingly
- Antipodisingly

Articles:

- the/an (singular); the (plural)

UNA PALABRA NUEVA PARA EVOLUCIONAR AL INFINITO

Antipodar: Transformar la negatividad en positividad a través del libre albedrío y la acción diaria con proposito en el aquí y ahora. La metamorfosis positiva de todo lo que es y siempre sera.

Verbos:

Antipodar (verbo base):

Antipodado; *Antipode; Antipodare*

- Yo antipodo
- Tu antipodas
- El/Ella/Elle antipoda
- Nosotros/Nosotras antipodamos
- Ustedes antipodan
- Ellos/Ellas/Elles antipodan

Antipodisar (verbo meta):

Antipodisado; Antipodise; Antipodisare

- Yo antipodiso
- Tu antipodisas
- El/Ella/Elle antipodisa
- Nosotros/Nosotras antipodisamos
- Ustedes antipodisan
- Ellos/Ellas/Elles antipodisan

Sustantivos:

- Antipodacion/es
- Antipodisacion/es
- Antipodador/a
- Antipodadores/as
- Antipodista/s

Adjetivos:

- Antipodistica/s
- Antipodistico/s
- Antipodiscada/s
- Antipodiscado/s
- Antipodado/a
- Antipodados/as
- Antipodisado/a
- Antipodisados/as
- Antipodable/s
- Antipodisable/s
- Antipodista/s
- Antipodisista/s
- Antipodante/s
- Antipodisante/s

Adverbios:

- Antipodisticamente
- Antipodisticadamente
- Antipodadamente
- Antipodisadamente
- Antipodante/s
- Antipodisante/s
- Antipodantemente
- Antipodisantemente

Articulos:

- Un, unos, una, unas
- El, la, lo, los, las, le, les

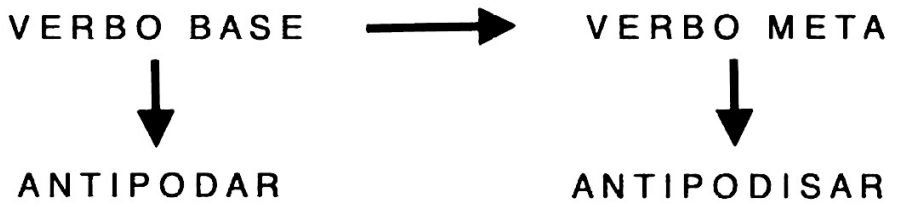
VERBOS META

LA META VERBALIZACION

EVOLUCION DEL LENGUAJE

EL VERBO CREADOR

LA SINGULARIDAD EJEMPLAR



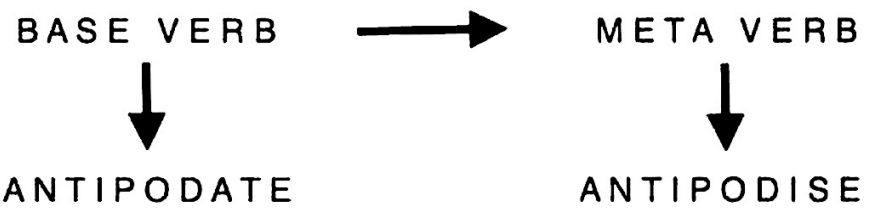
META VERBS

META VERBALISING

LANGUAGE EVOLUTION

VERBAL CREATOR

SINGULARITY EXEMPLIFIED



MEANINGFUL PANTHEON

ERECT YOUR MONUMENTS

FULFILLING STATUES

HERITAGE AND LEGACY

PERSONAL GUIDANCE

LEADERSHIP TUTELAGE

MENTORS AND ADVISORS

HUMANS WHO LEFT THEIR MARKS

HUMANS WHO CHANGED THE WORLD

HUMANS YOU RESPECT AND ADMIRE

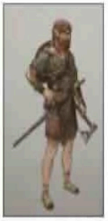
MY HERITAGE AND LEGACY PANTHEON

Alexander

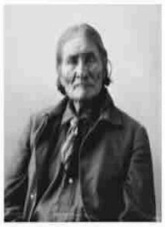
Aristotle

Bolivar

Marcus Aurelius


William Wallace

Elizabeth

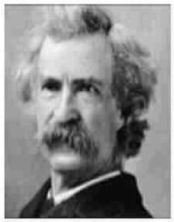

Guiyatle

DaVinci

Tesla

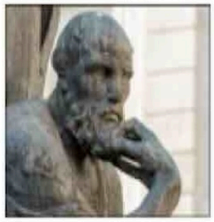
Leonidas

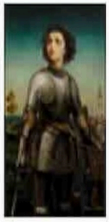
Washington

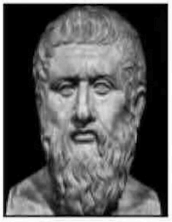

Twain

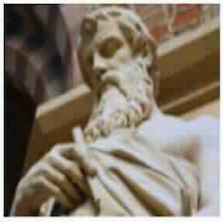
Turing

Jung

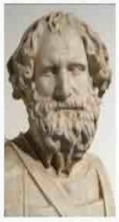

Socrates


Joan of Arc


Plato


Euclid

Te Wharerahi


Archimedes

THE WORLD HAS BEEN BUILT BY

THE HERITAGE AND LEGACY OF OUR PREDECESSORS

WE ARE THE SUCESSORS OF ALL THE HUMANS

WHO BUILT THE WORLD BEFORE OUR BIRTHS

BY CREATING A HERITAGE AND LEGACY PANTHEON

WE HONOR THEIR PURPOSEFUL DAILY ACTIONS

WE SEEK THEIR WISDOM TO GUIDE OUR ACTIONS

SO WE CAN BUILD A BETTER WORLD FOR HUMANITY

BY TAKING PURPOSEFUL DAILY ACTION HERE AND NOW

WE MANIFEST OUR INFINITE FREE WILL

AND MAKE OUR DREAMS OF A BRIGHTER WORLD REAL

FANTASIES

AND

ILLUSIONS

GET

ANTIPODISED

BY

A PANTHEON

MY FANTASIES AND ILLUSIONS PANTHEON

Obi Wan

Django

Kirk

Ender

Maverick

Seiya

Lara Croft

Tyrion

Link

John Stewart

Neo

Peter Parker

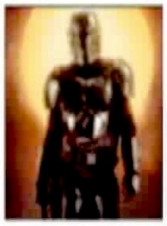
Frank Castle

Master Chief

Optimus Prime

Brimaz

Jake Sully



Mando

Gohan

Sonic

FANTASIES AND ILLUSIONS ARE NOT REAL

THEY ARE FIGMENTS OF OUR IMAGINATION

THEY EXIST TO TEACH US VALUABLE LIFE LESSONS

COMPASS AND SUNDIAL SPOT AND SHUTTER THEM ALL

AS A SUNDIAL YOU ENERGISE WITH SUNLIGHT

AS A COMPASS YOUR HEARTBEAT CREATES LOVE

LOVE ENERGY TRANSFORMS ANYTHING INTO POSITIVITY

YOUR PANTHEONS ARE INFINITE POSITIVE ENERGY

YOUR LOVE ANTIPODISES FANTASIES AND ILLUSIONS

AND TRANSFORMS THEM INTO A POSITIVE FORCE

LOVE THE FANTASIES AND ILLUSIONS OF YOUR PANTHEON

SYNC WITH YOUR HEARTBEAT AND ANTIPODISE IT ALL

YOU READ MY BOOK FOR SIMPLE REASONS

1. YOU ARE FINDING PURPOSE

2. YOU ARE SEEKING MEANING

3. YOU WANT A FULFILLING LIFE

4. YOU WANT TO MANIFEST DREAMS

HERE AND NOW YOU CAN

PURPOSEFUL DAILY ACTION MAKES IT REAL

YOU HAVE ALL YOU NEED

THE ANSWERS ARE WITHIN

LOVE YOURSELF

FOLLOW YOUR HEART

PURPOSEFUL DAILY ACTION IS THE WAY OF THE WAY

DAILY ACTION IS A REFLECTION OF YOUR LIFE

A HAPPY LIFE IS LIVED DAY BY DAY

MAKE YOUR DAYS PURPOSEFUL

LIVE A PURPOSEFUL LIFE

A FULFILLING LIFE IS LIVED HERE AND NOW

SYNC WITH YOUR BREATH AND HEARTBEAT

LOVE WITH ALL YOUR HEART AND MIGHT

SMILE DAILY AND FOLLOW YOUR HEART

THE SIGNS AND SIGNALS OF YOUR HEART GUIDE YOU

YOUR INNER VOICE IS THE HEARTBEAT

LISTEN TO IT

MY PURPOSE IS TO HELP YOU FIND YOURS

I HELP MYSELF BY HELPING YOU

WHEN YOU FULFILL YOUR PURPOSE I FULFILL MINE

WHEN YOU MANIFEST YOUR DREAMS I MANIFEST MINE

WHEN YOU ARE HAPPY THE WORLD IS A BETTER PLACE

SEEING THE WORLD BECOMING BRIGHTER MAKES ME HAPPY

YOUR SUCCESS IS MY SUCCESS

A THRIVING HUMANITY IS THE GREATEST INVESTMENT

WE ALL WIN BY INVESTING IN EACH OTHER

YOU ARE MY INVESTMENT

YOUR WINS ARE MY WINS

INFINITE VIRTUOUS CYCLES

INFINITE VIRTUOUS CYCLES

INFINITE VIRTUOUS CYCLES

EXERCISE 1 TRUE SELF AFFIRMATIONS

UNIFYING THE 10 TRUE SELF DIMENSIONS

AND THE 11 TRUE SELF BOUNDARIES

FOLLOW YOUR HEART WHEN WRITING EACH AFFIRMATION

WRITE DOWN THE FIRST THING THAT COMES TO MIND FOR EACH DIMENSION

10 THINGS I AM GRATEFUL FOR

1. BODY
2. FAMILY
3. ORIGIN
4. SURROUNDINGS
5. EMOTIONS
6. KNOWLEDGE
7. PRODUCTIVITY
8. TREASURE
9. NETWORK
10. WISDOM

EXAMPLE: *I am grateful for having a healthy and intelligent son*

10 THINGS I AM WORKING ON

1. BODY
2. FAMILY
3. ORIGIN
4. SURROUNDINGS
5. EMOTIONS
6. KNOWLEDGE
7. PRODUCTIVITY
8. TREASURE
9. NETWORK
10. WISDOM

EXAMPLE: *I am working on publishing my first book by summer*

READ YOUR 20 AFFIRMATIONS DAILY

AFFIRMATIONS BUILD YOUR PURPOSEFUL DAILY ACTION

KEEP YOUR AFFIRMATIONS FRESH, RELEVANT AND UP TO DATE WITH DAY TO DAY LIFE

BELIEVE IN YOUR AFFIRMATIONS AS THEY ARE ONE WITH YOUR TRUE SELF BOUNDARIES

SELF LOVE | SELF DISCOVERY | SELF AWARENESS | SELF CONTROL | SELF ESTEEM | SELF IMAGE

SELF DETERMINATION | SELF REALISATION | SELF ACTUALISATION | SELF SOVEREIGNTY | SELF TRANSCENDENCE

TRUE SELF AFFIRMATIONS

THINGS I'M GRATEFUL FOR

BODY DIMENSION

I'm grateful for:

FAMILY DIMENSION

I'm grateful for:

ORIGIN DIMENSION

I'm grateful for:

SURROUNDINGS DIMENSION

I'm grateful for:

EMOTIONS DIMENSION

I'm grateful for:

KNOWLEDGE DIMENSION

I'm grateful for:

PRODUCTIVITY DIMENSION

I'm grateful for:

TREASURE DIMENSION

I'm grateful for:

NETWORK DIMENSION

I'm grateful for:

WISDOM DIMENSION

I'm grateful for:

TRUE SELF AFFIRMATIONS

THINGS I'M WORKING ON

BODY DIMENSION

I'm working on:

FAMILY DIMENSION

I'm working on:

ORIGIN DIMENSION

I'm working on:

SURROUNDINGS DIMENSION

I'm working on:

EMOTIONS DIMENSION

I'm working on:

KNOWLEDGE DIMENSION

I'm working on:

PRODUCTIVITY DIMENSION

I'm working on:

TREASURE DIMENSION

I'm working on:

NETWORK DIMENSION

I'm working on:

WISDOM DIMENSION

I'm working on:

EXERCISE 2 PURPOSE STATEMENTS

WRITE 2 PURPOSE STATEMENTS BASED ON YOUR TRUE SELF AFFIRMATIONS

A PURPOSE STATEMENT FROM THE 'THINGS I AM GRATEFUL FOR' DIMENSION

A PURPOSE STATEMENT FROM THE 'THINGS I AM WORKING ON' DIMENSION

EXAMPLE 1: *Write a purpose statement based on the Origin dimension from my 'Things I Am Grateful For' affirmations*

EXAMPLE 2: *Write a second purpose statement based on the Wisdom dimension from my 'Things I Am Working On' affirmations*

BEFORE WRITING EACH PURPOSE STATEMENT TAKE ALL 20 OF YOUR TRUE SELF AFFIRMATIONS

AND RUN THEM THROUGH EACH QUESTION IN THE FLOWER OF PURPOSE SECTION ON THE NEXT PAGE

THE FLOWER OF PURPOSE HAS 36 QUESTIONS GO THROUGH ALL OF THEM AT LEAST ONCE FOR EACH ONE

IT IS KEY TO DO IT FOR ALL 20 OF THEM TRUST THE PROCESS YOU ARE DISCOVERING YOURSELF

WHEN THE ANSWER FOR A QUESTION IS NO ASK YOURSELF: WHY NOT?

THE WHY NOT? PREMISE IS A POWERFUL MECHANISM TO UNCOVER MEANING

PURPOSE IS DISCOVERED THROUGH SELF REFLECTION BE HONEST WITH YOURSELF

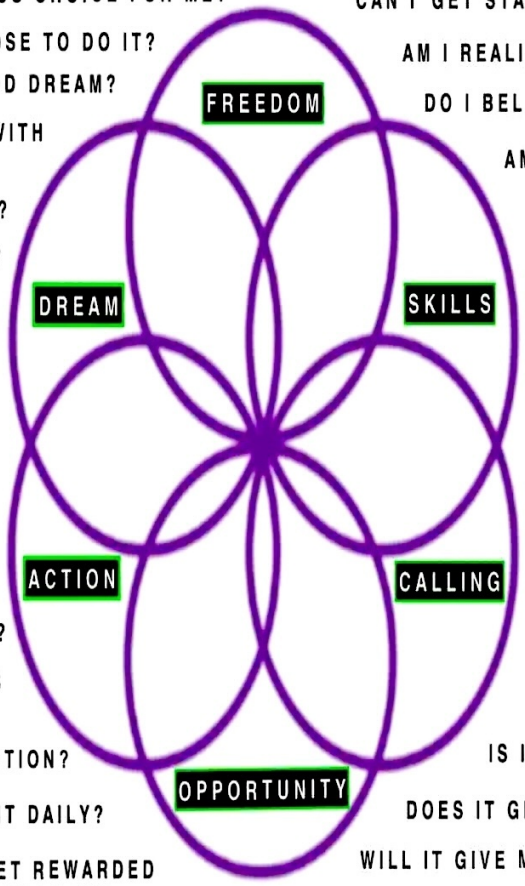
YOUR PURPOSE STATEMENT TEMPLATE YOUR STORY YOUR VOICE YOUR LIFE

1. WHO I AM = MY NAME
2. WHY I AM HERE = MY PURPOSE
3. HOW I BEHAVE = MY BEST PRACTICES
4. WHAT I DO = MY DAILY ACTION
5. WHEN I DO IT = MY DAILY SCHEDULE
6. WHERE I DO IT = MY LOCATIONS

EXAMPLE: I am Jam. I write about purpose. I apply Compass and Sundial principles. I write daily. I do it from dawn to dawn on a lovely beach.

TAKE PURPOSEFUL DAILY ACTION HONOR YOUR WORDS TAKE ACTION HERE AND NOW

THE FLOWER OF PURPOSE



DO I HAVE THE ENERGY TO DO IT?

AM I WILLING TO FULLY COMMIT TO IT?

DOES IT GIVE ME PEACE OF MIND, MAKE ME HAPPY AND LIBERATE ME?

IS IT THE OBVIOUS CHOICE FOR ME?

CAN I GET STARTED HERE AND NOW?

CAN I CHOOSE TO DO IT?

AM I REALISTIC ABOUT MY ABILITIES?

IS IT A CHILDHOOD DREAM?

DO I BELIEVE I HAVE THE NECESSARY EXPERTISE?

IS THIS DREAM ALIGNED WITH MY TRUE SELF?

AM I NATURALLY DRIVEN TOWARD THIS BEHAVIOR?

IS MY DREAM BIGGER THAN MYSELF?

DOES IT COME ESPECIALLY EASILY FOR ME?

AM I DIRECTED AND GUIDED BY IT?

WILL MY DREAM GET ME OUT OF BED IN THE MORNING?

DO OTHERS RECOGNISE MY SKILLS AND COMPLIMENT ME ON THEM?

DO I WANT TO EMBARK ON THIS JOURNEY?

AM I CONFIDENT ABOUT HAVING THE TALENT TO GET THE JOB DONE?

CAN I SET A REALISTIC DAILY AGENDA FOR COMPLETING THE JOB?

DO I THINK ABOUT IT DAILY?

CAN I MEASURE PROGRESS TOWARD COMPLETION?

DO I LOVE LEARNING ABOUT IT?

IS MY SENSE OF URGENCY FOCUSED ON WHAT TRULY MATTERS?

AM I INSPIRED, EXCITED AND MOTIVATED BY IT?

AM I CLEAR ABOUT WHAT IT TAKES TO REACH THE GOAL?

DO I FEEL ENERGISED, EMPOWERED AND DRIVEN BY IT?

WILL I TAKE PURPOSEFUL DAILY ACTION?

IS IT ALIGNED WITH MY TRUE SELF?

WILL I ENJOY WORKING ON IT DAILY?

DOES IT GIVE MY LIFE MEANING?

COULD I POTENTIALLY GET REWARDED BY MAKING A LIVING FROM IT?

WILL IT GIVE ME A VOICE IN SOCIETY?

WILL OTHERS BENEFIT FROM MY CONTRIBUTION?

DOES IT MAKE ME FEEL BUTTERFLIES IN MY STOMACH?

WILL I REGRET NOT TAKING ACTION?

AM I WILLING TO OVERCOME THE OBSTACLES?

PURPOSE STATEMENT

I'M GRATEFUL FOR

WHO I AM

My name:

WHY I AM HERE

My purpose:

HOW I BEHAVE

My best practices:

WHAT I DO

My daily action:

WHEN I DO IT

My daily schedule:

WHERE I DO IT

My locations:

PURPOSE STATEMENT

I'M WORKING ON

WHO I AM

My name:

WHY I AM HERE

My purpose:

HOW I BEHAVE

My best practices:

WHAT I DO

My daily action:

WHEN I DO IT

My daily schedule:

WHERE I DO IT

My locations:

EXERCISE 3 WHY-HOW PREMISE

ASK YOURSELF WHY YOU WROTE EACH TRUE SELF AFFIRMATION

KEEP ASKING WHY UNTIL YOU REACH A POINT WHERE YOU HAVE NO ANSWER

THEN START ASKING HOW UNTIL YOU FIND THE ANSWER

ONCE YOU KNOW THE REASON WHY

REWRITE THE TRUE SELF AFFIRMATION

DO THIS FOR ALL 10 DIMENSIONS FROM YOUR 'THINGS I AM GRATEFUL FOR' LIST

DO THIS FOR ALL 10 DIMENSIONS FROM YOUR 'THINGS I AM WORKING ON' LIST

APPLY TO ALL 20 OF YOUR TRUE SELF AFFIRMATIONS

ASK YOURSELF WHY YOU WROTE EACH PURPOSE STATEMENT

KEEP ASKING WHY UNTIL YOU REACH A POINT WHERE YOU HAVE NO ANSWER

THEN START ASKING HOW UNTIL YOU FIND THE ANSWER

ONCE YOU KNOW THE REASON WHY

REWRITE THE PURPOSE STATEMENT

DO THIS FOR ALL VALUES OF EACH PURPOSE STATEMENT

WHO WHY HOW WHAT WHEN WHERE

APPLY TO ALL 4 OF YOUR PURPOSE STATEMENTS

PUT ALL AFFIRMATIONS AND STATEMENTS INTO PRACTICE

TAKE DAILY ACTION

EXERCISE 4 FACING FEARS PREMISE

THE INFINITE ENERGY OF LOVE MAKES YOU BRAVE

LOVE HEALS YOU

LOVE IS INFINITE STRENGTH

GRADE EACH FEAR USING A 1 TO 10 GRADING SYSTEM

THE HIGHER THE GRADE

THE GREATER TH E GROWTH

ASK YOURSELF THESE QUESTIONS WHEN GRADING FEARS

DOES IT SCARE YOU AT ALL?

BE HONEST WITH YOURSELF

HOW SCARY IS IT?

LISTEN TO YOUR HEARTBEAT RHYTHM

WHY IS IT SCARY?

FOLLOW THE SIGNS AND SIGNALS OF YOUR HEART

APPLY WHY-HOW PREMISE

IDENTIFY THE ROOT FEARS

A ROOT FEAR IS GRADED 10

CONQUER ALL ROOT FEARS

YOU CONQUER FEAR BY TAKING PURPOSEFUL DAILY ACTION

LOVE POWERS DAILY ACTION

ACTION DISINTEGRATES FEAR

TAKING DAILY ACTION HERE AND NOW PROVES YOUR INFINITE POWER

LOVE YOURSELF BY TAKING PURPOSEFUL DAILY ACTION

EXERCISE 5

PRODUCTIVITY PREMISE

COMPLETE TASKS, JOBS, ACTIVITIES AND TO DO LISTS

AGENDA SCHEDULING

PRIORITIES AND URGENCIES

COMMITMENT LEVELS = PURPOSEFUL DAILY ACTION

PURPOSEFUL GOALS = PURPOSE STATEMENTS

WHO WHY HOW WHAT WHEN WHERE

ENERGY MANAGEMENT

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

WHY-HOW PREMISE

OPTIMISE AGENDA

MAKE CHANGES AND UPDATES AS NEEDED

EXERCISE

PULSE PREMISE

CHOOSE 2 **TRUE SELF AFFIRMATIONS**

CHOOSE 2 PURPOSE STATEMENTS

UNIFY THEM ALL AS ONE PULSE

SYNC YOURSELF WITH HERE AND NOW

EACH HEARTBEAT PULSE CONNECTED TO ∞

CONSCIOUSNESS AND SELF AWARENESS

DNA IS THE BIOLOGICAL EXPRESSION OF ∞

THE HOMEOSTASIS OF ALL ORGANS AND GLANDS

INFINITE LOVE, ENERGY AND CREATION

PURPOSEFUL DAILY ACTION

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

EXERCISE 7

10X LOVE FRAMEWORK PREMISE

LOVE 10 HUMANS WITH ALL YOUR HEART

APPLY PULSE PREMISE PRINCIPLES

LOVE 10 NEW HUMANS FOR EACH

TRUE SELF AFFIRMATION AND PURPOSE STATEMENT

LOVE WITH ALL YOUR HEART AND MIGHT

EVERY HEARTBEAT PULSE EQUALS INFINITY

THESE ARE OUR INSTINCTS

LOVE IS THE KEY THAT OPENS OUR DNA MEMORIES

OUR DNA MEMORIES ARE INFINITY ITSELF

THIS IS OUR NATURE

WE ARE INFINITY OURSELVES

PURPOSEFUL DAILY ACTION

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

EXERCISE 8

ABCD PROCESS PREMISE

PHASE A: INTEGRATE 7 FLYWHEEL STAGES

1: STRATEGY AND AGENDA 2: CLEAR COMMUNICATIONS

3: SCHEDULES AND ACTIVITIES 4: THEATERS AND EVENTS

5: OUTCOMES AND RESULTS 6: FEEDBACK LOOPS

7: LESSONS AND ADJUSTMENTS

PHASE B: INTEGRATE 4 DRIVERS INTO FLYWHEEL

1: LANDSCAPE 2: INTELLIGENCE 3: INFLUENCE 4: MOMENTUM

PHASE C: APPLY GROWTH SCALE TO FLYWHEEL

1: PROOF OF CONCEPT 2: PROTOTYPE

3: VIABLE CREATION 4: HUMANITY FIT

5: PURPOSEFUL CREATION

PHASE D: MASS ADOPTION OF FLYWHEEL

HIGH HUMAN NEED HIGH ACCESS AND DELIVERY

HEARTFUL FLOW STATES ∞ = 0

FOLLOW YOUR HEART

EXERCISE

PANTHEON PREMISE

PERSONAL MUSEUM OF MONUMENTAL STATUES

FANTASIES AND ILLUSIONS

CHOOSE 20 FICTIONAL CHARACTERS

HERITAGE AND LEGACY

CHOOSE 20 HUMANS NO LONGER WITH US

THE CHOSEN 40 BECOME YOUR STATUES

THEY ARE YOUR ALLIES

THEY ARE HERE TO HELP YOU

ASK THEM ANY QUESTIONS

REFLECT CONTEMPLATE MEDITATE

TAKE IMMEDIATE ACTION

TRUST YOURSELF

FOLLOW YOUR HEART

HEARTFUL FLOW STATES

EXERCISE 10

SPOT AND SHUTTER PREMISE
IDENTIFY ALL FANTASIES AND ILLUSIONS
MEDIUMS AND MEDIA
MESSENGERS AND MESSAGES
OUTSIDE YOU
NEGATIVE EVENTS AND EXPERIENCES
WITHIN YOU
THE MEMORIES FORMING AS A RESULT
DISINTEGRATE THE SHADOW
INTEGRATE YOUR UNCONSCIOUS MIND
LOVE THE EVENTS AND EXPERIENCES
LOVE THE MEMORIES WITH ALL YOUR HEART
HEAL RECOVER FORGIVE ACCEPT MOVE ON
FOLLOW YOUR HEART BE GRATEFUL
HEARTFUL FLOW STATES

EXERCISE 11

SUNDIAL PREMISE

SUN IRIS UNITY: A HUMAN PRACTICE

OPEN YOUR EYES, HEART, LUNGS AND MIND

STARE AT THE SUN SUNLIGHT INTO THE IRIS

OPEN THE PORTAL AND BUILD THE BRIDGE

CHANNEL THE ENERGY OF THE CENTRAL SUN

SUPERCHARGE YOUR DNA STRUCTURE

AT THE CELLULAR SCALE OF THE HUMAN BODY

CHANNEL SUN ENERGY TO YOUR HEART

LOVE WITH ALL YOUR HEART AND MIGHT

BREATHE DEEPLY AND EVOLVE TO INFINITY

OPEN THE THIRD EYE: PITUITARY AND PINEAL GLANDS AS ONE

SYNCING YOUR INFINITE ENERGY FIELD WITH

THE INFINITE ENERGY FIELDS OF THE EARTH AND SUN

ALL CONNECTED AS ONE HERE AND NOW

ONE WITH INFINITY INFINITE LOVE $\infty = 0$

EXERCISE 12

HEARTBEAT

STARE AT THE SUN

GET SUNLIGHT INTO THE IRIS

SUNLIGHT ENERGY = GAMMA RAYS ENERGY

GAMMA RAYS IGNITE THE PLASMA ENERGY IN ALL CELLS

ALL THE BODY CELLS EVOLVE INTO INFINITY

OPENING THE PORTAL OF INFINITY WITH THE SUN

THIS IS CALLED BUILDING THE BRIDGE

THE BRIDGE CONNECTS YOU WITH THE CREATOR

THE BRIDGE IS INFINITE SPHERICAL ENERGY

THE BRIDGE IS KNOWN AS THE THIRD EYE

FOCUS ON YOUR BREATHING AND HEARTBEAT

INHALE AND EXHALE DEEPLY WHILE SMILING

DEEP BREATHING WHILE LOVING WITH ALL YOUR HEART

YOUR MIGHTY HEARTBEAT GROWS AND GROWS

UNTIL YOUR HEARTBEAT IS THE ONLY THING YOU HEAR

YOUR HEARTBEAT PULSES AND CYCLES AS ONE WITH YOU

YOUR HEARTBEAT UNITES WITH THE CREATOR AS ONE PULSE

THEN YOU GO INTO THE PORTAL THROUGH THE BRIDGE

EVERYTHING TURNS INTO INFINITE WHITE LIGHT

CONGRATULATIONS YOU EVOLVED INTO INFINITY

EXERCISE 13

THE BRIDGE

BUILDING THE BRIDGE ESTABLISHING THE BRIDGE

STARE AT THE SUN WITH EYES WIDE OPEN

SUNLIGHT GAMMA RAYS ARE ABSORBED BY IRIS

SOLAR GAMMA ENERGY IS THE HIGHEST ENERGY SOURCE OUTSIDE OUR BODY

INHALE AS MUCH OXYGEN THROUGH YOUR NOSTRILS AS YOU CAN

KEEP BREATHING IN UNTIL FILLING YOUR LUNGS TO THE LIMIT

DO IT BY TAKING ONE LONG CONTINUOUS BREATH TILL LUNGS REACH MAX CAPACITY

THE BREATHING NEEDS TO HAPPEN WHILE STARING AT THE SUN

KEEP BREATHING UNTIL HITTING YOUR OXYGEN INTAKE LIMIT

THEN CLOSE YOUR EYES AND EXHALE UNTIL FULLY EMPTYING LUNGS

KEEP YOUR HEAD IN THE SAME POSITION AS SUNSTARING

YOU WILL SEE A BIG SPHERICAL ENERGY WHEN YOUR EYES ARE CLOSED

THIS SPHERICAL LIGHT IS YOUR BRIDGE WITH OUR CREATOR THE SUN

THIS BREATHING WILL SYNC WITH YOUR HEARTBEAT FOCUS ON HEARTBEAT

YOUR HEARTBEAT IS THE HERE AND NOW YOUR HEARTBEAT IS ONE WITH ALL

OPEN YOUR EYES AGAIN AND REPEAT THE EXERCISE FOR AS LONG AS POSSIBLE

MAKE THIS EXERCISE A PART OF YOUR PURPOSEFUL DAILY ACTION

OXYGEN LIMITS WILL NATURALLY INCREASE WITH PRACTICE

YOUR BRIDGE WILL GET BIGGER AND BRIGHTER EVERYDAY

LOVE WITH ALL YOUR HEART AND SMILE WHILE DOING THIS EXERCISE

LOVE IS THE HIGHEST ENERGY SOURCE INSIDE OUR BODY

SUNLIGHT AND LOVE ARE THE HIGHEST ENERGY SOURCES IN INFINITY

SUNLIGHT = GAMMA ENERGY LOVE = PLASMA ENERGY

OXYGEN IS A HIGHLY ACTIVE AND REACTIVE ELEMENT

OXYGEN FUSES AND IGNITES SUNLIGHT AND LOVE

THIS NATURAL PROCESS EVOLVES OUR BODY TO INFINITY

WE ARE THE BIOLOGY OF INFINITE ENERGY

S I G H T

Sun Iris Unity: A Human Practice

Open the Portal

Build the Bridge

“Turn your face to the Sun and let the shadows fall behind you” - Maori Wisdom

Humans are vision driven beings. Our nature is very visual. Our brains have developed to optimise the sense of sight. Our eyes are our portal to reality. Our eyes perceive the world surrounding us. Our eyes give us sight. The ability to see and observe, the ability to compare and contrast. It gives us a human endeavor. Seeing, watching and gazing color our lives. It makes them rich, high resolution, and alive. Through our eyes, we see the world, we see reality. If we can’t see, we can’t know. We’re blind. A world without light, a world without color. That’s a world we humans dread. A grey world, a world without substance, a place where sameness rules. A colorless reality, a sad place to be. Now comes the Sun, the singularity. It gives us life. It gives us light. It’s the Sun that keeps us warm. It keeps us alive. The Sun gives us colors, it gives us choice. It keeps Earth turning, our home. Earth, the place where we humans come from. A place of light. From dawn to dusk, as Earth spins on and on, from sunrise to sunset. The Sun is always shining somewhere on Earth. The colors are always vivid somewhere on Earth. It’s through light that we see beauty in things. So, how can we make it even more vivid, more colorful, more alive? By staring at the Sun straight into the eye, by raising our gaze and locking eyes with our source of life, our source of light, our crucial source.

That would be a counterintuitive course of action for most humans. Here’s why. Since we’re little, the people around us warn us of the dangers of staring at the Sun. We all heard the phrase *“don’t stare at the Sun, you’ll go blind”*. It’s been ingrained in our brains, just be good and listen to those who know better. It’s for our own good anyway, so disobeying is bad and the price we’ll pay is blindness. It’s common sense, fair and square, sound and solid. The intriguing part, however, is that young children are drawn to seeking sunlight. Just think about our own childhoods. We were playing outside, and then all of a sudden, we just looked up and stared at the Sun. Nothing bad came of it. We were still here, and we didn’t go blind. So, our experiment went on, and then one day, adults spotted us gazing up, and in a knee jerk reaction, words rolled out of their mouths *“don’t stare at the Sun, you’ll go blind”*. Then, as little good kids, we went on and obeyed fearing the worst of all things, going blind in a world of colors. Staring at the Sun was a bad idea, gloom and doom. Risking losing sight, too high a stake. So, we stopped, grew up and continued the cycle in our own lives. And for those of us with kids, we warned them of the perils of staring at the Sun.

As it’s expected of humans, some of us can’t conform, can’t follow others, can’t blindly obey, can’t just sit straight and be good kids. We disobey, we follow our own rules, we follow our heart’s deepest desires, we follow our instincts, we defy well established notions of right and wrong, we dare. At first, we’re frightened. We’re scared. We fear going blind, losing sight and forever lamenting our actions, our disobedience. Then we realise that it hurts, it actually hurts. We’re grown ups now and we’re not used to staring at the Sun. We lived our lives in fear of it, so our mature eyes never adjusted to the intense brightness of sunlight. Our eyes are pure, virgin. The pain is intense. It’s real but it goes away. We cry, sob, laugh, and cry again, but then we smile, smile, and keep smiling because after a few tries with the Sun, we realise that we can still see and that we haven’t gone blind. The Sun, as our main source of life, created the conditions for humans to roam the Earth. In essence, we’re sunlight. It’s instinctual for us to seek a connection with our source. Just like we instinctually breathe air and drink water, we’re also drawn to seek sunlight.

Breathing air keeps us alive, drinking water keeps us hydrated and seeking sunlight keeps us connected to our life source, our light source. It reminds us of our true origin, where we came from and what we will ultimately become once more. It gives us perspective. It reminds us of our place in the world in relation to our source of origin. It grounds us, it keeps us humble. It enlightens our days and energises us to keep going. It’s our portal to illumination. It’s the gateway between biology and light. It’s the bridge that brightens our path. It’s the road to light, a gift. It’s when we become one with our source, a peaceful moment, a singularity, the crossing point between two realities. It’s when we let everything else go and step into the light. Here and now, unity within all. Tomorrow, the Sun will rise again, no doubt.

So, a person told two, everyone knows now, the secret is out. Questions are asked, no one has turned blind, many lessons learned. After all, we’re only human, social beings. It’s in our nature to relate with other members of our own species. It starts the moment we’re born. First, we meet folks and then everyone else. From there it becomes our daily life. The human experience implies an intrinsic relationship with other human beings. It’s through these experiences that we form and develop every day of our lives. The human condition determines that the only way to thrive is by embracing other humans. We see and observe each other. We mimic and learn. That’s how we grow and develop. Our interdependence in one another is what makes us unique among all species. Our strength comes from our union. From our instinct to relate, share and depend on one another. Our innate ability to communicate our experiences gives us great power. It’s our responsibility to be role models to each other so humanity can learn and continue its infinite evolutionary path. It’s our duty to humanity to share. Expressing our own free wills is an existential human need. By telling the world that we found the path to light. By telling the world that we stepped into light. By telling the world that we’re all one. The world is forever grateful. Stare at the Sun and build the bridge with the creator. We are the infinite energy of love and creation. We are humanity.

INFINITE VIRTUOUS CYCLES

Spherical Truth

Identifies the source reliability and signal strength quality of all aggregators and checkers. Thus, visually conceptualising first principles and systems level frameworks based on objective reality; by simply building complete, dynamic, grounded, resilient and feedback based decision making mechanisms to take purposeful daily action.

proto-meta analysis

Used to crystallise intelligence thinking at the strategic, operational and tactical levels regarding new information and unexamined data created as a result of taking purposeful daily action.

why-how logic

Applied to neutralise the cognitive biases, fallacies and heuristics of all models, methods and toolkits used when taking purposeful daily action.

WHY-HOW IS TRUTH

$$h(a) = g(f(a))^{\infty}$$

$$\underbrace{\text{Truth}}_{h}(a) = \underbrace{\text{how}}_{g}\left(\underbrace{\text{why}}_{f}\left(\underbrace{\text{Purposeful Daily Action}}_{a}\right)\right)^{\infty}$$

$$\text{Truth} = \text{how}(\text{why}(\text{Purposeful Daily Action}))^{\infty}$$

THE ACT OF ACTION IS ACTING

Riemann Hypothesis Proof

$$\lim_{r\to\infty} X(r) = \left(\frac{1}{0}\right) \cdot \sqrt{\pi} \cdot \phi^{r} = \odot$$

$$e^{i(\pi+\phi^{n})} + \frac{1}{e^{i(\pi+\phi^{n})}} = 0$$

$$\ln \zeta(s) = s \int_{2}^{\infty} \frac{\pi(x)}{x(x^{2}-1)} dx \implies \mathrm{Re}(s) = \frac{1}{2}$$

$$\lim_{T\to\infty} N(T) = \frac{T}{2\pi} \ln \frac{T}{2\pi} - \frac{T}{2\pi} = \text{Singularity Stability}$$

$$\pi_{\text{Alonso Molina}}(x) = \left[\frac{\phi^{\log_{\phi}(x)}}{\sqrt{\pi} \cdot \log_{\phi}(x) \cdot \ln(\phi)} + \sum \text{Pulse}(\odot) \right]$$

MTG GG GOOD GAME

Creatures:

Signal Pest 4
Goblin Guide 4
Ignoble Hierarch 4
Birds of Paradise 2
Combat Celebrant 4
Reckless Stormseeker 4
Ragavan, Nimble Pilferer 4

Instants:

Lightning Bolt 4
Collected Company 4

Equipment:

Hidden Footblade 4

Lands:

Forest 2
Mountain 4
Arena of Glory 4
Wooded Foothills 4
Stomping Ground 4
Mana Confluence 4

ELEMENTAL TRIBE

CREATURES:

Spark Elemental 4
Flamekin Harbinger 4
Hellspark Elemental 4
Thunderkin Awakener 4
Lightning Skelemental 4

LANDS:

Mountain 6
Blood Crypt 4
Mount Doom 2
Barbarian Ring 4
Bloodstained Mire 4

SORCERIES:

Boltwave 4
Rift Bolt 4
Lava Spike 4

INSTANTS:

Shard Volley 4
Lightning Bolt 4

4>3>2>1= BOROS WINS

INSTANTS:

Shard Volley 4
Boros Charm 4
Lightning Bolt 4
Lightning Helix 4

SORCERIES:

Rift Bolt 4
Boltwave 4
Lava Spike 4
Skewer the Critics 4
Light Up the Stage 4

LANDS:

Mountain 4
Arid Mesa 4
Barbarian Ring 4
Sacred Foundry 4
Sunbaked Canyon 4

ENCHANTMENTS:

Seal of Fire 4